#### MARK YOUR CALENDARS FOR CASA ROBLE FFA & ORANGEVALE 4H FIRST-EVER ONLINE AUCTION!!



"Rebel" Purebred Chester White, Shelby Nicholas



"Peabody" Dorst Lamb, Riley Jason



"Trouble "Hampshire Cross, Kylie Plaster



"Arlo" Pure Bred Black Angus, Raelyn Bannister

In this time of uncertainty, the one bit of hope that we wanted to give to the Casa Roble FFA and Orangevale 4 H students who have worked so hard is a sense of worth for all their hard work. All these students have put in countless hours observing growth, prepping for a show, care, and welfare towards livestock that they had planned to take to the county fair. Unfortunately, like many others, their fair has been canceled. With the cancellation, it became very clear that we needed to devote a special platform to showcase their livestock animals. As a result, the students will be hosting an online livestock auction, May 15 - 17, 2020, www.wlivestock.com/auction/8722. This sale is not only about selling animals but is also about giving these students what they deserve, SUPPORT!

As young entrepreneurs, these students are learning the basics of income, expenses, and hours of investment. The quality of these animals has increased their expenses and thus, they need a higher rate of return on income to break even or make a profit. Most of the profits earned are saved and spent on the purchase of a project or animal for the next year, as well as college tuition.

Youth with these experiences turn into adults that we want in the future. They exhibit skills of responsibility, time management, communication, and hard work. The caliber of students that are involved in this auction deserves all the respect that a community can provide. Please consider rising to the occasion and donate.

If you are not able to invest in purchasing a whole animal, we ask that you consider giving an add-on donation. You will have the ability to give to a specific young person or give to all. Animals may be purchased live, or processed.

In addition to the final purchase price, the buyer is responsible for paying for the animal's processing fees if the buyer wishes

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"Tractor" Boer Goat, Collin Murray

to pick up the animal already cut and wrapped.

All payments will be made out to the Casa Roble FFA Alumni and Supporters organization, which is a 501C(3) nonprofit organization. All purchases and add-ons made through this sale are eligible to be a tax write off.

For any questions please call Christina Tannehill (916) 417-4853 or Michael Ackley-Grady (916) 412-1099.

We appreciate your support! Sincerely,

Orangevale's Finest



"Eric" Sprockle Faced Lamb, Jacob LaBelle

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#### ABOUT THE ORANGEVALE VIEW

The "Orangevale View" – the ultimate, award-winning community newspaper – serves Orangevale and surrounding areas, including Fair Oaks, Citrus Heights, and Folsom, CA. With a present estimated readership of more than 37,000, this FREE paper grows with every issue. It is delivered twice



a month to at least 15,000 residents' homes and to more than 100 high traffic locations.

The views and opinions printed within are not necessarily those of Publisher Brad Tatum or the Orangevale View staff. Rather, the views and opinions expressed are those of each individual contributor.

#### SUBMISSION POLICIES:

Submissions from you, our readers, are always welcome, for this is YOUR newspaper. We await school, church, or sports team materials, anniversaries, births, special occasions, memorials, or other items of interest. Donations are encouraged and accepted for anniversaries, births, and other special milestones and announcements.

#### ORANGEVALE VIEW

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Publication is at the discretion of the Orangevale View staff. Requirements are simple:

- (1) Acknowledge that either you are the author or you have permission to publish from the original author;
- (2) Articles should not exceed 300 words. We like Community Calendar items of 45 words or less.
- (3) Format: Microsoft Word format with photos at least 300 dpi JPEG or PDF.

Please use this format so we do not have to send your work back to you for corrections.

(4) The View does not verify the accuracy of your submissions, and in some cases, dates and information are subject to change. (5) Please email submissions, to YOUR newspaper. The email address is editor@ovview.com. It is you, our contributors, readers and advertisers who make the Orangevale View a newspaper you want to read.

