DEAR ORANGEVALE VIEW READERS,

The Novel Coronavirus (COVID-19) has touched the lives and businesses of our families, friends and colleagues across the nation. Everyone has been impacted by recent school, business closures, restrictions to daily activities, cancellations of sporting events, and large gatherings.

As the situation evolves daily, safety is our utmost concern for our community. The Orangevale View, the Orangevale Chamber, and other community leaders are working hard to provide resources and up-to-date information as it is received.

We know it's our duty to serve as a trusted resource for our community. Our goal is to ensure our community is prepared, informed and in-tune with ongoing developments. Of equal importance, along with the Orangevale Chamber of Commerce, we will be at the front lines to spur local economic growth and stability as the current crisis ends and we shift our attention towards recovery.

With so much information currently available and publicly about Coronavirus, it's our responsibility to make certain our community remains adequately, properly and responsibly informed on Coronavirus. With that in mind, we are keeping our community informed on Coronavirus through social channels, emails, videos, and information received directly from local government representatives.

Additionally, the 57th Annual Orangevale Town Fair which is scheduled to take place on May 29-31, 2020 has no plans at this time to cancel or postponement. OVTF may be the first large-scale gathering for our community as recovery begins, making this a key opportunity for our community to band together and rally behind the positive impact we can make on our villiage - #OrangevaleStrong.

Remember, the smallest act of kindness can change someone's day. We are in this together.

Kindly, Lisa Montes -Editor Brad Tatum -Founder/Publisher

ORANGEVALE STRONG - WE ARE COMMUNITY!

In an unprecedented turn of events, our community is embracing tremendous change due to the COVID-19 outbreak. Over the past week, things have changed daily to the point

where only essential businesses are allowed to remain open and social distancing is the name of the game.

With that in mind, the bright side is that this is a great community to be in! Orangevale people are resilient, kind, caring and know how to roll with the punches. So as we continue to practice social responsibility, we ask that everyone continue to support, care and uplift our neighbors and local businesses trying to stay afloat. Listed below is a partial list of Orangevale businesses with information as to how they are operating at the time of this printing:

Action Day Learning Center: Open and accepting new families during this time of need. Give us a call at one of our three locations: (916) 988-9633 Elm Avenue, (916) 988-9689, Kenneth Avenue, and (916) 985-0976, Folsom.

Almond Heights Senior Living: Open! We are allowing move-ins for people that need assisted living and memory care. If anyone has questions related to senior living, give Breanna a call at (916) 542-7988.

American River Urgent Care - Due to COV-ID-19, we are currently offering drive up service and telemedicine service for patients. The new hours of business are: Monday - Friday 9 am - 5 pm, Saturday - Sunday, 9 am - 3 pm. Call 916-354-5089. NOTE: Corona testing is not available.

Annie's Breakfast & Steaks: Dining room closed. Call for togo orders! (916) 988-1682. 8800 Greenback Lane. Open daily!

BadFish Coffee & Tea: Closed temporarily. Will reopen soon hopefully by April 8th. Stayed tuned. Check their Facebook page for updates!

Chick-fil-A Granite Bay: The dining room is closed, but the drive thru is open! Also, doing curbside/mobile orders too! Download the Chick-fil-A app for fast service! We are happy to serve you! Be safe everyone!

Clean & Sober Recovery Services: We are continuing services as requested by the California Department of health care services. Clean & Sober Recovery Services Inc. continues to monitor updates from the Centers for Disease Control (CDC) Department of Health Care Services (DHCS) and treatment industry leaders about the Corona



virus (COVID-19) and we are taking appropriate measures to reduce the impact on our clients and staff.

Dairy Queen: Open for take-out orders, Door-Dash orders or call (916) 988-4015 to place an order and pay with a credit card. Uber Eats and Grub Hub will soon be available. For now, hours are Sunday-Thursday 10:30-10:00, Friday and Saturday, 10:30-11:00 (subject to change).

Debbie Hehe ACN: ACN Independent Business Owner. Telecommunication & Internet Services. Still working! Call for information (916) 256-3025.

Dezy Market: Open for business Monday - Saturday 11 am - 7 pm. Fresh baked delicious Sangak bread made daily. No worries about crowds as only Dezy is working at this time. Curbside service available. Just pull up, flash your lights or call 916-633-9805 and Dezy will bring you your order!

Divine Savior Catholic Church: The office is closed, but the phones will be answered Monday - Friday, 8 am - 4 pm Live streaming mass Monday - Friday at 9 a.m. and Sunday mass 9 a.m. Go to Divine Savior on Facebook, www. divinesavior.com or YouTube (Divine Savior

*****ECRWSS****
LOCAL POSTAL CUSTOMER

Orangevale). The free meal services are currently suspended and St. Vincent de Paul is working to find ways to help those in need. Call the office at (916) 989-7400 for more information.

Fix Auto: Open for business Monday - Friday, 8 a.m.- 5:30 p.m., pick up and delivery service available call 916-988-1515. Also offering assistance with filing insurance claims and reserving rental cars.

Freedom Insurance Services: Still offering services via phone or email. To reach Jonathan call (916) 573-6645.

Grocery Outlet: Open for business! They are stocked and ready to serve you daily 8 am - 9 pm!

Independent Plumbing: Still in full swing and supporting our community by offering discounts for OV residents and chamber members. Call (844) 752-8500.

Lake Appliance Repair WE ARE OPEN! Refrigeration & Washer/Dryer Service are Considered Essential Needs. M-F 7am-8pm Sat-Sun 8am-5pm 866.264.9578. https://lakeappliancerepair.com/

La Placita: Open for take out! Call (916) 988-2940, 9272 Greenback Ln, Monday - Friday, 11 am - 8 pm, Saturday 10 am to 8 pm. Now offering beer for take out too!



L& M Liquor and Deli We are still open for to go orders! Give us a call to order ahead! You can add chips and bottled beverages to your call in order as well! 916-988-8914

8836 Greenback Lane Orangevale, C

Les Schwab - The store is currently open Monday - Friday, $8\,\mathrm{am}$ - $6\,\mathrm{pm}$ and Saturday, $8\,\mathrm{am}$ - $5\,\mathrm{pm}$. Offering pick up and drop service. (916) 990-0554 or email Scott at scott.gleave@lesschwab.com

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ORANGEVALE, CA 95662

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ABOUT THE ORANGEVALE VIEW



The "Orangevale View" – the ultimate, award-winning community newspaper – serves Orangevale and surrounding areas, including Fair Oaks, Citrus Heights, and Folsom, CA. With a present estimated readership of more than 37,000, this FREE paper grows with every issue. It is delivered twice a month to at least 15,000 residents' homes and to more than 100 high traffic locations.

The views and opinions printed within are not necessarily those of Publisher Brad Tatum or the Orangevale View staff. Rather, the views and opinions expressed are those of each individual contributor.

SUBMISSION POLICIES:

Submissions from you, our readers,

ORANGEVALE VIEW

9172 Greenback Ln. #C Orangevale, CA 95662 For Advertising Call (916) 899-0207 Editor@ovview.com

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are always welcome, for this is YOUR newspaper. We await school, church, or sports team materials, anniversaries, births, special occasions, memorials, or other items of interest. Donations are encouraged and accepted for anniversaries, births, and other special milestones and announcements. Publication is at the discretion of the Orangevale View staff.

Requirements are simple:

- (1) Acknowledge that either you are the author or you have permission to publish from the original author;
- (2) Articles should not exceed 300 words. We like Community Calendar items of 45 words or less.
- (3) Format: Microsoft Word format with photos at least 300 dpi JPEG or PDF. Please use this format so we do not have to send your work back to you for corrections
- (4) The View does not verify the accuracy of your submissions, and in some cases, dates and information are subject to change. (5) Please email submissions, to YOUR newspaper. The email address is editor@ovview.com. It is you, our contributors, readers and advertisers who make the Orangevale View a newspaper you want to read.

STAFF: Brad Tatum -Publisher/Advertising Lisa Montes -Editor

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AWARD WINNING PAPER Business of the Year 2013 Business Person of the Year 2010 Editor - California Senate Woman of the Year 2012 ADVERTISING
OPPORTUNITIES
CONTACT
BRAD TATUM,
AT 916-899-0207

DATES TO REMEMBER:

APR 2020

WED APR 1, 2020 DEADLINE
FRI APR 10, 2020 Out To Public
WED APR 15, 2020 DEADLINE
FRI APR 24, 2020 Out To

Public

MAY 2020

WED APR 29, 2020 DEADLINE FRI MAY 8, 2020 Out To Public WED MAY 13, 2020 DEADLINE FRI MAY 22, 2020 Out To Public JUN 2020

WED JUN 3, 2020 DEADLINE
FRI JUN 12, 2020 Out To Public
WED JUN 17, 2020 DEADLINE
FRI JUN 26, 2020 Out To Public
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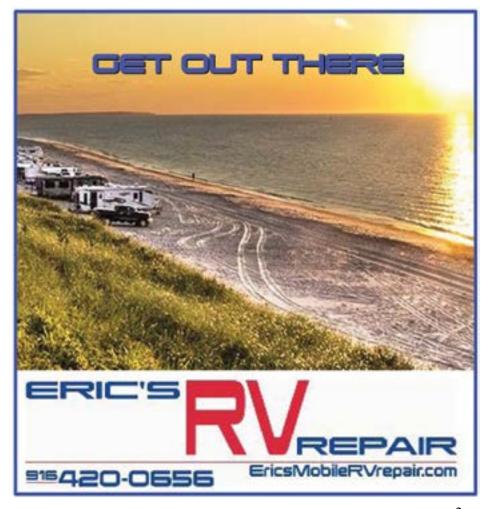
PARK PLAZA

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STAY HOME

The California State Public Health Officer and Director of the California Department of Public Health is ordering all individuals living in the State of California to stay home or at their place of residence, except as needed to maintain continuity of operation of the federal critical infrastructure sectors.

