

Geno presenting Bob Evans with Certificate of Appreciation

Deck the halls with boughs of holly, fa, la, la, la, la, la, la, la. Well, that is exactly what VFW Post 6158 has been doing. On December 10th the VFW opened its doors to a Christmas celebration for its members and guests, with a fabulous dinner catered by O'Conner's. The evening was CONTINUED PAGE 18



NOMINATIONS & VOTING BEGINS DECEMBER 23, 2023 WWW.BESTOFORANGEVALE.COM

DRANGEVALE WOMAN'S CLUB CELEBRATING THE SEASON WITH A NEW TRADITION





Orangevale Woman's Club Fall Activities

Congratulations to the winners of this year's Gingerbread House Decorating Contest! Thank you to all our participants! They put on a colorful, fabulous display for our community! Thank you to the Orangevale Grange for allowing us to join in your long-standing community tradition. Also a big THANK YOU to Orangevale History Project, Orangevale-Fair Oaks Community Foundation, OV View and Rebel Rhythm Cycle for your help with our contest. We're already looking

forward to next year's competition! With the success of this year's fundraisers, this month OVWC gave donations to Northridge Elementary to purchase sports equipment, to the OV-FO Food Bank to provide food to our community members and to The Petal Connection to support their mission to deliver joy to hospice patients and seniors in our community.

The Orangevale Woman's Club has been keeping busy by attending Casa Roble's fall play, which we highly recommend. We visited the Nimbus Fish Hatchery to get a behind the scenes look at the salmon harvesting that occurs every year. We also enjoyed our monthly popup lunch to support our local restaurants.

Are you interested in finding out how you can help our community while having fun? Come to our Jan 5th meeting at the Orangevale Grange at 11 am and bring a friend! For more information visit us at www.orangevalewomansclub. org or find us on Facebook and Instagram @orangevalewomansclub

Submitted by Teresa Anderson





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ABOUT THE VIEW



ABOUT THE ORANGEVALE VIEW

The "Orangevale View" – the ultimate, award-winning community newspaper – serves Orangevale and surrounding areas, including Fair Oaks, Citrus Heights, and Folsom, CA. With a present estimated readership of more than 37,000, this FREE paper grows with every issue. It is delivered twice a month to at least 15,000 residents' homes and to more than 100 high traffic locations.

The views and opinions printed within are not necessarily those of Publisher Brad Tatum or the Orangevale View staff. Rather, the views and opinions expressed are those of each individual contributor.

SUBMISSION POLICIES:

Submissions from you, our readers, are always welcome, for this is YOUR newspaper. We await school, church, or sports team materials, anniversaries, births, special occasions, memorials, or other items of interest. Donations are encouraged and accepted for anniversaries, births, and other special milestones and announcements. Publication is at the discretion of the Orangevale View

or you have permission to publish from the original author;

(2) Articles should not exceed 300 words. We like Community Calendar items of 45 words or less.

(3) Format: Microsoft Word format with photos at least 300 dpi JPEG or PDF.

Please use this format so we do not have to send your work back to you for corrections.

(4) The View does not verify the accuracy of your submissions, and in some cases, dates and information are subject to change. (5) Please email submissions, to YOUR newspaper. The email address is editor@ovview.com. It is you, our contributors, readers and advertisers who make the Orangevale View a newspaper you want to read.

STAFF: Brad Tatum -Publisher/Advertising Lisa Montes -Editor

VOLUNTEER CONTRIBUTORS Brandy Wade Suzanne Feblowitz MaryAnne Povey

AWARD WINNING PAPER Business of the Year 2013 Business Person of the Year 2010 Editor -

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California Senate Woman of the Year 2012

DEADLINE 2023 JANUARY 4TH 2023





Wed, Jan 4th, 6:30pm - Orangevale History Project meeting, www. orangevalehistory.org.

Orangevale History Project
The January 4th presentation will be on "The Quadbridge Colony". President
Mark Aring will provide the
history of the four bridges
it took to cross from Folsom
to Orangevale in the early
days. Come join us - 6:30pm
at the Orangevale Chamber
of Commerce, Greenback &
Hazel.