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DATES TO REMEMBER:

**MAY 2020** 

WED MAY 20, 2020 DEADLINE FRI MAY 29, 2020 Out To Public

**JUN 2020** 

WED JUN 3, 2020 DEADLINE FRI JUN 12, 2020 Out To Public WED JUN 17, 2020 DEADLINE FRI JUN 26, 2020 Out To Public

**JUL 2020** 

WED JUL 1, 2020 DEADLINE FRI JUL 10, 2020 Out To Public WED JUL 15, 2020 DEADLINE FRI JUL 24, 2020 Out To Public

**AUG 2020** 

WED JUL 29, 2020 DEADLINE FRI AUG 7, 2020 Out To Public WED AUG 19, 2020 DEADLINE FRI AUG 28, 2020 Out To Public

DATES SUBJECT TO CHANGE WITHOUT NOTICE

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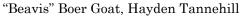




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#### MARK YOUR CALENDARS FOR CASA ROBLE FFA & ORANGEVALE 4H FIRST-EVER ONLINE AUCTION!!



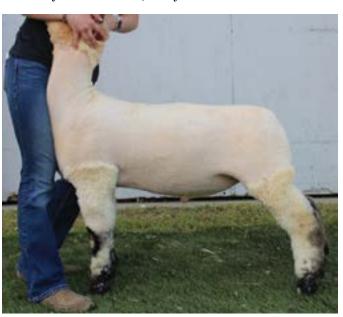




"McChicken" Suffolk Lamb, Madison Ormond



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## ANNOUNCEMENT



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#### LETTER TO THE EDITOR

As we all, well almost all, do our part in staying at home for the last 6 weeks I begin watching other states begin the process of opening yet we still remain on lockdown.

Is our governor being overly cautious? In Sweden they never locked down and are doing herd immunity naturally.

I don't know the best answer on this issue nor am I a health professional, however I see CA residents rebelling and masses going to beaches and rivers. I see counties, like El Dorado, letting their lockdown end May 1st.

With some CA counties ending their lockdown i fear the masses of people will go to those counties to enjoy more freedom and potentially asymptomatic carriers could spread the virus.

Wouldn't it be more prudent to end the lockdown for all CA at one time to avoid a spike and further lockdown time added to this lengthy stay already?

Thinking aloud? Be safe n stay STRONG, Jane S

#### SUCCESSFUL BIG DAY OF GIVING CAMPAIGN FOR THE OV-FO FOOD BANK!

Every year, on the first Thursday in May, non profits from all throughout the Sacramento Region come together for the Big Day of Giving. Community members are encouraged to donate and support their favorite local non profits through online campaigns. This year, the Orangevale-Fair Oaks Food Bank was blessed to receive 3 business matching funds equaling \$21,250. The Lyon Cares Foundation from Lyon Real Estate, the Participating Law Firms of Lawyers Bs Hunger and the Sacramento Region Community Foundations Disaster Relief Fund were all incredibly generous in providing these funds to encourage donors to DOUBLE their donations! We are thrilled to report that our community showed up and gave like never before. Not only did you all donate enough to match the Matching Funds, but you gave 110% of our goal! Thanks to our amazing community members that gave, as well as donations from businesses like Dairy Queen, K Walker Photography and Palm Tree Brewery, we are expecting to be able to continue to provide food during this COVID-19 crisis to families and individuals who need the help to get back on their feet. Are you feeling the Hunger To Help? Please visit our website www.orangevalefoodbank.org to find out how you can help.

SHELTERED IN PLACE? HERE IS A LIST OF EDUCATIONAL RESOURCES THAT ARE A GREAT ALTERNATIVE TO VIDEO GAMES AND STREAMING TV.

