ISSUE 10 VOL 17 PARTY 10 VOL 17 PARTY 24, 2024 MAY 24, 2024 SERVING DRANGEVALE, CITRUS HEIGHTS, FAIR DAKS, FOLSOM AND SURROUNDING AREAS



ORANGEVALE POST OFFICE HISTORY PAGE 8



SUMMER FARM CAMP PAGE 11



CASA ROBLE VARSITY BASEBALL ADVANCES TO SECTION CHAMPIONSHIP PAGE 18

THE ORANGEVALE CHAMBER OF COMMERCE IS IGNITING THE SPIRIT OF COMMUNITY AND PATRIOTISM



The Orangevale Chamber of Commerce is igniting the spirit of community and patriotism with the upcoming Red, White, and Blue Parade! This exciting annual event is set to paint the town on June 15th down Greenback Lane. The Chamber is proud to sponsor the annual community event and is calling all businesses, sport teams, clubs and service organizations to join in the fun!

As the parade route comes alive with favorites like Ben Ali Go Carts, the Citrus Heights
Marching Band, and a host of beloved fan-favorites, it's clear that this is more than just a parade; it's a showcase of community pride.
The Chamber, now operating as an all-volunteer organization, has jumped in to support Orangevale's biggest summer event by sponsoring



not just the parade but co-hosting the Summer Savor event too.

"What better way to support our community than to give back to an event that provides fun for the whole community," said Chamber president Anthony Garcia. "We're thankful for the support given to us by our membership and look forward to giving back. This is a great opportunity for the community to come together for a fun, affordable, family friendly weekend event."

In addition to the parade, the Chamber is also playing a pivotal part in the Orangevale Summer Savor event, a unique wine tasting experience that tantalizes the palate and celebrates local commerce. With Best of Orangevale Tree Service, EasyStumps as the presenting spon-

sor, the event promises to be another fan favorite for those who love to try a variety of wines and delectable nibbles. Tickets for Summer Savor are on sale now for attendees 21 years or older. The Chamber is offering a special \$10 discount when using promo code "Chamber" to purchase Summer Savor Tickets until June 1st. Tickets can be purchase at www.ovsummerpalooza.com

The call to action is clear: be a part of the parade and let your patriotism shine! All are welcome and urged to sign up soon at the Orangevale Summer Palooza website www. ovsummerpalooza.com. And for those who prefer to watch, the parade promises a feast for the eyes, starting at Main and Greenback and finishing at Filbert and Greenback.

So, mark your calendars, rally your friends and family, and prepare to immerse yourself in a day where the community comes together in a spectacular display of fun and community celebration.

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ABOUT THE VIEW



ABOUT THE ORANGEVALE VIEW

The "Orangevale View" – the ultimate, award-winning community newspaper – serves Orangevale and surrounding areas, including Fair Oaks, Citrus Heights, and Folsom, CA. With a present estimated readership of more than 37,000, this FREE paper grows with every issue. It is delivered twice a month to at least 15,000 residents' homes and to more than 100 high traffic locations.

The views and opinions printed within are not necessarily those of Publisher Brad Tatum or the Orangevale View staff. Rather, the views and opinions expressed are those of each individual contributor. SUBMISSION POLICIES:

Submissions from you, our readers, are always welcome, for this is YOUR newspaper. We await school, church, or sports team materials, anniversaries, births, special occasions, memorials, or other items of interest. Donations

are encouraged and accepted for anniversaries, births, and other special milestones and announcements. Publication is at the discretion of the Orangevale View staff.

Requirements are simple:

- (1) Acknowledge that either you are the author or you have permission to publish from the original author;
- (2) Articles should not exceed 300 words. We like Community Calendar items of 45 words or less.
- (3) Format: Microsoft Word format with photos at least 300 dpi JPEG or PDF.

Please use this format so we do not have to send your work back to you for corrections.

(4) The View does not verify the accuracy of your submissions, and in some cases, dates and information are subject to change. (5) Please email submissions, to YOUR newspaper. The email address is editor@ovview.com. It is you, our contributors, readers and advertisers who make the Orangevale View a newspaper you want to read.

STAFF: Brad Tatum -Publisher/Advertising Lisa Montes -Editor

VOLUNTEER CONTRIBUTORS Suzanne Feblowitz MaryAnne Povey Community of Orangevale



Orangevale History Project - Wed, June 5th, 6:30pm meeting - "The Original Community Clubhouse" presented by Mark Aring. Our June & July meetings will be at Pathway Fellowship Church (former Calder Mansion), 8999 Greenback Lane, OV.

Food Bank Farm Summer Camp June 12 – 14, 2024 8 AM – 11 AM each day Food Bank Farm, 6401 Main Avenue, Orangevale, CA 95662 Event Space is limited to 30 campers per week, so register today at https://www.foodbank.farm/farm-camp.

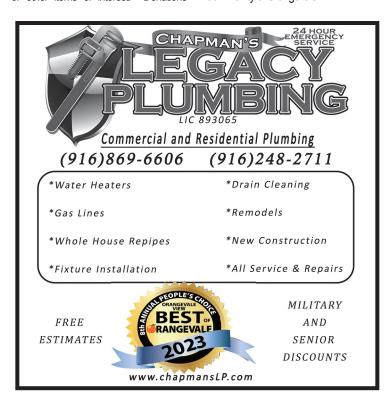
June 22 from 10 a.m. to 4 p.m.The Friends of the Orangevale Library are having their book sale on Saturday, June 22, 2024, from 10:00 to 4:00 p.m. The sale will take place at the Orangevale Library, in the Jane Wise Community Room. The library is located at 8820 Greenback Lane, Ste L in Orangevale. Please bring a bag as our stock is limited!