Read the Executive Order (pdf) https://covid19.ca.gov/img/Executive-Order-N-33-20.pdf

See the list of Essential Critical Infrastructure Workers (pdf). http://covid19.ca.gov/img/EssentialCriticalInfrastructureWorkers.pdf

FREQUENTLY ASKED QUESTIONS

When does the stay at home order go into effect and how long will we stay home? What areas of the state are covered?

The order went into effect on Thursday, March 19, 2020. The order is in place until further notice. It covers the whole state of California, and it exempts activity as needed to maintain continuity of operation of the federal critical infrastructure sectors, critical government services, schools, childcare, and construction, including housing construction.

What can I do? What's open?

Essential services will remain open, such as:

- · Gas stations
- Pharmacies
- Food: Grocery stores, farmers markets, food banks, convenience stores, take-out and delivery restaurants
- •Banks
- •Laundromats/laundry services
- •Essential state and local government functions will also remain open, including law enforcement and offices that provide government programs and services.

WHAT'S CLOSED?

- Dine-in restaurants
- ·Bars and nightclubs
- Entertainment venues
- Gyms and fitness studios
- ·Public events and gatherings
- Convention Centers
- · Hair and nail salons

Can the Order be changed?

Yes. The State Public Health Officer may issue orders as needed – for example if more information emerges about the public health situation – and issue new orders and directives as conditions warrant.

How does this order interact with local orders to shelter in place? Does it supersede them?

This is a statewide order. Business and taxes

What businesses and organizations are exempt?

Businesses and organizations that provide critical infrastructure for the state are exempted, including health care and public health, public safety, food and agriculture and media. See the full list of exempt sectors (pdf). http://covid19.ca.gov/img/Essential-CriticalInfrastructureWorkers.pdf

I run/work at an exempted business or organization, as defined by the Order. Do I need to get an official letter of authorization from the state to operate?

No. If your business or organization is in the list of exempt sectors, it may still operate. You do not need to obtain any specific authorization from the state to do so.

Do I need to pay my taxes?

Yes, state and federal deadlines have been extended. All state taxes are now due on July 15. https://www.ftb. ca.gov/about-ftb/newsroom/news-releases/2020-3-state-postpones-tax-deadlines-until-july-15-due-to-the-covid-19-pandemic.html

SCHOOLS AND CHILD-CARE

My school is providing free grab-and-go meals and childcare. Are those still open?

Yes. It is essential to keep children fed and educated. School employees should report to work and focus on distance learning, school meals, and childcare/supervision.

Are daycares still open? Can my babysitter still come to the house?

Yes. Daycares are still open, but only for children of parents working in essential sectors. Daycare centers that remain open should employ heightened cleaning and distancing requirements. Babysitters may also come to the house to care for minors of parents working in essential sectors.

HEALTH CARE AND HELPING SICK RELATIVES

What if I need to visit a health care provider? If you are feeling sick with

flu-like symptoms, please first call your doctor, a nurse hotline, or an urgent care center. If you need to go to the hospital, call ahead so they can prepare for your arrival. If you need to call 911, tell the 911 operator the exact symptoms you are experiencing so the ambulance provider can pre-

What about routine, elective or non-urgent medical appointments?

pare to treat you safely.

EXCEPT FOR ESSENTIAL NEEDS

Non-essential medical care like eye exams, teeth cleaning, and elective procedures must/should be cancelled or rescheduled. If possible, health care visits should be done remotely. Contact your health care provider to see what services they are providing.

May I still go out to get my prescriptions?

Yes. You may leave their homes to obtain prescriptions or get cannabis from a licensed cannabis retailer.

Can I leave home to care for my elderly parents or friends who require assistance to care for themselves? Or a friend or family member who has disabilities?

Yes. Be sure that you protect them and yourself by following social distancing guidelines such as washing hands before and after, using hand sanitizer, maintaining at least six feet of distance when possible, and coughing or sneezing into your elbow or a tissue and then washing your hands. If you have early signs of a cold, please stay away from your older loved ones.

Can I visit loved ones in the hospital, nursing home, skilled nursing facility, or other residential care facility?

Generally no. There are limited exceptions, such as if you are going to the hospital with a minor who is under 18 or someone who is developmentally disabled and needs assistance. For most other situations, the order prohibits non-necessary visitation to these kinds of facilities except at the end-of-life. This is difficult, but necessary to

protect hospital staff and other patients.

OUTDOOR RECREATION

Can I still exercise? Take my kids to the park for fresh air? Take a walk around the block? Walk my dog?

Yes. So long as you are maintaining a safe social distance of six feet from people who aren't part of your household, it is ok to go outside for exercise, a walk or fresh air. Gyms are closed.

Does this order affect hiking? State Parks?

No, you may still go outside so long as you practice social distancing of six feet. California State Parks have closed indoor facilities and campgrounds, but trails and outdoor spaces are still open. Spending time outdoors can lead to a number of overall health and wellness benefits like lessening anxiety, boosting creativity and getting your vitamin D. If you decide to make a trip, remember to keep social distance.

For information on National Parks, please visit their website here. https://www.nps.gov/aboutus/news/publichealth-update.htm

PETS

Can I walk my dog? Take my pet to the vet?

You can walk your dog. You can go to the vet or pet hospital if your pet is sick. Remember to distance yourself at least six feet from other pets and owners.

Information received and provided by State of California. https://covid19.ca.gov/stay-home-except-for-essential-needs/

CONTINUED FROM FRONT PAGE #ORANGEVALE STRONG

LPL Financial: is still open for business. Call 916-241-3046.

Mattress Warehouse: Open for business for U-Haul (essential service) and mattress sales still available. No employees, and low store traffic. Can arrange "private" appointments if needed. Call Steve at (916) 988-4870 a long-time Orangevale resident that is readily available to help the community and do whatever he can.

Moores Garage: Open for business 9 am - 4 pm! Offering pickup and delivery services! Call (916) 990-9092 for your auto repair needs! They are taking extra precautions in wiping down steering wheel covers and all other surfaces!

O'Connor's: O'Connor's is open for to go orders only! 12 pm - 7 pm Tuesday - Saturday (916) 293-5659, 9267 Greenback Lane.

Orangevale Chamber of Commerce availble by phone 916.988.0175 or email info@orangevlechamber.com. working dilgently to give businesses updated and provide members will as much support as possible.

Orangevale Copy: Open with limited hours and staff (8:30 am - 4:00 pm). We are still here for all of our essential business customers that need our services. Reminder, we're also a Fedex Authorized Ship Center if you need shipping services. We are still cleaning frequently and taking lots of precautions to keep everyone as safe as possible.

Orangevale View is open. Contract Brad at 916.899.0207 for advertising informaiotn and publication details. For article and notices contract editor@ovview.com. See page two for deadlines and poublicatins.

Paisley Cafe: Still open for business! Dining room is closed, but offering curbside pick up, delivery via Doordash and phone orders 9:30 a.m. to 1:30 p.m. Call (916) 790-8815 to place your order. Closed on Mondays!

Palm Tree Brewery - Offering curbside, pick up and delivery for your favorite brews! Free deliveries for orders placed before 4 pm. Call (916) 990-9000 and order today!

Pathway Fellowship: We will be having our church services online live on Pathway Fellowship Facebook page Sundays at 10 a.m. and we will post the worship service on our website at www.hispathway.org under Worship Service for those who can't make the livestream. God Bless!

Rollingwood Athletic Club: We are closed for business but are encouraging everyone to follow us on facebook and instagram for daily workouts, tips and motivation. @ rollingwoodathleticlub

Senior Care Solutions: Still serving clients although our office is temporarily closed to walk in traffic. All family consultants are working remotely and available. Please don't hesitate to call if you need guidance or want to plan ahead for future care needs. Our main line is 916-965-5565 and our after hours and weekend number is (916) 821-2273. (www.seniorcs.com)

State Farm - is open for business by phone and via email during regular business hours (916) 988-5493 Strobelli's Pizza (916) 989-6666 - info@strobellis.com 9372 Madison Ave #6 Orangevale, CA We are open 7 days/week, 11am to 10pm Continues to offer takeout and delivery. We are taking the coronavirus threat seriously, our dining room will be closed, and we are taking extra precautions to protect our staff and patrons. We are adhering to social distancing, while also being able to provide work for our employees.

United Barbering: As of 3/19/20 Sacramento County has closed us down due to Covid-19. We will inform you when we are back in business. Enjoy your down time everyone and stay safe.

Ware House Interiors: Open for business! Located at 9357 Greenback Lane, Suite 3. We are accepting appointments so that we are able to disinfect between clients. Call to set up an appointment (916) 599-2473 office or (916) 719-2407 for Cliff.

Stay tuned for updates as conditions change. Thank you so much for your support to our businesses and the community during this difficult time! To be included in the next issue of the Orangevale View, please send your updates to editor@ovview.com Stay well!





"FISHIN TIME"

Hello everyone

Hope this finds everyone well and happy. The first couple of weeks in March have been great as I have been getting out fishing in my kayak a lot. It's very peaceful and you get to see so many animals that are not very disturbed by your presence. From Eagles, to American Bitterns, it's really neat to be able to get so close. I got in a trip to the Ca Delta last week and I don't remember ever catching so many small male bass. At spawn time the smaller male bass get busy making a spot for the females to lay their eggs. They become very aggressive and eat just about anything coming by. Sinkos are a favorite bait of choice for me.

I did hook and land a very nice size largemouth at Folsom about 2 weeks back and she really put up a good fight. The kayak shops will be having a demo day very soon now so watch for that to get you ready to purchase. Spring is on the horizon.

Have fun and stay safe! Danny Miller









Orangevale hosts the 3rd Annual Red White and Blue Fun Run /5K/1K Run, Walk, Roll or Ride

Morning Run Walk Ride and opening ceremony will start and end at Orangevale Community Park.Pets and strollers welcome. The 3rd Annual Red White and Blue Fun Run, is a 5K/1K Run, Walk, Roll or Ride, on May 16,2020.