#### General

Start Atlas allows you to explore constellations and the stars. https://staratlas.com/Duolingo offers free language education for 35 languages. https://www.duolingo.com/

Encyclopedia Britannica is offering all schools and students free access to its "LaunchPacks" science and social studies learning content. The sets are intended for students in K-12 and provide articles, images, videos and primary sources of information, presented in an "engaging interface," optimized for smart devices. The resources are translated into multiple languages. https://britannicalearn.com/covid-19-free-resources/

Kahoot! has begun offering free access to the "premium" version of its game-based learning software. https://kahoot.com/access-kahoot-premium-for-free/

#### Arts & Crafts

DLTK's Crafts for Kids features a variety of printable children's crafts, coloring pages, worksheets and activities including projects for holidays, educational themes and some of our children's favorite cartoon characters. https://www.dltk-kids.com/

All Crafts offers free craft project ideas and recipes for kids. https://www.allcrafts.net/kids.htm

#### **Activities**

Mommy Poppins has a list of 50 fun indoor activities. https://mommypoppins.com/ny-kids/50-indoor-activities-for-arainy-day

#### Podcasts

Wow In The World is a podcast that guides curious kids and their grown-ups on a journey into the wonders of the world around them. We'll go inside our brains, out into space and deep into the coolest new stories in science and technology. https://www.npr.org/podcasts/510321/wow-in-the-world

What If World is a podcast that takes a "what if" questions from a child and spins it into a wonderful story. http://www.whatif-worldpodcast.com/

But Why is a podcast led by kids, who ask the questions and they find the answers. On this podcast the tackle topics large and small, about nature, words, even the end of the world. https://www.vpr.org/programs/why-podcast-curious-kids#stream/0



PARK PLAZA

#### **REOPENING OUR COMMUNITIES**

Reopening Our Communities By Assemblyman Kevin Kiley

Over the last several weeks, I have conveyed to Governor Newsom that a one-size-fits-all approach to California's reopening is untenable. On May 8, he took a step towards what I've advocated: a flexible and balanced strategy that fits with our state's diversity.

The Governor announced he will be modifying the stay-at-home order, allowing the state to enter into Stage 2 of a four-stage reopening effort. This would authorize many small businesses in retail, manufacturing, and logistics to reopen if they follow public health and social distancing guidelines. Perhaps most importantly, he committed to "regional variation" that would authorize local communities to reopen more quickly if they meet certain health criteria.

I will be doing everything I can to see that the Governor makes good on that commitment, so that the state's role becomes one of coordinating the process of reopening rather than dictating it. This is in line with what the City of Roseville has proposed and also responsive to the request for regional flexibility made by Folsom, Lincoln, Loomis, and El Dorado County.

I was among the first to support the Governor's strong initial response to the pandemic. Now, I'm encouraging him to follow his own advice and be guided by data and reason. There is no justification for keeping all of California on the same timeline indefinitely. For El Dorado County's reopening to be tied to the same indicators as Los Angeles - but different indicators than Oregon or Nevada - is arbitrary and lacks any basis in science.

Furthermore, since California's millions of businesses cannot all be neatly assigned to Stage 2, Stage 3, or Stage 4 of the reopening plan, the blunt instrument of a statewide order is inherently not based on data. There



is no reason the state alone is qualified to command all facets of reopening at the exclusion of every other level of government and the private sector. We need a distributed, coordinated, balanced strategy.

That includes the State Legislature reestablishing itself as a co-equal branch in state government. During our seven week absence that ended this week, Governor Newsom issued 35 executive orders, totally remaking life in California. It's time for legislators to do what we were elected to do, and bring the perspective of all Californians to our reopening and recovery.

That should start with historic regulatory relief for small businesses that have been absolutely devastated. Here's what I am proposing:

- •Repeal AB 5, which has stripped away the ability for independent contractors to earn a living
- •Tax refunds for small businesses to provide them with capital to rebuild
- •Tax relief for businesses who received federal PPP loans to keep them afloat
- •Regulatory relief from the barriers and costs that make California one of least business friendly states in the nation
- •Flexible work arrangements that help employers and employees operate in a post-pandemic environment
- •Protection for businesses from predatory PAGA lawsuits and fines that will harm their recov-
- •Relief from fees brought down on businesses when the state's Unemployment Insurance fund becomes insolvent

I urge my colleagues to join me in supporting this blueprint for California's economic recovery.

Assemblyman Kevin Kiley represents the 6th Assembly District, which includes parts of El Dorado, Placer, and Sacramento counties. You can follow him on Twitter @KevinKileyCA.