COMMUNITY OPEN HOUSE scheduled for Saturday, January 21st from 9-11am.

Ever wanted to GET IN-VOLVED in your community? Just don't know WHERE TO START? Here's you chance to hear from and meet all of the service clubs and groups in Orangevale. Have you considered plugging in to help somewhere in the community, but just didn't know where to start? Kick off your 2023 by getting plugged into one of our community's great organizations.

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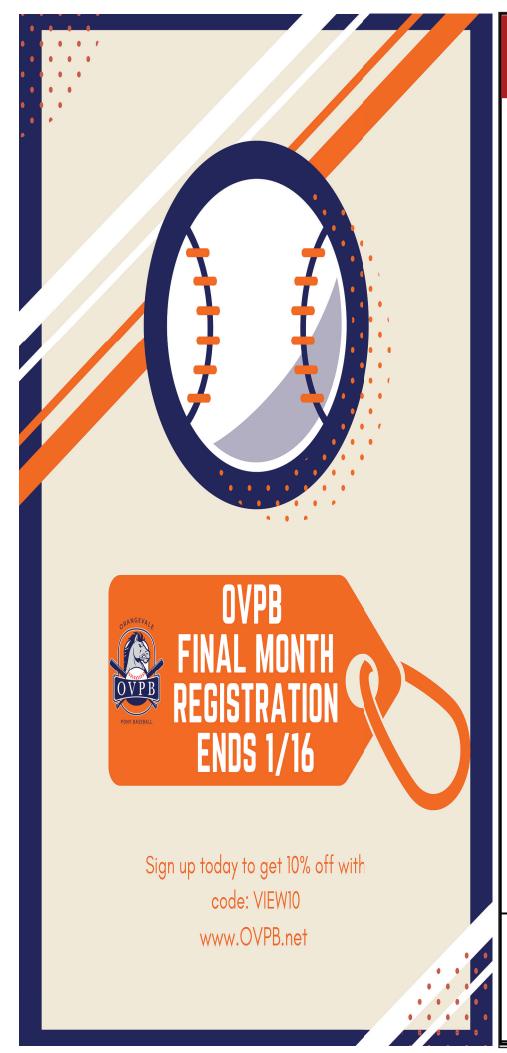
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Basic Horsemanship

Ages: 8-15

F 1/6-1/27 4:00-5:15pm

Fee: \$182 / \$185 NR

Winter Youth Basketball

Grades: 2nd-6th

2nd/3rd Grades Practice Begins Tu 1/24 5:30pm 4th/5th/6th Grades Practice Begins Th 1/26 5:30pm

Fee: \$127 / \$130 NR



Middle School Girls Basketball

Grades: 6th-8th

Practice starts the week of 1/30

Fee: \$152

Social Dancing

Ages: 18+

M 1/9-1/30 7:00-8:00pm Fee: \$32 / \$35 NR

Waltz

M 1/9-1/30 8:00-9:00pm

Foxtrot

Fee: \$32 / \$35 NR



Mens 3 on 3 Hoops

Ages: 35-49 & 50+

W 1/4-3/8 7:00-8:30pm

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Artist Studio

Ages: 35+

Th 1/12-5/18 11:30am-3:00pm

Fee: \$61 / \$64 NR





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LIBRARY NEWS

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HOURS

Sunday Closed Monday Closed Tuesday 10AM-6PM Wednesday 10AM-6PM Thursday 10AM-6PM Friday 10AM-6PM Saturday 10AM-6PM

KIDS

Family Storytime Every Thursday, 10:30 a.m. - 11:00 a.m. Jane Wise Community Room Join us for songs, rhymes, and stories designed to build the early literacy skills of young children. This program is for parents and caregivers with young (0-5) children; older siblings are welcome to attend. This event is presented in English.

Minecraft Gaming Thursday, January 5, 2:00 p.m. - 4:00 p.m. Jane Wise Community Room Enjoy this computer game filled with mining, crafting and exploring! Play with new friends on our own library server at the Orangevale Library! We will do two 45-minute shifts if there are more participants than PC laptops. This program is for students aged 6-17. Registration is encouraged at www.saclibrary.org/events.