This event gives participants the choice of a 5K or 1K Run, Walk, Roll or Ride, featuring lots of visibility for the runners of the field ahead and behind them. The courses' sights include the beautiful Orangevale Farm Company, a route filled with scenic trees and true country feel. The course is perfect for runners looking to set a new personal record or a leisurely stroll with a pet. The route is monitored and closed off to traffic, so grab your bike or horse and ride the route for a cause.

The Fun Run is held to bring awareness that women have served, with proceeds going to Women Veterans Giving to assist women veterans start or expand their business and to fund their attendance at professional conferences. To register visit www.womensveteransgiving.

women-veterans-red-white-and-blue-5k-run-walk-ride-or-just-have-fun-tickets-90376611879

Sponsor/Vendors/Exhibitors
Listed on website
Social Media Promotion
Space in Orangevale Community Park (10x10)
Vendor to provide their own table, chairs and tent (if needed)
CONTACT:

To learn more about all event and vendor questions, contact Melissa Washington at melissa@womenveteransalliance.org.







- Looking to Buy a home?
- Thinking of Selling?
- · Questions with financing?

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SMALL BUSINESS RESOURCE





tration (SBA) Disaster Loan Programhttps:// www.sba.gov/funding-programs/disaster-assistance SBA disaster assistance is now available to all counties within the state of California and the neighboring counties below. Neighboring Arizona counties: La Paz, Mohave and Yuma; Neighboring Nevada counties: Clark, Douglas, Esmeralda, Lyon, Mineral, Nye and Washne:

Neighboring Oregon counties: Curry, Jackson, Josephine, Klamath and Lake Eligibility for Economic Injury Disaster Loans is based on the financial impact of the Coronavirus (CO-VID-19). The interest rate is 3.75 percent for small businesses. The interest rate for private non-profit organizations is 2.75 percent. SBA offers loans with long-term repayments in order to keep payments affordable, up to a maximum of 30 years and are available to entities without the financial ability to offset the adverse impact without hardship. disastercustomerservice@sba.gov (800) 659-2955

Federal U.S. Small Business Administration (SBA) Economic Injury Disaster Loanshttps://disasterloan.sba.gov/ela/Information/ EIDLLoans Available to businesses directly affected by the disaster, offer services directly related to the businesses targeted in the emergency declaration, other business indirectly related to the industry that are likely harmed by losses in their community. This will help meet capital needs caused by the declared disaster and help pay financial obligations and operating expenses had the disaster not occurred. EIDL does not replace lost revenue, profits or fund expansions. Loans limited to \$2m, less business interruption insurance and other recoveries. Requires collateral. Apply online. (800) 659-2955 disastercustomerservice@sba.gov 1-800-659-2955

Center for Disease Control and Federal Prevention (CDC) Interim Guidance for Businesses and Employers: Plan. Prepare and Respond to Coronavirus Disease 2019 https:// www.cdc.gov/coronavirus/2019-ncov/community/guidance-business-response.html This interim guidance is based on what is currently known about the coronavirus disease 2019 (COVID-19). The Centers for Disease Control and Prevention (CDC) will update this interim quidance as needed and as additional information becomes available

Cal/Osha Cal/OSHA Guidance Federal on Requirements to Protect Workers from Coronavirus https://www.dir.ca.gov/dosh/ coronavirus/Health-Care-General-Industry. html Workplace safety and health regulations in California require employers to protect workers exposed to airborne infectious diseases such as the coronavirus. Cal/OSHA has posted guidance to help employers comply with these safety requirements and to provide workers information on how to protect themselves

FEMA www.disasterassistance. gov/ Businesses can being applying for FEMA Disaster Assistance while we await a disaster about the program and how to apply can be found here: Federal The United States Small Business Administration Economic Injury Disaster Loans for Small Businesses and Nonprofits https://disasterloan.sba.gov/ela The United States Small Business Administration (SBA) offers low interest loans up to \$2 million for small businesses, nonprofits of any size, small agricultural cooperatives, and small aquaculture enterprises. The interest rate is 3.75% for small businesses. The interest rate for private non-profit organizations is 2.75%. Loan repayment terms can last as long as 30

However, as of March 17th, these loans are only available to businesses in the following counties: Alameda, Alpine, Amador, Calaveras, Contra Costa, El Dorado, Imperial, Kern, Lake, Los Angeles, Madera, Marin, Mariposa, Mendocino, Merced, Mono, Napa, Orange, Placer, Riverside, Sacramento, San Bernardino, San Diego, San Francisco, San Joaquin, San Mateo, Santa Clara, Santa Cruz, Solano, Sonoma, Stanislaus, Sutter, Tuolumne, Ventura, and Yolo. If your county is not on the list, please visit the SBA's website to confirm it has not been updated and then contact your county directly.

The deadline to apply for an Economic Injury Disaster Loan is Dec. 16, 2020. Federal IRS Federal Income Tax Payment Extension https://www.irs.gov/newsroom/paymentdeadline-extended-to-july-15-2020 The IRS is providing an extension for payment only: returns must still be filed timely by April 15, 2020. For those who can't file by the April 15, 2020 deadline, the IRS reminds individual taxpayers that everyone is eligible to request a six-month extension to file their return.

For individuals, income tax payment deadlines for individual returns, with a due date of April 15, 2020, are being automatically extended until July 15, 2020, for up to \$1 million of their 2019 tax due. This payment relief applies to all individual returns, including self-employed individuals, and all entities other than C-Corporations, such as trusts or estates. IRS will automatically provide this relief to taxpavers. Taxpayers do not need to file any additional forms or call the IRS to qualify for this relief. For C Corporations, income tax payment deadlines are being automatically extended until July 15, 2020, for up to \$10 million of their 2019 tax due. 866-255-0654 800-829-4933

To be announced H.R. 6201 (Families First Coronavirus Response Act) To be announced Benefits for Employees Normal FMLA is unpaid, but under the FFCRA, employees who are on sick leave because they are sick can receive their full pay, up to \$511 per day, or \$5,110 total. Leave taken to care for children whose schools or day care facilities have closed is paid at two-thirds the employee's regular rate of pay, with a maximum of \$200 per day or \$10,000 total. Employers cannot force you to use up your vacation or other sick time before receiving this benefit. There

is a 10-day waiting period before this benefit applies. Employees can use existing sick or vacation time to cover these days.

Benefits for Employers. Employers receive tax credits for 100 percent of what they pay out to employees, with the above-noted limits. For employers with 50 or fewer employees, the Secretary of Labor can exempt the business from these requirements. Employers with fewer than 25 employees do not have to restore employees to their previous positions.

Nonprofit Pacific Community Ventures Small Business Resources for COVIDhttps://www.pacificcommunityventures. org/2020/03/16/small-business-resourcesfor-covid-19/ Collection of resources to help small business owners and workers during this crisis. We know that the effects this crisis is having on small businesses can't be overstated, and we're here for our community both now and in the coming months as we continue to feel the effects on our small business com-

Nonprofit Venturize https://venturize.org Venturize is a free online resource hub for small business owners who need help accessing tools and resources to grow their businesses. Managed by the nonprofit organization Small Business Majority, Venturize offers unbiased education and resources about small business loans, retirement and healthcare to empower entrepreneurs to make the best financial decisions for their business. We also help small businesses get connected to trusted providers that can help their enterprises grow.

Nonprofit Opportunity Fund https://www.opportunityfund.org Opportunity Fund is a USbased nonprofit organization that provides financing to underserved small-business own-

PrivateFacebook Facebook Small Rusiness Grants Program https://www.facebook.com/ business/boost/grant We know that your business may be experiencing disruptions resulting from the global outbreak of COVID-19. We've heard that a little financial support can go a long way, so we are offering \$100M in cash grants and ad credits to help during this challenging time. We'll begin taking applications in the coming weeks. In the meantime, you can sign up to receive more information when it becomes available.

Citi Bank https://online.citi.com/ Private US/JRS/pands/detail.do?ID=covid19 Effective Monday, March 9, 2020 for an initial thirty days

U.S. Small Business Administration (SBA) Disaster Loan Programhttps:// www.sba.gov/funding-programs/disaster-assistance SBA disaster assistance is now available to all counties within the state of California and the neighboring counties below. Neighboring Arizona counties: La Paz. Mohave and Yuma; Neighboring Nevada counties: Clark, Douglas, Esmeralda, Lvon, Mineral, Nve and Washoe:

PARK PLAZA

CONTINUED RESOURCES

Josephine. Klamath and Lake Eligibility for Economic Injury Disaster Loans is based on the financial impact of the Coronavirus (CO-VID-19). The interest rate is 3.75 percent for small businesses. The interest rate for private non-profit organizations is 2.75 percent. SBA offers loans with long-term repayments in order to keep payments affordable, up to a maximum of 30 years and are available to entities without the financial ability to offset the adverse impact without hardship. disastercustomerservice@sba.gov (800) 659-2955

U.S. Small Business Administration (SBA) Economic Injury Disaster Loanshttps://disasterloan.sba.gov/ela/Information/ EIDLLoans Available to businesses directly affected by the disaster offer services directly related to the businesses targeted in the emergency declaration, other business indirectly related to the industry that are likely harmed by losses in their community. This will help meet capital needs caused by the declared disaster and help pay financial obligations and operating expenses had the disaster not occurred. EIDL does not replace lost revenue, profits or fund expansions. Loans limited to \$2m, less business interruption insurance and other recoveries. Requires collateral. Apply online. disastercustomerservice@sba.gov 1-800-659-2955