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#### ORANGEVALE FARMING COMMUNITY STANDS STRONG

Orangevale Farming Community Stands Strong and Adapts Amid COVID-19 Health Crisis

The novel coronavirus has brought many changes to our lives including a whole new consumer landscape in which products typically in abundance are no longer easy to come by. A realization has set in that our food supply chain is not impervious to challenges but is dependent on a fragile global economy. Resiliency has quickly morphed from a hypothetical concept to a much-needed reality.

Orangevale's small farming community has been swift to step up and creatively provide safe access to local foods. Farmers, whose normal operations have been interrupted by COVID-19, are discovering new markets for their products, en house. The Orangevale Farmers Market and the Orangevale Fruit Company together have risen to the challenge of the present zeitgeist and as a result, our community has strengthened.

Small farmers, the spearheads of the "farm to fork" movement, provide local access to fruits, vegetables and other produce often unavailable at produce outlets. These goods are usually of freshness and flavor unparalleled by their grocery store counterparts. The number of small farmers in the Orangevale area is on the rise. The Orangevale farming community has been reborn. Invigorated by the support of the community, we have been converting dollars into resilient local food systems. As producers that sell mostly direct to customers, we get to know our customers and why they choose to support us. What we find is that supporting local farms has different meanings for different people. Reasons include; supporting local, interest in farming practices, nostalgia for "old Orangevale," and, of course, better quality. However, the COVID-19 health crisis has brought to light another critical service local farms and farmers markets provide to their locales: food security.

Orangevale was founded as a small agricultural settlement; our fertile soil, clean water, and proximity to Sacramento made us an ideal place for small scale agriculture. However, urbanization has made farming more difficult in Orangevale as higher land values and urban water rates squeeze our profit margins. In 2017 we lost a stalwart of the Orangevale farming community as Tom Tomich Orchards closed after more than 90 years in business. However, a new generation of farmers have established a foothold in our great community. The Orangevale Fruit Company was founded in 2019 and farms a 10-acre orchard on Filbert avenue that had been farmed by the Tomich family since 1911. Our weekly farmers market has been in operation since 2011 and hosts the Orangevale Fruit Company along with local farms Heirloom Acres (est. 2018), Common Kettle (est. 2009), and Nai's Berry Farm.

Farmers Markets are considered essential businesses amidst this crisis and the OV Farmers Market will open as scheduled on May 14 and run every Thursday from 3:30-8:00. The market will adapt by adhering to new guidelines set by the California Department of Food and Agriculture for farmers markets during Covid-19. Only food vendors will be permitted allowing for market vendors to be spaced with at least six-feet between their booths. Additional protocols will be taken to insure we are doing our part to slow the spread of this devastating virus. Luckily, there is no need to wait until May 14th to get fresh local food in Orangevale without entering a grocery store.

OV Farmers Market manager and Common Kettle co-owner, Marga Brunner, started a farmer's market box program on March 29th where customers can pre-order boxes of produce and other products available at the farmers market online and pick up on Sundays. Four weeks later, the program was already selling over 70 boxes weekly, a testa-

ment to the importance consumers are placing in healthy food and supporting local business in a dire time. Produce is contracted from several farmers in the Sacramento area who frequent local markets and prepared foods from vendors; Salsa Chick, Emma's Tamales, Salt and Savor Sauerkraut, as well as strawberries from Nai's Berry Farm. As fruit season approaches we will be offering peaches, plums and nectarines from Orangevale Fruit Company, fresh blackberries from Common Kettle via the online store and of course fresh flowers from Heirloom Acres. Orangevale Fruit Company will be offering a limited amount of weekly fruit box subscriptions for those who want to guarantee their supply of delicious local fruit without having to meander through the market or farm stand, or even leave their vehicle! Drive through service is how the boxes are picked up on Sundays. Together we are going to get through this crisis and our farming community will continue to help how we can and hope that our customers continue to use their spending power to support Orangevale's local food system. Visit our online store for more information on weekly farm boxes or come see us and our whole array of local vendors beginning May 14th at the Dairy Queen. Also, the new and improved fruit stand will be open Tuesdays and Saturdays at Orangevale Fruit Company on Filbert Avenue between Central and Elm starting in June.