Read to a Dog Friday, January 13, 3:00 p.m. - 4:00 p.m. Jane Wise Community Room Come read to some PAW-some pooches! School-age readers are invited to read to furry and friendly canine volunteers and their trainers. This is a great program for struggling and reluctant readers or for those who enjoy practice. The dogs are

wonderful listeners. Woof! STEAM: LEGO® Robotics-Saturday, January 21, 10:30 a.m. - 12:30 p.m.Jane Wise Community Room Design, build and program a robot using the LEGO® MIND-STORMS® EV3 kit. Led by a team of student instructors, kids ages 9 to 14 will work in groups to create a robot and learn STEAM skills with this fun, hands-on project.

ADULTS

Genealogy: Getting To Know You Saturday, January 7, 1:00 p.m. - 3:00 p.m. Jane Wise Community Room Do you need help researching your family history? Learn the basics, try new resources, and share discoveries with a group of Time Detectives. There's always something new to learn on a genealogy adventure! This program is for adults.

Genealogy: Book a Genealogist Saturday, January 7, 3:00 p.m. - 4:00 p.m. Orangevale Library Study Rooms Need help with your family history? Not sure how to begin? Want to know where to look next? Root Cellar volunteers are ready to help you discover your roots! Free individual 30-minute help sessions are available at the Orangevale Library. Reserve your sessions online at www. saclibrary.org/events.

Mixed Media Art Journaling Saturday, January 14, 10:30 a.m. - 12:30 p.m. Jane Wise Community Room Use your imagination and all kinds of mixed media to create a freestyle art journal. Both inexperienced and lack of talent are welcome! The Friends of the Orangevale Library have graciously provided art journals and supplies to create a

place for creativity to unfold. Please note, supplies are limited so feel free to bring your own too.

BLOOD PRESSURE DROP-IN CLINIC

Tuesday, January 17, 10:00 a.m. - 11:30 a.m. Jane Wise Community Room Join us at the Orangevale Library to have your blood pressure taken and learn tips for how to improve your heart health.

- Have your blood pressure checked for free
 - No appointment necessary
- •Staffed by Registered Nurses
- Receive heart health resources

Orangevale Book Club - The Violin Conspiracy Saturday, January 21, 1:30 p.m. - 2:30 p.m.Jane Wise Community Room Join us inperson for a lively and engaging discussion and make new friends! This month we will be reading The Violin Conspiracy by Brendan Slocumb. Starting one month before the meeting you can pick up a copy of the book from the front desk of the Orangevale Library or check our library catalog for available copies of the books and ebooks.

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BACK TO THE 50'S ANNUAL YOUTH CENTER CARNIVAL AND PARADE

Memory is surely an interesting thing. It is there, conjuring images of the past with the precision of a very dull knife. So, thankfully written records exist to help restore those personal memories back to truth to share with others, un-slanted.

Looking back at Orangevale in 1950 from the 1950 Center census, I see about 1,550 of us living there in approximately 450 households. That was more than double the 1940 Center census, when Orangevale was a part of at least two districts and sandwiched in one report between Citrus Heights, Sylvan, and the Road Camp.

So here we are in Orangevale of 1950. Civic minded groups in town had just come together to find something and someplace for the youth in town to gather for fun with structure. In 1949 they acquired land on Hazel Ave, gathered some donations and volunteer labor and laid down the floor. It was going to cost \$5000 to build this Youth Center, so they planned a carnival to fund it. The event would be a couple of days on a weekend in August. What an undertaking. No EZ ups then, but lumber and labor created the carnival booths with businesses and groups creating their own carnival game or attraction for each booth. The carnival was quite a success.

Next year 1951, the carnival added a parade and a Queen / Princess contest. Mrs.

Clyde Powell was in charge of the Queen contest and the honor of Chairing the parade went to co-chairs Martha Bost, Postmaster, and Elmer Binning. The parade was on Sunday morning, started at Greenback and Main went to Greenback and Hazel and up Hazel to the carnival grounds at the Youth Center. This Youth Center was across the street from the now Community Center. Former Heavy Weight Champion Max Baer, and his Baer Cubs lead the parade along with his life long friend and manager Ancil Hoffman.