Center for Disease Control and Prevention (CDC) Interim Guidance for Businesses and Employers: Plan. Prepare and Respond to Coronavirus Disease 2019 https:// www.cdc.gov/coronavirus/2019-ncov/community/guidance-business-response.html This interim guidance is based on what is currently known about the coronavirus disease 2019 (COVID-19). The Centers for Disease Control and Prevention (CDC) will update this interim quidance as needed and as additional information becomes available

Cal/Osha Cal/OSHA Guidance Federal on Requirements to Protect Workers from Coronavirus https://www.dir.ca.gov/dosh/ coronavirus/Health-Care-General-Industry. html Workplace safety and health regulations in California require employers to protect workers exposed to airborne infectious diseases such as the coronavirus. Cal/OSHA has posted guidance to help employers comply with these safety requirements and to provide workers information on how to protect them-

FEMA www.disasterassistance. gov/ Businesses can being applying for FEMA Disaster Assistance while we await a disaster declaration to release these funds. Information about the program and how to apply can be found here: Federal The United States Small Business Administration Economic Injury Disaster Loans for Small Businesses and Nonprofits https://disasterloan.sba.gov/ela The United States Small Business Administration (SBA) offers low interest loans up to \$2 million for small businesses, nonprofits of any

size, small agricultural cooperatives, and small aquaculture enterprises. The interest rate is 3.75% for small businesses. The interest rate for private non-profit organizations is 2.75%. Loan repayment terms can last as long as 30

However, as of March 17th, these loans are only available to businesses in the following

Alameda, Alpine, Amador, Calaveras, Contra Costa, El Dorado, Imperial, Kern, Lake, Los Angeles, Madera, Marin, Mariposa, Mendocino, Merced, Mono, Napa, Orange, Placer, Riverside, Sacramento, San Bernardino, San Diego, San Francisco, San Joaquin, San Mateo, Santa Clara, Santa Cruz, Solano, Sonoma, Stanislaus, Sutter, Tuolumne, Ventura, and Yolo. If your county is not on the list, please visit the SBA's website to confirm it has not been updated and then contact your county

The deadline to apply for an Economic Injury Disaster Loan is Dec. 16, 2020. Federal Federal Income Tax Payment Exhttps://www.irs.gov/newsroom/ payment-deadline-extended-to-july-15-2020 The IRS is providing an extension for payment only; returns must still be filed timely by April 15, 2020. For those who can't file by the April 15, 2020 deadline, the IRS reminds individual taxpayers that everyone is eligible to request a six-month extension to file their return.

For individuals, income tax payment deadlines for individual returns, with a due date of April 15, 2020, are being automatically extended until July 15, 2020, for up to \$1 million of their 2019 tax due. This payment relief applies to all individual returns, including self-employed individuals, and all entities other than C-Corporations, such as trusts or estates. IRS will automatically provide this relief to taxpavers. Taxpayers do not need to file any additional forms or call the IRS to qualify for this relief. For C Corporations, income tax payment deadlines are being automatically extended until July 15, 2020, for up to \$10 million of their 2019 tax due. 866-255-0654 800-829-4933

To be announced H.R. 6201 (Families First Coronavirus Response Act) To be announced Benefits for Employees Normal FMLA is unpaid, but under the FFCRA employees who are on sick leave because they are sick can receive their full pay up to \$511 per day, or \$5,110 total. Leave taken to care for children whose schools or day care facilities have closed is paid at two-thirds the employee's regular rate of pay, with a maximum of \$200 per day or \$10,000 total. Employers cannot force you to use up your vacation or other sick time before receiving this benefit. There is a 10-day waiting period before this benefit applies. Employees can use existing sick or vacation time to cover these days.

Benefits for Employers. Employers receive tax credits for 100 percent of what they pay out to employees, with the above-noted limits. For employers with 50 or fewer employees, the these requirements. Employers with fewer than 25 employees do not have to restore employees to their previous positions.

Nonprofit Pacific Community Ventures S m a I I Business Resources for COVID- https://www.pacificcommunityventures.org/2020/03/16/small-businessresources-for-covid-19/ Collection of resources to help small business owners and workers during this crisis. We know that the effects this crisis is having on small businesses can't be overstated, and we're here for our community both now and in the coming months as we continue to feel the effects on our small business community

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Private Facebook Facebook Small Business Grants Program https://www.facebook.com/business/boost/ grant We know that your business may be experiencing disruptions resulting from the global outbreak of COVID-19. We've heard that a little financial support can go a long way, so we are offering \$100M in cash grants and ad credits to help during this challenging time. We'll begin taking applications in the coming weeks. In the meantime, you can sign up to receive more information when it becomes available.

Citi Bank https://online.citi.com/US/ JRS/pands/detail.do?ID=covid19 Effective Monday, March 9, 2020 for an initial thirty days (30), contact Citi Bank for assistance with:

• For Retail Bank Customers: Fee waivers on monthly service fees; waived penalties for early CD withdrawal

California State Treasurer Fiona Ma's Small Business Resource List. Updated as of 3.21.2020

Underdog Pup

An underdog pup might not seem tall enough, vet she still shows pluck. cute effort to get up.

-Z.F. Thrimej

COMMUNITY SHRED EVENT

Don't know what to do with all those confidential documents ? No time to shred them yoursel?? Bring them to our Community Shred Event Friday, April 10, 2020 from 11:00 a.m. to 3:00 p.m. 8856 Greenback Lane, Orangevale, CA 95662

\$5.00 donation requested for up to 3 boxes to benefit the Orangevale/Fair Oaks Food Bank

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SAN JUAN UNIFIED PLANNING FOR DISTANCE LEARNING

ning for distance learning as of March 20, 2020

Teaching and learning is at the heart of what we do each day. For the last week, health, safety and operational needs have been the priority, during which time we've rightfully heard many of our staff and parents call for more information on where we are headed instructionally.

We have attempted to be thoughtful in how services are rolled out to ensure we can answer questions of equity and meet legal requirements under federal and state law related to equal access. Keeping these elements in mind, it is our intent that every senior, who meets eligibility requirements, graduates this June and that all of our students can engage in meaningful learning.

COVID-19 Update: Plan- It is a possibility that schools may not open after spring break. Therefore, we are working diligently to transition to a distance learning model of instruction. This does not mean we are adopting new curriculum or new lesson plans but rather we are looking to deliver our existing curriculum and materials in different ways that meet the needs of our diverse sets of learners. It is our desire that by Monday, April 13 we will shift from our strategy of read, review and enrichment to a model of distance learning that allows for new assignments and new learning.

> To facilitate this we are currently finalizing plans for the distribution of technology to students who do not have devices. Distribution is slated to begin with high schools on March 25. Middle schools will follow by April 2, with elementary schools distributed prior to the end of

the spring break. As part of this effort, we'll also be working with families to identify gaps in internet connectivity and match them with free or reduced-cost community solutions. (Between now and March 27, technology services staff will be working to



remove restrictions on devices that keep them locked to the district network as well as ensuring we have processes in place to track who materials are checked out to.)

We know our high school families, especially those with seniors, are anxious about future plans. We have begun to assemble answers to frequent questions for high schools. (Similar documents for middle and elementary will be published soon.) On March 23, high school students who were already active on the APEX platform for coursework and credit recovery will regain access. We are exploring how we might add licenses to expand access to the online learning the platform provides.

Our goal is to serve every student to the greatest extent possible using remote and distance learning tools using the latest California Department of Education guidelines. Our Special Education team is collaborating with general education staff to develop the best plans to support all learners. Over the next few weeks, case managers will be reaching out to each family

individually to review and set up services.

We are also working hard to implement support for our teachers and other educators as they make this shift through the use of virtual professional learning and collaborative communities of practitioners. All of our staff will have access to these services as they come online prior to our shift in delivery methods on April 13. Please note, that April 6-10 remains spring break with all staff off and no assignments or virtual office hours offered.

Like everything COVID-19 related, we expect this will be a rapidly evolving effort with changes by the moment. We ask for your patience and your guidance during this process to ensure that we support each other in this new model of distance learning and meet the needs of our learners.

For daily updates and additional information visit https:// www.sanjuan.edu/Page/48523





TRIAL, ERROR, AND TAKEAWAYS

Trial, Error, and Takeaways by Supervisor Sue Frost

In March 2018 I wrote an article in the Orangevale View outlining why I thought Sacramento County was in need of a work program for people who are homeless. In March 2019 I put theory into reality and officially rolled out a one-year trial program that would not only employ people who are homeless but also work to beautify Sacramento County at the same time. I promised you that after the trial was completed, I would report back on how effective the program was.

I am sad to report that the program ended largely in failure - but we did learn some important lessons. I want to take this opportunity to explain to you why it failed, and what we learned. But before that, I want to give you a refresher on exactly how the program func-

40 homeless people were planned to be identified who were both willing to work and be clean from drugs and alcohol. Shelter would be secured for them, and they would clean the American River Parkway for minimum wage pay in the morning, and go through a job training program in the construction industry in the afternoon. After leaving the program they would then get help in finding employment by getting introduced to employers, being placed in internships, and receiving certificates that enable them to earn more than minimum wage.

Unfortunately, we were only able to get 8 people out of a goal of 40 enrolled in the program, with even less graduated. By far the biggest reason for this failure was because the people in our program could not stay off drugs. Not only could they not stay clean, but we couldn't even find people who wanted to try getting clean. And we aren't talking just about drugs like marijuana, we are talking about extremely dangerous drugs like methamphetamine and crack cocaine. There were other problems with the program as well, such as showing up to work on time and a hesitance to work specifically in the construction industry. But those problems paled in comparison to the drug abuse.

The last official homeless count done less than a year ago showed that Sacramento County has over 5,500 homeless people living within our borders. And out of those 5,500, we could only find 8 who were willing to be drug-free. This is a startling statistic and one that has caused me to learn two important lessons from this endeavor.

The first lesson I learned is that we must solve the underlying problems that homeless people have before



Supervisor Sue Frost

we can work on job training. It is a wasted effort and a drain on the taxpavers for no benefit. We have to solve their drug and alcohol dependence before we can expect them to responsibly hold down a job.