For more info visit; www.Orangevalefarmersmarket.com/farmbox www.Ovfruit.com Article by Matt Brunnerr

Sacramento Chrysanthe-

mum Society's plant sale is a

popular event, held at Shepard Garden and Art Center, 3330 McKinley Blvd., Sacramento, every spring. The members have grown a great selection of many of the popular varieties including the exotic spiders, quills and the very large exhibition bloom types. The plants are not yet in bloom and will be identified with a picture of the bloom that the plant produces. The normal bloom time of this type of exhibition mum is Sept-December depending on the variety. Club members will be available to assist with your selection and information on best growing conditions. We look forward to



Welcome to May Orangevale! We have had some amazing weather these last few weeks and with the second edition of #OVunplugged I wanted to take the time to challenge our amazing community to head outdoors, safely of course, and go on a nature hunt! In this challenge your family can use the Nature Hunt Challenge, also found on our Creative Nature Playschool's website, to find as many objects outdoors that you can. From birds and worms, to tree stumps and animal tracks; use this time to unplug from technology, slow your mind, and take time to be in the moment. For example did you know birds sing the most during the Spring season? Let's all take some time to notice all

the beautiful changes happening outside. We may be sheltering in place but that doesn't mean we can't go for a walk or even explore in our own backyards! Please post your amazing Spring nature findings on social media and use the hashtags #OVunplugged and #OVstrong. Stay tuned for our next challenge and feel free to follow us on Facebook and Instagram @ creativenatureplayschool and if you have other ideas for screenfree and unplugged fun please contact us on our website. Remember to put the technology down and to get some sunshine daily! Stay well and safe Orangevale, we WILL get through this together:-)

#### CNP's Nature Hunt Challenge #OVunplugged #OVstrong

Use this Nature Hunt identification sheet to find as many items as you can outdoors. This is also published at www.CreativeNaturePlayschool.com:-)





petersondev.com.

seeing you on May 29 or May 30. Questions can be directed to Sharon Peterson at (916)9664802-or (916)4173358 or email Sharon@



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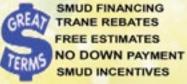
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# rangevale Cooks



by Suzanne Feblowitz



After trying to think of some quarantine recipes, a friend emailed me with an invitation to a quarantine recipe exchange! This recipe was from my cousin Linda. It is perfect for limited ingredients and it makes great leftovers, too!

We would love some new recipes, so if you have any recipes, please send them to Suzanne Feblowitz at the

Orangevale View (editor@ovview. com). Be sure to include your phone number or email address in case we need to contact you. If you wish to remain anonymous, just let us know and we will omit your name

Cuban Picadillo

1 lb. ground beef or ground turkey 1 green bell pepper, medium 1 yellow onion, medium

we are currently serving anyone in need in Sacramento County (not just Orangevale & Fair Oaks). Our distribution hours are as follows: Mondays 11am - 4pm

1 bay leaf salt 1 handful of raisins or 2 depending on how sweet you like it 1/3 cup green olives sliced Rice-1 cup uncooked 1 can Cuban Black Beans or Trader Joes Black Beans

Olive oil to sauté ingredients

several dashes of ground cumin

2 cloves of garlic

1 12 oz. can v-8 juice

Chop the onion and bell pepper. Mince the garlic. In a large pan, on medium high, sauté the onion, bell pepper and garlic with olive oil. Add ground turkey or beef. Sauté till done. Drain excess liquid. Then Add v-8 juice, cumin, bay leaf and few dashes of salt, raisins and green olives. Cook down until the juice soaks into meat, 20 minutes on low. While this is cooking, make white rice (on stove usually takes 20 minutes). Heat black beans in small saucepan.

Serve picadillo over the rice and put a scoop or 2 of black beans on top of the picadillo.