The carnival was so successful, the mortgage on the Youth Center was burned ceremoniously after the 1951 event.

In 1953 the Youth Center fundraising efforts turned toward a swimming pool on the Youth Center grounds. Sadly, the push for this pool came from Florence Bentz a mother and Youth Center Committee member, because of the death of two of her daughters, Kathy & Martha Bentz. The girls were riding their bikes down Greenback toward the river when they were hit and killed by a speeding motorist. MrsBentz also acknowledged the drowning death of Orangevale youngster Lee Lanotti just a week before her girls' accident noting that if the pool had been there, the kids may have not been where they were.

The carnival then focused on supporting the pool fund. The parade theme in 1955 helped with the theme Sink or Swim. Funds for the pool were raised this way for 7 years reaching \$9000 in 1960 when the Committee abandoned the idea in favor of an expansion of the Youth Center building. City of Folsom also struggled with the pool idea during this time without success.

The Youth Center Carnival and Parade remained the same until 1960, when the event moved to May with the parade continued on the same route. The Chamber of Commerce Merchants Committee took the reins and changed the name in 1963 to Fiesta Days for a short lived two vears with the route ended at the Grange Hall on Walnut. In these years Folsom also renamed their Pioneer Days to Fiesta Rodeo and Fair Oak had their Fiesta those years as well, goodness, must have been confusing.

So, it was in 1965 that Pow Wow Days emerged, and that is another take-you-back and feel-good story.

How did it get its new name? Don't know, but the Telegraph reported on 7/30/64 merchants from Main to Walnut held a Pow Wow to discuss growth possibilities. Coincidence, well maybe.

The OHP will meet on January 4th at 6:30 pm at the Chamber of Commerce at Greenback Lane and Hazel Ave with a presentation on "The Bridges of Orangevale". How many have we had?. See us also on Facebook, the YouTube and Instagram under Orangevale History Project

DEAR SANTA

DEAR SANTA,

I have been told to "Believe is to Receive". So, here I go... My name is Lisa and yes and I have been a good girl! I live in the most beautiful town called Orangevale. I have a wonderful family and amazing friends. My community is filled with the most compassionate and caring individuals. Orangevale has many families that have lived here for generations. We all enjoy the local traditions that make us truly unique. We are blessed with many gifts. But, this Christmas, I have a few small requests for you to consider...

Santa, as you begin your launch from the North Pole, dropping off gifts to all the girls and boys of the world, could you please make a few extra stops on the way? I would ask that you drop off some "peace and joy" to all the countries where military troops are and here on the US soil. Perhaps your actions would make it possible for them to come home and enjoy the holidays with their families.

Also, while, you are feasting on the delicious cookies, can you sprinkle a little Christmas magic on the remaining cookies and then scatter the crumbs to all the hungry tummies in the world, providing nourishment for everyone of all ages (especially the children)? While drinking your Christmas cheer, could you spill a rushing amount of water to the drought areas of the world, so that the vegetation can flourish and provide food well as



LISA MONTES -EDITOR

providing clean drinking water for everyone? Can you touch the heart of the fortunate ones to encourage them to help those that not so fortunate? Perhaps, you can guide them like you do with your sleigh to continue blessing others?

Alas, my last item...before you begin putting the reins away and tucking the reindeer in their beds for the season, can you spread more of your holiday magic to help all the animals and the organizations that work so hard in the shelters to protect our fuzzy friends. Most importantly Santa, can you continue to bless those who volunteer to serve others? Please give fill their hearts with the warmth of appreciation and give them the strength to continue their work.

Merry Christmas to All! As always, my gentle reminder... Please remember, to shop and patronize the businesses within our Orangevale community and participate in local events whenever possible.



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This time of year, many of 1. Cook lasagna noodles you may be looking for a recipe to serve to friends and family. This recipe is originally from my grandmother. She made it for me when I was in college and it was so delicious that I continue to make it when I am looking for an easy recipe that everyone will enjoy.

If you would like to share a favorite recipe or kitchen tip, please send a copy to Suzanne Feblowitz at the Orangevale View (editor@ ovview.com). Be sure to include your phone number or email with your recipe in case we need to contact you. If you wish to remain anonymous, just let us know and we will omit your name.