The other lesson I learned is that the data we receive from the federally mandated point-in-time homeless survey cannot be trusted. In the most recent iteration of that survey from 2019, the data told us that only 9% of homeless people claim alcohol or drugs prevents them from keeping a job or maintaining stable housing. An article in one Sacramento paper even claimed this data proves it is a "Myth" that homeless people all use drugs. At the time I severely questioned this data, but now I know for certain that it is faulty.

Even though this program itself was not successful. I am still glad that we did it and think there is great value to learning the lessons that we have. I also take great personal issue with new government programs that are started and turn out to be ineffective, yet get funded for eternity - so I am happy that we have quickly changed directions once we found out things weren't working.

I still believe that finding jobs for people who are homeless is an important piece to this overall problem that we are not looking close enough at. But I now realize with much greater clarity that there are bigger problems we have to get a handle on

Thank you for reading - and as always, if you want to contact me call me at 916-874-5491, or e-mail

me at SupervisorFrost@saccounty.

Sue Frost represents the 4th District, which includes all or part of the communities of Citrus Heights, Folsom, Orangevale, Antelope, Rio Linda, Elverta, Gold River, Rancho Murieta, North Highlands, Carmichael, Foothill Farms and Fair Oaks

HOW FIX AUTO COLLISION REPAIR IS HELPING OUR COM-MUNITY DURING THE **CORONAVIRUS OUTBREAK**

As the situation with the coronavirus (COVID-19) continues to develop. We wanted to reach out to our community with an update to what we're doing to support you and our local community as we continue to navigate the implications of COVID-19.

In an effort to help keep our community healthy, we are now offering FREE door-to-door service. If vour vehicle is in need auto body work. We will happily pick-up your vehicle, assist with all insurance claims, set up your rental car reservation, and deliver your vehicle back to your place of residence at no additional charge. You no longer need to leave your home to have your vehicle repaired. Because we know the dangers of driving on the roads with a damaged vehicle; we created this service to make sure, when you are going out for the essentials or medical needs, you and everyone driving on the roads around you, are safe.

In addition to offering free doorto-door service, we are also offering free curbside estimates. You can pull up and one of our great estimators will greet you in your vehicle outside. We will write up your entire estimate, for free, without you ever having to leave your vehicle.

Preventing the spread of CO-VID-19, is high on our list of precautions. We are taking extreme care ensuring our office is clean and sanitized. And after your vehicle repair is complete, we will be sure to wash your vehicle and sanitize the inside upon delivery.

Orangevale and its residence are the heart of our business. All of these services were made with you in mind. We are committed to help keep our community healthy and fight the coronavirus outbreak. If there are any concerns or would like additional information, please do not hesitate to call our shop: (916) 306-5821.

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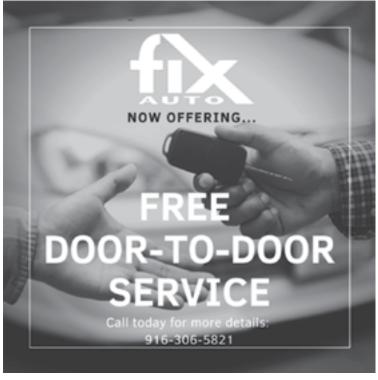


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Fee: \$177 / \$182 NR

Spring Rummage Sale





Enjoy shopping for the whole family or be a vendor and turn unwanted items into cash!

Vendor pre-registration is required.
Register by 4/6 and receive a \$5 discount

Vendor Fee: \$37 / \$40 NR

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Orangevale Cooks

by Suzanne Feblowitz

I hope you are all doing well. I am staying busy by keeping virtual office hours for my students, cleaning and organizing and trying to figure out fun things to eat with limited resources. This recipe for lasagna soup fits that criteria! It was delicious and the best part of it was that you could make it as thick or thin as you want. The cheese is added after you put the soup into the bowl, so you are actually cutting out a few calories with less cheese than the traditional lasagna! It makes great leftovers, too! If you would like to share a favorite recipe with limited ingredients, please send a copy to Suzanne Feblowitz at the Orangevale View (editor@ovview.com). Be sure to include your phone number or email with your recipe in case we need to contact you. If you wish to remain anonymous, just let us know and we will omit your name.

LASAGNA SOUP

1 pound lean ground beef (or half Italian sausage) 1 yellow onion, diced 4-5 garlic cloves, minced 1/4 - 1/2 teaspoon red pepper flakes

1 (24 oz.) jar favorite spaghetti sauce

8-10 cups low-sodium chicken broth, divided

1 (14 oz.) can crushed tomatoes

2 tablespoons tomato paste 2 teaspoons balsamic vinegar 1 1/2 teaspoons granulated sugar

1 tablespoon dried basil

1 teaspoon dried parsley

1 teaspoon dried oregano

1 whole bay leaf

1 teaspoon salt

1/2 teaspoon pepper

10 uncooked lasagna noodles, broken into approx. 1-2 inch pieces

1/2 cup heavy cream (optional)

CHEESE GARNISH

shredded mozzarella cheese freshly finely grated Parmesan cheese

ricotta cheese

1. Heat large Dutch oven or large pot over medium high heat. Add beef and onion and cook, stirring occasionally until beef is browned. Add garlic and red pepper flakes and sauté for 30 seconds.

Drain off any excess fat.

2. Add Prego Sauce, 6 cups chicken broth, crushed tomatoes, tomato paste, balsamic vinegar, sugar, spices and lasagna noodles. Bring to a boil then reduce to a simmer until lasagna noodles are tender, stirring occasionally (approximately 20-30 minutes).



MOTHER'S DAY BREAKFAST ORANGEVALE GRANGE BREAKFAST SUNDAY, MAY 10

from 8:00 a.m. to 10:30 a.m. Enjoy our Biscuits with our famous Homemade Gravy, scrambled Eggs, Ham, French toast and all you can eat PANCAKES. Our Orangevale 4H is yours servers. See you there!

Please check website.http://www. orangevalegrange.org/ for details or event changes.

Mint

If someone loves mint, that love was mint to be.
Is that a fresh pun?
Most definitely.

-Z.F. Thrimej





PETACULAR

LENDING LOVE!

One of our Love on Loan ambassadors and Sacramento SPCA alumni, Madam Mim, visited a senior facility in late February and made a big impact on Norma, a 90-year-old resident who can no longer care for a cat of her own.

We received an email this week from a family friend of Norma's about Mim's visit:

Thank you so very much for your time, kind and gentle nature and for your time in taking out Mim to visit Norma - you're such a gentle compassionate soul.

I'm including the photos I took of Mim and Norma to pass along to your community of friends, the owner, and SPCA. Mim is such a sweet and gentle fur baby.

It's was so cool to see the beautiful connection Mim made with Norma (out of the four of us) and of all the space in the room to go and chill, Mim decided to jump on the couch directly next to Norma and hang out...this really made Norma feel connected and special...



It's the tiniest of moments in life that truly matter, it's not materialism but innocent, precious unconditional moments exchanged by a little animal and a human. Many more good & positive vibes to you and your staff and all that you do for the community with your fur babies.

The Sacramento SPCA's Love on Loan program (just one of many animal-assisted therapy programs across the country) was started in 1984 by Sacramento SPCA staff and volunteers. Want more information about this program, visit sspca.org/loveonloan

DOGGY DASH 2020 -EARLY BIRD REGISTRATION IS NOW OPEN!

JOIN OUR PACK

Registration for the Sacramento SP-CA's 2020 Doggy Dash is now open! Join us on Saturday, April 25th, 2020 at William Land Park for our largest fundraiser of the year and an opportunity to celebrate the amazing commitment of our community to healthy, happy and unconditional relationships between pups and their people! More than just a walk, the Doggy Dash is a fun-filled day that offers something for everyone, both humans and canines alike! Over the past 27 years, the event has grown to become the largest dog

walk and pet festival in Northern California!

Register TODAY to take advantage of early bird pricing!

Early Bird Rates (for the first 500 registrants):

•INDIVIDUAL (ages 3+) \$25.00 - \$10.00 off!

This registration includes a Doggy Dash event t-shirt and entrance into the Bark in the Park Festival.

•TEAM MEMBER (ages 3+) \$35.00 - \$10.00 off!

This registration includes a Doggy Dash TEAM event t-shirt, team photo opportunity, team sign and entrance into the Bark in the Park Festival.

Sacramento SPCA6201 Florin Perkins Road, Sacramento, CA 95828 (916) 383-7387 www.sspca.org

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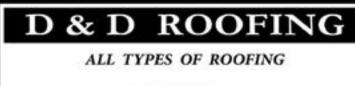
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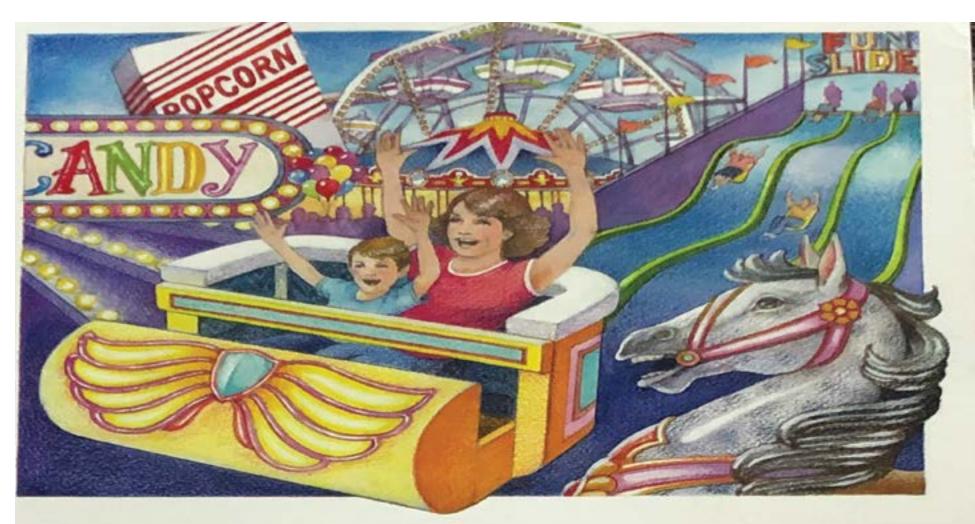
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Orangevale Chamber of Commerce Business Spotlight:

LES SCHWAB TIRES

By: MaryAnne Povey

If you haven't had a chance to meet this newcomer to town, you definitely should! Whether you need tires, a flat fixed, an alignment or just want to pop in to say "hi" you'll be glad vou did! New store Manager Scott Gleave of Les Schwab, 9465 Madison Avenue, has an infectious smile (no pun intended!) and personality to match!