Due to the current COVID-19 crisis,

Wednesdays 4:30 - 6:30pm Thursdays 10am - 12:30pm For more information, or to volunteer or donate, please visit www.orangevalefoodbank.org Submitted by Jenn Gustafson



#### **SERVING THE COMMUNITY SINCE 2011**

The Orangevale-Fair Oaks Food Bank has been serving our community since 2011. On a typical Monday, we serve an average of 35 families in need.

Last Monday, we served 101 individuals families.

Many of these families are accessing the food bank for the first time in their lives. Most of them have had an abrupt job loss. These are our neighbors, our friends, our family. Our need has tripled. TRIPLED. Even with this increase, our amazing volunteers stepped up to the occasion and gracefully served all of those in need.

Check on you neighbors. Check on your friends. If you, or someone you know is in need, please do not hesitate to reach out for help. WE ARE HERE TO HELP.

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On Saturday, April 25th, local Orangevale residents from the band "Proxy" put on a driveway concert for neighbors on their street. The band invited all neighbors to sit out in their drivewavs and enjoy a 2 hour live performance of music from many genres. There was even an intermission performance that included a trumpet performance and a piano performance from Other neighbors. It was the second concert that they have put on since the shelter in place order was placed. Families came out with ice cold beverages to enjoy a beautiful evening amongst their neighbors, while staying 8-10 feet apart from each other. Children rode around



on scooters, danced and drew with chalk. It's a beautiful thing when communities and neighborhoods come together to make the best of a difficult situation.

#### VOLUNTEER APPRECIATION WEEK AT THE Orangevale-fair oaks food bank

Every year at the end of April, we like to celebrate, spoil and show our appreciation for the selfless volunteers that give their time week after week to serve our neighbors in need. We have approximately 30-40 people that come in each day to help process, sort & organize food, set up, organize and distribute to people in need, and drivers who are going out weekly to collect from grocery stores. Without our VOLUNTEERS, we simply could not serve the people that so desperately need our help. To everyone that has so graciously given of their time, THANK YOU! We appreciate you!!! This year, while our volunteers are being pushed



Cynthia and Joe Ellering, Owners of Orangevale Dairy Queen

to help even more and give even more of their time and energy, our community stepped up and helped us treat our volunteers with meals and treats for them! We would also like to send a special THANK YOU to Dairy Queen of Orangevale, Chick-Fil-A of Granite Bay and Armenian House Grill of Citrus Heights for their generous donations! Submitted by Jenn Gustafson

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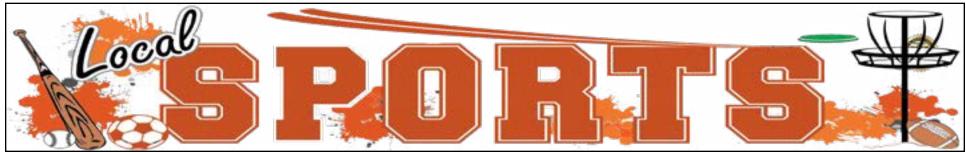
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#### OVEE SURPRISES BIRTHDAY TEEN!



On Wednesday, May 6th, Carter Gustafson turned 14. Bummed that he couldn't celebrate with a traditional party with his friends, they instead came together to celebrate the Birthday Boy with a Social Distancing Birthday Parade! Friends

and Family members drove by his Orangevale home honking

and singing with fun decorated cars and trucks! Carter's sisters handed out prepackaged cookies to all who came to celebrate their brother! At the end of the parade came a community surprise he was not expecting... OVEE the community mascot appeared to wish Carter a Happy Birthday! What a wonderful way to celebrate! Our community is stronger than ever & this is just another sign of how we will all lean on each other as we get through this crisis! Submitted by Proud Mom -Jenn





This is my third year coaching Casa Men's Vball team. We finally were having competitive games. The young men have been improving every year and it was going to a very promising year for