ZUCCHINI LASAGNA

1 yellow onion, chopped finely

- 1 clove garlic, minced 2 TBSP olive oil
- 1 lb. lean ground beef
- 1 -8 oz. can tomato sauce
- 1-6 oz. can tomato paste 34 cup water
- 1-2oz. can or jar sliced mushroom (fresh are fine. too)
- 1 tsp. Italian seasoning
- 1 tsp. salt (meat mixture)
- 1 egg, beaten
- 2 cups zucchini, grated
- 1 tsp. salt (zucchini mixture)
- 2 cups cottage cheese ¼ cup grated parmesan cheese
- 8 oz. lasagna noodles 12 oz. mozzarella cheese. sliced thinly

- according to package directions. Drain, rinse and set aside.
- 2. While noodles are cooking, sauté onion and garlic in oil. Add ground beef and cook until brown. Drain grease. Add tomato sauce, tomato paste, water, mushrooms (with their liquid), Italian seasoning and 1 tsp. salt. Simmer uncovered 15 to 20 minutes.
- 3. Combine beaten egg, zucchini, cottage cheese, parmesan cheese and 1
- 4. Preheat oven to 375 degrees.
- 5. To assemble:
- •Spread ½ meat mixture in the bottom of a 9 x 13 inch baking dish
- ·Cover with a layer of noodles (4)
- Cover this with ½ zucchini mixture
- · Cover this with another laver of noodles
- Cover with ½ of the mozzarella cheese
- •Spread the rest of the zucchini mixture
- · Cover with the remaining noodles
- •Spread the rest of the meat mixture
- •Top with the remaining mozzarella cheese.
- 6. Cover with foil and bake for 30 minutes. Then remove the foil and bake 10 more minutes.

Serve with parmesan. Makes 8 to 10 servings and great leftovers!

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We want to wish you all a Merry Christmas. Jim & Maureena

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Jack O Lantern (A820050), 5 years old, male

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Hanford (A815845), 5 years old, male

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CASA'S XC TEAM HAD AN AWESOME SEASON - GEL LEAGUE CHAMPS FOR THE 3RD YEAR IN A ROW!



Casa Roble Cross Country recently celebrated the end of their season. The team participated in 5 invitational meets, league competitions, and the CIF SJS Section Championship. They also went on a trip to Eugene, Oregon! They toured the University of Oregon and competed in the Northwest Classic. The whole team accumulated many new personal records, with several medals won as well. Coaches Andre Ayala

and Jeff Farias lead a group that not only grew stronger in skill and endurance as the season went on, but also was a close-knit, cohesive team.

The Boys Varsity team took home the GEL League Championship for the third year in a row! 5 Runners made All-League: Sergio Vivar (also League MVP), Josue Rojo, Corbin Faircloth, Mason Webb, and Amiya Farias.

The team said goodbye to seniors Josue Rojo, Teo Camacho, Braden Horner, and Diego Cruz. They will be missed and all wish them well on their future endeavors.

Looking forward to seeing where this team goes next season! Go Rams!

Below photo: {all_league photo: from left Josue Rojo, Corbin Fair-cloth, Mason Webb, Amiya Farias, Sergio Vivar}



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Lady Bugs wanted. Top \$ \$ \$ paid for several gallons.. They are moving into their mountain nests along the creeks and springs this month. Please bring them to naturalpestcontrols.net in Orangevale Ca 95662. Phone 916-726-0855 and talk to Jeff for more info.

HELP WANTED

WE'RE HIRING Full time housekeepers. Up to \$20 per hour. Including \$15 hour base, weekly bonus opportunities and tips. No experience necessary. Car and supplies provided. Call 916.989.5005 for more info.