Scott and his family came to Orangevale about a year ago and quickly established roots into what he considers the most "amazing" Orangevale community! During his 14 years with the company, Scott managed operations at four locations, the last being Wenatchee, Washington, a town rich in agriculture. Coming to Orangevale was serendipitous being rich in community and agricultural roots too!

It didn't take long for Scott to settle in and embrace his new job and the community. He quickly plugged in by joining the Orangevale Chamber of Commerce and started supporting many local non-profit organizations through generous sponsorships and donations. He's a big believer in giving back to the community and has a long history for doing it.

Scott fondly recalled the time when a young man came back to thank him for sponsoring his high school wrestling team. It was that support from Les Schwab that helped save the school's wrestling program and enabled the student to go on to a D1 college.

"If you support them, they will support you," Scott said when asked about his giving philosophy. "It's good to be part of a community that's so united and actively working together."

That's just some of the positive culture out of the Les Schwab playbook which is a "customer first" driven organization. Besides that, the com-



pany believes in taking great care of its employees, so they feel supported in "going the extra mile" to help customers too. "Schwabism" is the term employees strive to achieve in having integrity and helping others whenever possible. It's that foundation that has made the company so successful.

The company has stores in 10 states nationwide and is proud to be recognized with the "Highest Customer Satisfaction Award" from J.D. Power and Associates for their aftermarket general maintenance and tire replacement.

In case you were wondering what services you can expect besides new tires for vehicles they also sell them for boats, RVs, commercial vehicles and agriculture equipment. Les Schwab offers free pre-trip safety checks for brakes, steering wheel, alignment, free rotation and flat tire fixes to name a few of their many services.

In response to the current COV-ID-19 crisis, they are offering emergency service to anyone worried about coming in for service. "We can pick up, and deliver and beyond, that would be happy to assist anyone who needs additional help," said

"We want our customers to feel secure and safe about their vehicle and want the community to know that the doors are still open and our staff is here to serve you," he added. The store is currently open Monday - Friday, 8 am - 6 pm and Saturday, 8 am - 5 pm.

"These are tough times and we want to help take out the stress and anxiety out of life," said Scott, "If we can help in any way, we want to do just that."

To contact the store call 916-990-0554 or email Scott at scott.gleave@ lesschwab.com





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RV TECH Looking for individual w/ technical ability to diagnose & repair RV system accessories. Carpentry, electrical, A/C, plumbing, fabrication & welding experience is preferred. 3 years experience required. Valid driver's license & clean driving record required. Must be able to pass background check & be reliable w/ strong work ethic. 916.420-0656

Happening is a hunt (in the fourth month). For this kids get pumped; on Easter it's relevant. They search for a bunch of eggs so vibrant. Following their hunch, they'll hopefully have fun.

-Z.F. Thrimej

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COMMUNITY GROUPS & MEET UPS

MONTHLY EVENTS

American Leigon Have Meeting at the 4th Tuesday of each month. Meeting Starts at 7;00PM. American Leigon Have Meeting at the 4th Tuesday of each month. located at 8990 Kruithof Way Fair Oaks, Ca 95628

GFWC ORANGEVALE WOMEN'S CLUB Join area women dedicated to volunteer service and friendships. Lunch meeting monthly on 1st Tuesday at 11:00am (Sept-May).Orangevale Community Center 6826 Hazel Ave. More info at OrangevaleWoman'sClub.org or 988-1876.

Crafty Mondays Hosted by: Orangevale Woman's Club For those 18 years & older, come join community minded crafters to make projects to benefit our community. Some of the projects worked on were for The Petal Connection which provides bouquets for hospice patients, making blankets for Veterans and scarfs for the homeless. We encourage all levels of crafters! Each session will have different theme stations. You are welcome to bring a snack or lunch. Class cost is free, \$5 material fee paid day of class. Held the 2nd Monday of the month - February-April 10:00am-12:00pm at the Orangevale Community Center in the Meeting Room, 6826 Hazel Ave.

Cub Scout Troop 310, 3rd Monday of the month, 6-8PM, Multipurpose Building, Divine Savior Catholic Church, 9079 Greenback

Girl Scout Leaders (GSHCC) Almond Service Unit of Orangevale meet 2nd Monday of the month, 7 PM, Hall B, Multipurpose Building, Divine Savior Catholic Church, 9079 Greenback.

Girl Scout Service Team (GSHCC) Almond Service Unit of Orangevale, meets last Monday of the month, 7PM, Mater Salvatoris Room, Divine Savior Catholic Church, 9079 Greenback.

Orangevale 4-H is in full swing. We still have projects that are open to new members, so check us out and see what we can offer for your family. 4-H is for area youth ages 5-19 that want to learn life skills through hands on activities! We meet the 2nd Monday of the month (except December) at the Orangevale Grange Hall at 6:30pm. Www. orangevale4-H.weebly.com

Orangevale Grange #354 meets 3rd Wednesday every month. Grange Hall 5807 Walnut Ave, OV. Starts 7:00 p.m. Check us out. Serving free refreshments. Call 988-0806 or visit our website at OrangevaleGrange.org

The Board of Directors of Orangevale Recreation & Park District meets on the second Thursday of each month. Meetings are held at the Orangevale Community Center, 6826 Hazel Avenue, beginning at 6:30pm. The public is welcome to attend.

Retired Public Employees Association (RPEA)Meetings-Roseville Chapter (#84) meets at The Sierra Regency, 1015 Madden Lane, Roseville, Ca. 95661. Meetings start at 10:00 A.M. On the fourth Thursday of Month. FEB; APRIL;JUNE; AUG; OCT; DEC. (In December there is a Christmas Luncheon Held on the first Thursday). It's always nice to see your co-workers, if not, meet new (retired) State Employees and have a good time participating. So come

State Employees and have a good time participating. So, come join us!!! SEE YOU THERE! FOR MORE INFORMATION: CALL HELEN FIELD: (916)783-0325.

Roseville Better Gardens Club invites you to its meetings held at the Maidu Community Center, 1550 Maidu Drive (off Rocky Ridge) in Roseville. Interesting garden-related speakers and tours are planned for this year. Meetings are usually held on the 3rd Tuesday of each month from September to May. Doors open at 12:30; meeting 1-3 PM. GUESTS ARE ALWAYS WELCOME. For more information, go to:http://californiagardenclubs.com/content/roseville-better-gardens-club OR contact LORI at (916) 784-0418.

The Dementia Support Group is held at Eskaton FountainWood Lodge the 2nd Tuesday of every month at 2:00 pm. You're not alone in this journey, so come join us and get the support you need. Please contact Sharon at 916-988-2200 or email her at Sharon.wold@eskaton.org

The VFW Have monthly Meeting on the 2nd Tuesday Of each Month. Post 6158. Meeting starts at 7;00PM Center Township Post 6158 is located at 8990 Kruithof Way Fair Oaks, Ca 95628

WEEKLY MEETS

Al-Anon meets on Thurs. @ 7:30 PM at the Church of Christ - 5915 Main St. Ov. Call 916-334-2970 or visit al-anon.alateen.org.

Al-Anon in Spanish-en Español Valor para cambiar se reune los sabados 5:30 p.m.-6:30 p.m. en American River Alano, 9346 Greenback Ln. Ste 8 (entre Walnut y Main) Orangevale

Alcoholics Anonymous Meetings Mon-Sat at 7-8 am & Sun 8-9am, 12 noon every day . Call 454-1100 for evening meetings as the times vary. Meetings held at 9346 Greenback Ln. Ste 8 in Orangevale .

WEEKLY MEETS

For Men Who Enjoy Singing We sing Barbershop Harmony every Wednesday 7:30 to 10 pm-Redeemer Covenant Church, 6800 Main St., OV

Boy Scout Troop 310, Mondays, 6:45-8 PM, Halls A and B in the Multipurpose Building, Divine Savior Catholic Church,

Bridge Player Group Every Tues OVGrange Hall (5807 Walnut Ave) 11:00 am to 3:00 p.m. \$2 donation For more details at 988-9474

Clean & Sober Concerned about a loved one's alcohol or drug use? Clean & Sober Recovery Services offers FREE and confidential family support.every Sunday at our noon meetings led by a licensed family counselor. Call 916 990-0190 to learn more.

Folsom Bridge Center is a Mutual Benefit Non-Profit organization with ACBL sanctioned games daily; \$10 to play. Monday- Friday games are at 11 A.M., and on Saturday and Sunday, they begin at noon. No membership required; everyone is welcome. There is a play of the hand lesson Friday momings 9-10:30, \$5, and a free open forum lesson 10:15-10:45 before the game on Tuesdays. Follsombridge@gmail.com. 8680 Greenback Lane, Orangevale,

"For Men Who Enjoy Singing We sing Barbershop Harmony every Wednesday 7:00 to 9:00 pm-VFW Hall, 8990 Kruithof Way, Fair Oaks

Like to Play Cribbage? Join the Gold Country Cribbers Contact Roy Martin (916) 402-0411 Or Jack Throne: (916) 989-1762 Or Van Ray: (916) 768-4452 We Play We Teach We Have Fun Classes for beginners and intermediate Thursdays 4 – 7 pm Club Play Wednesdays at 5:45 pm El Dorado Hills Senior Center 990 Lassen Lane Fil Dorado Hills

Determined Toastmasters Club meets 1st and 3rd Tuesdays from 7:00 p.m.- 8:00 p.m. at Eskaton Fountainwood, 8773 Oak Ave., Orangevale. Contact Amy Comellier at (916) 792-5561 for more information.