John Artan - This was John's third season on the team. He was looking great. Jumping good, Blocking well and covering the middle area and hitting the ball hard. Unfortunately, during our warm up time of our first home game John spiked the ball and came down weird on his big toe and it totally took him out of the game and actually out for the rest of the



season. Without him it was going to be a long season without him

Regan Stewart started as a Freshman when the Vball program first came to Casa. When I started three seasons ago he was the only one who knew anything about the game. My first season was very rough teaching and instructing the most minor of skills to the rest of the team Yet with Regan's leadership and skills he helped build the team up that first year of my coaching season. He was the MVP for that year. Last year again Regan proved skillful in all areas of vball, setting, passing and spiking and especially blocking. This year Regan was stronger and wiser. He was dominating the middle area.

Blocking and hitting with consistency that was very impressive to watch for any vball fan. But what truly stood out was his jump serve. He was so consistent in getting those serves in that he was acing the other teams and they had no idea what just happened to them. I am confident that Regan would have been this years

MVP for Casa Roble Men's Vollevball.

It truly was a huge disappointment to not have the chance to see these young men finish out their senior year playing volleyball.

Coach David "Pooch' Pucilowski Submitted by Courtney Rankin



While track and field is largely regarded as an individualized sport, the graduating seniors on the Casa Roble Track and Field team will undoubtedly miss their teammates. The group of 17 athletes who came out for track in their final high school athletic season was wide-ranging; some came out to defend league championships, for others it was their first season do-

ing track and they wanted to try something new, but all of them were looking forward towards a few more months of making memories at practices and track meets with their friends. Each and every one of them were looked up to by their younger peers as well as their coaches and their legacy will not soon be forgotten. Coach Andre Submitted by Courtney Rankin



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#### MEMORIAL DAY TRIBUTE

Memorial Day is a holiday to honor all who have made the ultimate sacrifice serving in the United States military.

For Memorial Day, Lance Pyle has written a poem titled, The Sacrifice to honor and remember those who have died defending the United States in war, as well as today's veterans and active military.

Lance is a local Citrus Heights veteran and poet. His pen name is Peter Blueberry and he reads his poetry to the delight of children and adults.

He has visited schools in the Sacramento region and recites from the poetry books he's written titled, It's O.K. To Laugh While you Cry and Inside the Mind of a Blueberry, as well as dozens of others.

His poems are funny and oftentimes teach children how to cope with growing up. He has read his humorous poem titled, Road Warrior at the bedside of veterans at Mather Veterans Hospital, brightening up their day with laughter.

Lance is a Viet Nam Era veteran, Specialist 5th Class, Army, 1968-71. After serving his country, he became an architect, but has since retired because of several bouts of cancer which nearly took his life. After years of depression, one day he recited a silly little poem to his grandson who commented that he should write poetry. That miracle day changed his life. He's been writing and illustrating his own unique brand of poetry ever since.

His poem, The Sacrifice, hangs in the office of the United States Under Secretary of the Army.

Article by Sheila LaPolla

#### THE SACRIFICE

To the Vet I've never met, And to the Soldier I never knew, For the life that you've laid down,

And the sacrifice we've asked of you.

You give us life with freedoms ring:

No one, nowhere can match, And it's by your sacrifice That freedom's seed will hatch.

Through your spirit people see The darkness fade to light; The outstretched hand you offer up

To give them back their sight.

Into harm's way you willingly go Without a second thought. For it's YOU who pays . . .

... the precious price For the freedoms that we've bought.

And, it is OF you, a soldier born Of a spirits gentle might, That the wage is paid, the sacrifice made,

To change what's wrong to right.

So we weep for those who bear the scars

And morn those who paid full

measure,
And we salute all you ...

... who've earned the right To be called our Nation's Highest Treasure.

And if your spirit should wane

From the things we ask of you, Just know that we, The United States,

Have not lost our faith in you.

So, keep your eyes clear and keen,

And your focus sharp and bright, For your nation stands by your side

As you journey into harm's night.

For a nation can only renew its soul

Through the sacrifices made, So we thank you for this precious price;

The sacrifice you gave.

Poem written by Lance Pyle (pen name Peter Blueberry)

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