<u>CLASSIFIED Call 899-0207 or</u> e-mail editor@ ovview.com. First 5 lines 30 -40 spaces per line. \$20.00 and \$3 for each additional or \$30 monthly

NOVEMBER HOME SALES

MERRY CHRISTMAS & HAPPY HOLIDAYS FROM FRANK CRANDALL AND TEAM Above Information is based on data obtained at MetroList Services, Inc. Frank Crandall exp Realty of California, Inc. Co-Host of The Radio

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BRM	BATH	Sq. Ft.	Closed Price
5 (6)	3 (3 0)	1902	\$335,000
4	2 (2 0)	1253	\$370,000
3	2 (2 0)	1210	\$395,000
3	2 (2 0)	1502	\$472,000
3	2 (2 0)	1456	\$487,000
3	2 (2 0)	1346	\$505,000
3	2 (2 0)	1700	\$515,000
4	3 (3 0)	1875	\$529,900
4	3 (3 0)	1875	\$563,000
4 (5)	2 (2 0)	1755	\$592,000
3	2 (2 0)	1674	\$598,000
3	2 (2 0)	1370	\$600,000
4	3 (2 1)	1970	\$610,000
4 (5)	3 (2 1)	2523	\$685,000
4 (5)	3 (3 0)	2555	\$699,000
4	2 (2 0)	2562	\$700,000
6	4 (4 0)	3020	\$918,000
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Orangevale Chamber of Commerce Business Spotlight

BEST OF ORANGEVALE

By MaryAnne Povey

Was it a good year? A great year? Somewhere in between? Well, before we start looking to the new year, let's take a moment to reflect on the highlights of 2022! What better way to do that than to recognize, nominate and vote for those you think are THE best for the 2022 Best of Orangevale Awards!

The "Best of" program was a dream project for Lisa Montes, Editor of the Orangevale View who wanted a way to showcase the great people and businesses of Orangevale. Launched in 2016, the early days had humble beginnings, including manually hand counting and validating hundreds or votes emailed or mailed into the newspaper.

With the ever-growing popularity of the annual event, something had to change and thanks to a serendipitous introduction and partnership with Voterfly software developer, Ryan Griffith, things are running much smoother these days!

"The program is so much more streamlined to use," said Lisa Montes, "It's so user friendly and the visuals are great! We have a huge demographic of voters from 18 on up, so it's a perfect fit because the platform is simple."

Ryan Griffith, whose business Voterfly, created the user-friendly software program, originally stepped in to help improve the platform for the Best of Fair Oaks. Since then, he has continued fine tuning that program for other clients like Best of Orangevale among other chambers and clients from coast to coast!

"It's constantly evolving," said Ryan, "There's always something going on to improve it and to create a balance where all three of the end users, the client, the businesses and the voters get value. That's really important to me."

Further, the client gets a userfriendly voting system, and



Ryan Griffith -Voterfly and Lisa Montes-OV View

Ryan hopes that "businesses will see value and that consumers also feel that they get more than just being asked to vote." His goal is that it inspires them to try a new restaurant or some other business that they may not have considered before.

"From a client perspective, it's not just a huge time saver, but a life saver in collecting and qualifying data," said Lisa Montes, "Every year, we've added a little something new to help qualify it more, making it more accurate, and weeding out potential for ineligible votes."

When asked what her favorite part of the Best of Orangevale was Lisa reflected, "Being in a room with all the people who make our community great, is so incredibly special. It's not just about winning; it's bringing the best all together to celebrate and just being a part of that is awe-some"

So, what are the benefits for

businesses voters? Besides the honor and glory of being the "people's choice" and having a great time at the awards banquet and getting all the recognitions that go along with that, there's more! The information, the participants, the nominees, winners and sponsors are all listed online as a "go to" directory or reference guide for FREE for consumers to use at

any time. A great benefit for all involved!

For businesses wondering if it's worth being involved, consider this, in 2021 the voting site had traffic of over 18k votes and 100k page views during the competition and more are expected this year! The potential exposure is unmeasurable!

So, get ready to nominate your favorite business, individual or service group! Information is coming out late December, with the official launch starting in January. Voting will continue throughout the month of January. This year the winners will be announced at the award ceremony on February 11, 2023! There are lots of surprises included in this year's celebration. Be sure to watch for further announcements in the Orangevale View or follow go to www.bestoforangevale.com for more information.