WEEKLY MEET-UPs The BBC. The Business Builders Club. A Professional Networking Group. Mission- To Empower Entrepreneurs Establish Long Lasting Relationships That Will Enrich Our Businesses and Our Community. Every Tuesday 9:15-10:30 am at Brookfields Restaurant 4343 Madison Ave, Sacramento Every Wednesday 9:15-10:30 am at La Bou Bakery & Cafe 1730 Santa Clara Roseville

MomsRUs Ladies Study & Visit while kids play @ Lew Howard Park, Folsom Tuesday's from 9:30-11:30 thru Aug 13th. Call 916-798-2297 for more info. See www. ovchurch.org

Narcotics Anonymous, Tuesdays and Thursdays, 6 PM, in Room 4, Divine Savior Catholic Church, 9079 Greenback.

Overalls Square Dance Club meet every Monday 6:30-9:00 pm at Royer Veterans Hall, 110 Park Dr, Roseville, CA.

Orangevale Rotary Club Meets every Friday (7-8:15 am) at La Placita 9272 Greenback Lane, Orangevale 916 425-2406

Orangevale Special Families This new Facebook group is for families walking the same walk to come

together relieving isolation, frustration, and inspiring friendship, community, and creativity. Call 947-5234 for more information https://www.facebook.com/groups/1033947523343437/

Root Cellar - Sacramento Genealogy Society hosts a genealogy workshop from 1-3pm on the third Wednesday of each month at the Sylvan Community Center, 7521 Community Drive, Citrus Heights. The workshop is free and is open to all skill levels and ages. For more information, please visit our web site at www.rootcellar.org."

"Scout Troop 144 meets Tuesdays at 7 PM at Christ the King Lutheran Church -5811 Walnut Ave, Orangevale. Boys and Girls between 11 and 18 years of age are welcome to attend to learn more about the Scouting program and upcoming adventures.. Please call Jeremy at 916-826-1497 with any questions or additional details

Senior Lunch Program Brought to you by OVparks and Meals on Wheels. Lunches are served every Tuesday, Wednesday, and Thursday at the Orangevale Community Center. Suggested donation of \$3, please call 916-988-4373 for more details

SERTOMA - SERvice TO MAnkind meets each Thursday at 7 am at Coco's Restaurant, Madison Ave near Sunrise. Call 966-1361

St Vincent De Paul provides food and clothing assistance to the needy on Tuesdays and Thursdays from 1 - 3PM at Divine Savior Catholic Church, 9079 Greenhack

TOPS (Take off Pounds Sensibly) meets every week on Mondays at 9:00 a.m. at the Church of Christ, 5915 Main Avenue, Orangevale, CA 95662. Visitors are always welcome (preteens, teens, adults, male and female. First meeting is free. Contact Mary at (916) 988-6827. We have a friendly group!

SENIOR LUNCHES

Brought to you by OVparks and Meals on Wheels. Lunches are served every Tuesday, Wednesday, and Thursday at the Orangevale Community Center. Suggested donation of \$3, please call 916-988-4373 for more details.

FOOD BANK

Orangevale Food Bank has new hours of operation! In addition to their existing hours of operation Monday 11:00 -1:00 Wednesday 4:30- 6:30 Thursday 10:00-12:30

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UPCOMING EVENTS

MONTHLY MEETINGS OF RETIREES/Spouses: Our monthly meetings that are held in the North Highlands Park and Recreation District on the 2nd Thursday of each month are Cancelled until further notice.

"Redeemer Covenant Church (6800 Main Ave, OV) will not be hosting their Annual Easter Faire this year on Saturday, April 11 in an effort to prevent the spread of the CO-VID-19. We wish you all well."

ROSEVILLE BETTER GARDENS CLUB OF-FERS A HORTICULTURAL SCHOLARSHIP

For the third consecutive year, Roseville Better Gardens Club, Will give a scholarship to a student pursuing horticultural study.

The Roseville Better Gardens Club is affiliated with the Golden Foothills District and California Clubs. The club is offering this Scholarship to help college students pursuing a horticulture related degree. One year scholarships are available for the award amount of \$1000. Postmark deadline for applications is May 1. Applicants must have at least a 3.0 GPA and reside in Placer, El Dorado, Nevada, Sacramento or Yolo County. Applicable majors include agribusiness, (farming) horticulture, floriculture, landscape design, botany, forestry, wildlife science, plant pathology, science, habitat or forest systems ecology, environmental

The scholarship application packet is available on the California Garden Clubs website at: http://californiagarden-clubs.com/content/rbgc-scholarship-program.

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WHERE WERE YOUR SCOUTS THIS MONTH?



Where were your Scouts this month?

This month, your Scouts camped at Indian Grinding Rock in our Sierra Nevada foothills. This state park is named for its impressive chaw'se, Miwok word for "grinding rock" — a slab of marbleized limestone on which Miwok, Maidu, Konkow, Monache, Nisenan, Tubatulabal, Washo, and Foothill Yokuts, ground acorns into meal. The 1,185 cupshaped depressions in the stone holds the title of "largest collection of bedrock mortars" anywhere in North America.

In addition to setting up camp in the dark, planning and cooking

their meals, your Scouts, made up of young men and women, ages 11-18, also did an interpretive hike to the ceremonial roundhouse, or hun'ge. Traditionally the village community center for social gatherings and ceremonial events, this hun'ge is a regional roundhouse, meaning even today, any tribe or band in the area may use it for special occasions, for healing, for guidance, for weddings, and to mourn the dead.

A game field, poscoi a we'a, has been reconstructed near the roundhouse. Here, the villagers played a game similar to soccer, where players tried to kick or carry a ball made of hide, to the opposite team's goal.

Both men and women played, but men could only kick the ball, while women could handle the ball in any manner. However, if a woman held the ball, a man could pick her up and run for the goal. Your scouts played a game of octoball in the field.

Scout BSA Troop 144 go on an overnight outing monthly. Your Scouts meet weekly at Christ the King, 5811 Walnut, Orangevale and are open to new Scouts. http://boyscoutstroop144.ScoutLander.com

Article and photos provided by Heater Stark

FREE READING WEBSITES FOR KIDS



Storyline Online http://www.storylineonline.net Audio Yes

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We Give Books http://wegivebooks.org Audio No

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Audio Yes

TumbleBooks http://tumblebooks.com http://www.tcpclibrary.org/tumblebooks.htm
http://www.portlandlibrary.com/

kidsplace/ tumblebooks.htm Audio

International Children's Digital Library http://en.childrenslibrary.org/ Audio No

ABCya! http://abcya.com Storynory http://www.storynory.com/ Audio Yes

National Geographic Young Explorers http://ngexplorer.cengage.com/ngyoungexplorer/index.html Audio Yes

Oxford Owl http://www.oxfordowl.co.uk/ Audio Yes

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CONTACT INFORMATION

Bible Community Church Sunday Worship 10:00 am Fellowship starts 9:30 am Located at the Maidu Community Center 1550 Maidu Dr., Roseville, CA 95661 Bible Community Church 916-832-8973

Calvary Solid Ground (Formally Calvary Chapel Folsom-Orangevale) Meeting at: Oak Ave Church, 8790 Oak Ave. Orangevale, CA 95662 Sundays at 12:30 pm All are welcome! PreK-1, 2-5th and 6th-12th grade classes available. Thursday Bible Study at 6:30 pm (No Childcare) Pastor Mike Flanders (916) 790-1444 info@calvarysolidground.com www. calvarysolidground.com

Christ the King Lutheran Church 5811 Walnut Avenue, Orangevale (916) 988-2484 www. ChristTheKingOV.com Sunday Worship 9:30am,

The Church of Jesus Christ of Latter-day Saints Oak Ave Chapel: 8056 Oak Ave., Orangevale Ward: Sacrament meeting 11:30am Sunday School/Phd/ RS/YM/YW: 12:40pm

Citrus Heights Seventh-day Adventist Church 7610 Wachtel Way, Orangevale 916 723-7777 Services at 9:30 am Sabbath School 11am church www.chsda.comcast.com

Divine Savior Catholic Church, 9079 Greenback, (916) 989-7400. Daily Mass 8:30 AM on Mon-Sat. Vigil Mass at 4:30 PM; Sunday Masses 7:45 AM, 9:30 AM, 11:30 AM. Free Community Meal every Thursday night from 6-6:45pm. Everyone is welcome www.divnesavior.com

Fair Oaks Presbyterian Church 11427 Fair Oaks Blvd, Fair Oaks 95628 Sunday worship: Classic 9 & 10:30 AM, Contemporary 9 & 10:30 AM Children's programs at both times. 967-4784, www.fopc.org

Fairvale Baptist Church 8660 Madison Ave, Fair Oaks 916-967-4624 Pastor Richard Marshall. Bible Centered, Traditional Sunday Worship 10:45am and 6pm. Bible Study Wednesday 6:30pm . Christ is coming.

First Baptist Church of Orangevale 8998 Central Avenue, Orangevale (916) 988-1139 www. firstbaptistov.org Sundays 9:00 AM Traditional Service and Sunday School classes; 10:15 AM Coffee & Donuts; 10:45 AM Contemporary Service and Sunday School classes; Wednesdays 6:00 PM Community Dinner & Bible study groups for all ages

Grace Bible Church 5010 Hazel Ave, Fair Oaks Sunday Schedule: Worship Service 9 AM, Fellowship Groups 10:40 AM, Evening Service 6 PM Information: 967-6500 or www.gbcfo.org

New Beginnings Christian Church 7535 Hickory Ave, Orangevale Sunday Service 10:30am Wednesday Family Night Service 7:00pm Live, Modern Worship with Real, Relevant Preaching Youth and Children Ministries We genuinely care for and root for each other! A great family atmosphere. Everybody is welcome

Orangevale Church of Christ 5915 Main Avenue, Orangevale Sunday Moming Bible Classes for All Ages 9:45am; Worship 11:00am, 6:00pm Tuesday Moms R Us 9:30-11:30 am Wednesday Dinner 6:00pm, Bible Classes for All Ages 7:00pm Thursday Bible Study 10:30-11:30 am Phone: (916) 988-2011Web: www.ovchurch.org

Orangevale Seventh-day Adventist 5810 Pecan Avenue, 916/967-2838, www.ovsda.org / office@ ovsda.org. Join us Saturday's 9:30 am Sabbath School class / 10:40 am is Sabbath Worship. Community Food & Clothes closet open Tue 9am-Noon.Orangevale SDA School grades K-8th, 916/988-4310 www.vschool.org

Pathway Fellowship Temporarily meets at Madison Mall Bingo 8830 Madison Ave. at 9am for Classic Service and 10:30am for Modern Service & KidZone. New location at 8999 Greenback is coming soon. 916-988-2390, hispathway.org

Redeemer Covenant Church — 6800 Main Ave, Orangevale, 916.988.3124, redeemercov.com, Adult Sunday School at 9:00am, Sunday Worship at 10:00am, Sunday Coffee and Fellowship at 11:15am, Every Tuesday Night Free Community Dinner at 6pm — open to everyone, Thursday Night Youth Programs at 7pm. Small Wonders Christian Preschool, 3-yrolds on T/Th & PreK on MW/F — call 916.988.0998, smallwondersorangevale.org. PreK on MW/F — call 916.988.0998, smallwondersorangevale.org.

Sacramento Center for Spiritual Living 6035 Main Ave, Orangevale, 95662. Sunday service & Youth program 10:30am. Classes, events & activities on our website: www.SacCSL.org. We honor all paths and people.

Sunrise Community Church – 8321 Greenback Lane, Fair Oaks. Sunday Worship Services – Classic Service @ 9 am, Modern Service @ 10:50 am, both in the Sanctuary. Sunday Evening Chapel @ 6 pm (B-209). 916.726.4642 - sunrisecommunity.church

The Life Center - 7801 Hazel Avenue, Orangevale, CA 95662 916-988-1717 // info@lifecenter.church Sunday Services at 9 & 11am, free childcare provided

The Net Church has the answer if you have to work on Sunday's. Our worship experience is on Saturday night at 5:30pm. The cafe with free coffee opens at 5 pm. 801 Riverside Ave # Z, Roseville, CA 95678. We are located in the Calvary Chapel Building behind the Roller Skating bld. Pastor's Randy & Debbie Robertson. 916-801-4208 / randy_thenet@live.com

Valley Redemptive Church 11430 Fair Oaks Blvd, Fair Oaks Pastor D.W. Bryant Sunday School 9:40 am Sunday Worship 11 am Tuesday 11:30 am Bible Study Wednesday 6:45 pm Bible Study 916.579.5077 Valleyredempchurch@att.net Family Centered Atmosphere All Are Welcome Chrurch Vision "Go Reach Redemptive Needs of All People, Ages, and Conditions"

World Fellowship Church of Foursquare International 7412 Van Maren Lane, Citrus Heights, CA (916) 745 4751 Moming Service -8.00 -9.30AM (English Service) Afternoon Service -2.00 -4.00pm (Fijian Service) Food Bank -9.00 -10.30AM (Thursdays) OTHER SHERIFF'S DEPARTMENT SERVICES

ALARM BUREAU 874-4616 GUN PERMIT INFORMATION 874-8450 IDENTIFICATION BUREAU 874-8093 OFFICE OF INFORMATION/MEDIA 874-5021

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PROPERTY BUREAU 875-5650 RECORDS BUREAU 874-5383 RECRUITMENT INFORMATION 874-2677

RED LIGHT ENFORCEMENT PROGRAM 876-6643 TOWING DETAIL 876-6641

SACRAMENTO CO. CORRECTIONAL FACILITIES MAIN JAIL 874-6752

RIO COSUMNES CORRECTIONAL CENTER 874-1927 JUVENILE HALL 875-6996

INVESTIGATIVE SERVICES CENTRALIZED INVESTIGATIONS 874-5041

CHILD ABUSE BUREAU 874-5191 CIVIL DIVISION 875-2665 HI-TECH CRIMES 874-3002 IDENTITY THEFT 874-3000 HOMICIDE BUREAU 874-5057 PROPERTY CRIMES 875-5388 ROBBERY BUREAU 874-5051 SEXUAL & ELDER ABUSE BUREAU 874-5070

SEX OFFENDER REGISTRATION DETAIL 874-5090

OTHER SACRAMENTO COUNTY SERVICES

ADULT PROTECTIVE SERVICES 874-9377

ANIMAL CONTROL (PUSH #2) 875-5232

CHILD PROTECTIVE SERVICES 875-5437

RESTRAINING ORDERS 875-3400 GRAFFITI ABATEMENT (PUBLIC PROPERTY) 875-5171 GRAFFITI ABATEMENT (PRIVATE PROPERTY) 875-5656 GRAFFITI ABATEMENT (SMUD PROPERTY) 732-6043

COUNTY BOARD OF SUPERVISORS SUPERVISOR SUE FROST 874-5491 SUPERVISORFROST@SACCOUNTY.NET ANTELOPE, ORANGEVALE, GOLD RIVER, RIO LINDA, ELVERTA

NORRTH DIVISION PUBLIC INFORMATION DIRECTORY SACRAMENTO COUNTY SHERIFF 'S DEPARTMENT

Sheriff Scott R. Jones
Contacts:
Emergency 911 or 874-5111
Non-Emergency 874-5115
TDD Non-Emergency 874-7128
www.sacsheriff.com
www.facebook.com/SacSheriff
twitter.com/sacsheriff

NORTH STATION 5510 Garfield Avenue, Sacramento CA Phone: 874-1021 Mon-Fri, 8:00am-5:00pm

NORTH SERVICE CENTERS
Dewey

5484 Dewey Drive #235, Fair Oaks, CA Phone: 875-5484 Mon-Fri, 8:00am-5:00pm

CRIME PREVENTION
SROI Francie Fitzsimmons
Phone: 876-5708
Email: mfitzsimmons@sacsheriff.com
Areas: Carmichael, Fair Oaks, Old
Foothill Farms, Orangevale.

PROBLEM ORIENTED POLICING To report issues email NorthPOP@ sacsheriff.com or call 876-5729

HOMELESS OUTREACH TEAM HOT will deal with ongoing homeless issues.

To report issues email NorthHOT@ sacsheriff.com

OTHER AGENCY CONTACTS
Reckless driving of ATV or dirt bikes,
illegal parking of RV, and vehicle related
nuisance issues contact:
POP CHP Email: 250POP@CHP.ca.gov
(Jurisdiction area is West of Sunrise Blvd.)

POP CHP Email: 260POP@CHP.ca.gov (Jurisdiction area is East of Sunrise Blvd.)

2-1-1 Sacramento for referrals/access to health and human service programs.

to health and human service programs, service and shelters. www.211sacramento.org/211

Sac County 3-1-1, Connect to report abandoned vehicles, broken street light, illegal dumping or get information about services. Mobile app is available. www.311.saccounty.net

CRIME REPORT ONLINE
Allows citizens to submit an online
report that occurs in the unincorporated
Sacramento County and Rancho
Cordova jurisdictions.
http://www.sacsheriff.com/Pages/

Services/ReportCrime.aspx

SHERIFF'S ELECTRONIC EYE

Citizens and business owners to register the locations of their video surveillance systems with SSD. When a crime occurs, we can identify locations of surveillance systems to help us collect video evidence. http://www.sacsheriff.com/Pages/SEE/SEE.aspx

CRIME MAPPING

Citizens can view categories of crimes being reported and click on a specific incident to view information. https:// www.sacsheriff.com/Pages/Services/ OnlineCrimeMapping.aspx

TIPS & ALERTS

Submit crime tips online (it can be anonymous). http://www.sacsheriff.com/Pages/Services/Tips.aspx Tip Line Phone: 874-TIPS (8477)

ADMINISTRATION Commander Captain Drew Wyant 874-1015

Assistant Commander Lieutenant Steve Dutra 874-1015 Operations Commander Lieutenant

Mary Saporito 874-1015 Service Centers Director SROII Victoria

GOVERNMENT OFFICIALS

CONGRESS Reneward Berd 915 Box 582496, Elk Grove, California 95758 Call toll free 877-750-2372

SENATOR GAINES GRANIT BAY OFFICE 4080 CAVITT STALLMAN ROAD SUITE 100A GRANITE BAY, CA 95746 PHONE: 916-771-5840 FAX: 916-771-5845 SENATOR GAINES@SENATE.CA.GOV

ASSEMBLY MEMBER kEVIN KILEY District Office-8799 Aubum Folsom Rd, Ste A, Granite Bay 95746 916-774-4430 https://ad06.asmrrc.org/

COUNTY SUPERVISOR Susan Frost District 4 700 H Street, #2450 Sacramento, CA 95814 (916) 874-5491;

Orangevale CPAC (Community Planning Advisory Council) Meets the 1st Tuesday of every month at the Orangevale Community Center, 6826 Hazel Ave. Meeting Room B at 6:30 pm. For more information visit planning saccounty.net

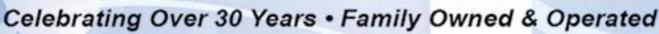


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