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GIFT GIVING WITH A CAUSE



filled with fun and good cheer as the VFW officers honored some of their outstanding members with certificates of appreciation and members of the community who have been helping to restore our old building with paint and new acoustic ceilings. Thank you to our community members who are helping us put some life back into this old building. This was a great gathering as we all start to regroup after the Covid pandemic. Christmas carols were abounded and there was no lack of ugly Christmas sweaters. A good time was had by all.

The VFW Post 6158 is home not to just the VFW and their Aux-

iliary, but also to the American Legion, Auxiliary, and Riders. To continue with the Christmas cheer and good tidings, the American Legion and Auxiliary hosted a Children's/Family party on December 11th for lowincome veteran families. We adopted 10 families that included over 40 children. Our mission was finding a family find their needs. We were able to provided them with food baskets and each child received three gifts, something they needed (jacket were the #1 request) something they wanted and something educational. As each family arrived the children were given tickets

to shop in Santa's shop where there was an array of gifts to choose from for their parent and siblings. We had activity stations where the children could decorate ornament, and cookies, make Christmas trees, make Christmas card for veterans to be delivered to local nursing homes, a hot chocolate station, where there was no shortage of cookies to be devoured. and of course, no Christmas party would be complete without a visit from Santa himself.

Everyone likes treasure, so if you are looking for a hidden treasure look no further than the VFW Post 6158. 8990 Kurtiof Way. It is hidden in Fair Oaks between the dog park, community garden and the Phoenix Field Park. This is a GREAT place to hold your own party, hall rentals are available. We also host Monday and Thursday night dinner with karaoke to follow, come check us out. VFW 916 966-1663

Article written by: Suzanne Winters Pictures taken by: Elise Spleiss and Cynthia Juarez







VOLUNTEERS RETURN TO MERCY

Volunteers Return to Mercy Hospital of Folsom

Mercy Hospital of Folsom Auxiliary, a volunteer organization, has a rich tradition of providing care and services to hospital is that volunteers have returned to the hospital in their familiar purple jackets assisting hospital staff serve patients and families' needs.

Volunteers make a positive difference in so for volunteers to work at the Front Desk and in the Gift Shop. If you are interested in becoming a member of the Mercy Hospital of Folsom Auxiliary, please submit a completed application. More information can be found



patients and visitors for over 45 years. 100% of the monies earned through the Gift Shop are directed entirely to a Scholarship Fund, benefiting local high school students, hospital volunteers and employees pursuing a career in the medical field.

Auxiliary volunteers provide a variety of services and are valued members of the hospital team; however, during the Covid 19 Pandemic, volunteers were not able to work in the hospital for over two years. The good news

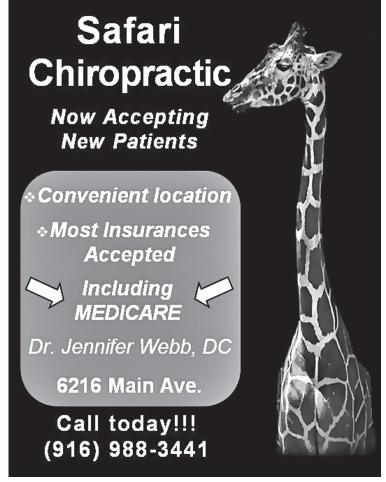
many ways - from escorting visitors to their hospital destinations to aiding staff in different departments. They stock shelves and answer phones in Intensive Care or provide friendly Front Desk assistance and help visitors choose flowers and gifts in our Gift Shop. The Auxiliary not only services the hospital, but also reaches out to our community to provide blood pressure services to seniors in local retirement communities.

Currently there is a need iliary!

at https://www.dignity-health.org/sacramento/ways-to-give/volunteer-at-mercy-hospital-of-folsom. You may also call the Auxiliary Volunteer Line at 916-983-7411 and leave a message. A member of our team will get back to you as soon as possible.

Volunteerism is a noble calling and enriches the lives of all who serve. We hope you will join our team and become a member of the Mercy Hospital of Folsom Auxiliary!



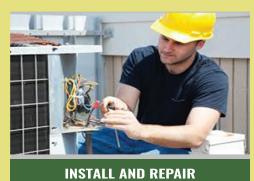


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