JUNE 2024

MAY 29• Public Deadline
JUNE 7• PUBLICATION
OUT TO PUBLIC
JUNE 19• Public Deadline
JUNE 28 • PUBLICATION
OUT TO PUBLIC

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ANNOUNCEMENTS



Geraldine (Jerri) Farmer Born in Sacramento CA Oct 25, 1941- Feb 02, 2024

Father: John Prittchett Mother Rhea Lindstrom; Sisters:

Jackie Larson, Carrol Bruce, and Shirley Thomas, Children; Darrell Farmer, Franc Alosi, Rhonda Florence, John Farmer, Grand Children: Aaron Swingle, Ryan Swingle, Gabriel Swingle, Gianluigi W Farmer, Sandy Farmer, Mikell Nichols

Graduated Roseville High School. Retired U.S. Bankruptcy Court. Published Poet, and caregiver for the elderly

She always took time to listen, giving an encouraging word, always giving of herself, offering prayers and a hug for anyone in need. She was a spiritual mother to many women, reaching into lives and loving unconditionally everyone who came into her life.

Memorial Service is going to be held on May 25th, 2024 10 am . New Life Community Church 8101 Sunset Blvd., Fair Oaks, CA 95628

Written by Jerri Farmer 6/22/07

To My Lord
Oh! Holy One of Israel
My God, my King, my Lord
I'm finally in Your presence
As You promised in Your Word. ©

I knew it would be wondrous
To see You face to face
And such a joy, I always knew
The world could not replace.

You gave me tastes of heaven
As before You, I have knelt
Your Word, with all it's promise
Your presence that I felt.

But even then I did not know
The pure and holy bliss
That You had waiting for me
And would not let me miss –

I'm here for all eternity
Just as Your Word foretold
Your promises, they all are here
I see them all unfold

I now know why my heart longed For something yet unknown Your voice was always calling To draw me near to home

And now I'm here before You O gracious Lord and King To only thank You, Father I don't need one single thing, ©

FAIRVALE BAPTIST CHURCH UPLIFTS SPIR-ITS WITH RENEWED MUSIC PROGRAM AND WELCOMING ATMOSPHERE

Fairvale Baptist Church at 8660 Madison Avenue in Fair Oaks is brimming with renewed spirit! Their Sunday Service is upgrading their music program, led by the experienced keyboard player Steve Hilton, and the acclaimed soloist Anna Sputnitskaya. This program promises a renewed and uplifting experience for all attendees. And this renewal goes beyond just music. Fairvale Baptist Church is cultivating a welcoming atmosphere where all ages can feel the love of Christ. Pastor Randy's sermons are known for their passion and inspiration, and the church is committed to providing a space where everyone feels valued, seen, and heard, as it incorporates new programs.

"Join us in the spirit of renewal and experience the uplifting joy of Sunday service (10:45am). All are welcome to discover the love and connection that awaits."

Fairvale Baptist Church



Dear Editor,

I am terribly disillusioned at the neglect of our prime OV properties by 7/11 as well as Duncan Donuts. Daily, I drive by Duncan Donuts, on the corner of Greenback and Madison intersection. Since Duncan Donuts has moved in to that property, they have removed, at least, three beautiful evergreen trees on the corner. The trees , from the neighbors vantage point, were healthy, beautiful trees. Of course, with their removal, we now have a very clear view of Duncan Donuts.... Was that their intention?? Of course, we'll never get an honest answer. What we now see is a corner that is severely neglected. The weeds and trash continue to gather. Thank you Duncan Donuts for your neglecting our

neighborhood!

The second eyesore is at the corner of Main and Greenback. Thanks to the neglect of 7/11, we now have a corner of weeds.

As a OV homeowner, I struggle to keep my property clean and provide the best possible curb appeal I can for myself and my neighbors. I am disheartened that so many homeowners are neglecting their properties. I can't do much about this. But, what I can do is express my frustrations against the big corporations. I can only hope that individual homeowners will someday take more pride in their properties.

Respectfully Submitted, Mary Jo Tommasi

EDITORIAL COMMENTARY

Dear Editor,

A proposal was heard on 5/7 at the OV CPAC for a private 2-story school for 600 students, dorms, staff housing, and various amenities on 24 acres zoned for 2 acres lots on Hazel by Cherry. There are only 1380 acres left north of Oak on which to enjoy our AR-2 country lifestyle, engage in general agriculture activities, and be an oasis for our dwindling wildlife.

The presenter said this would be a positive thing for the community and would put OV on the map. A quick research of prep school costs shows tuition around \$12,000 to \$25,000 per year. Would many community residents be sending their kids to this school? Most of the supporters live in Roseville, Folsom, and Rancho Cordova and this location on Hazel Avenue is ideal for their commutes to drive their kids. There could

be 1000s of car trips through Orangevale, making our narrow rural roads dangerous for walkers, bicyclists and horse riders. For additional project documentation:

https://planningdocuments.saccounty.net/ViewProjectDetails.aspx?ControlNum=PL NP2024-00013

Please email dana-anderson@ outlook.com to help Preserve Orangevale's Country Life:

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Buggy Biological Software (c) by Mark Dempsey

Those familiar with computer soft-ware also know that it's almost inevitable that it has some bugs. For example, unless a programmer catches it, some process can divide by zero--producing an undefined result and halting the program. Another condition called a "memory leak" occurs when a program consumes more and more memory without limit and crashes the computer.

These bugs produce undesired results. Perhaps less obviously, living beings also have a kind of "software." For example, when you stand up, your heart automatically starts beating harder, raising your blood pressure--otherwise, you'd faint. Most people know how it feels to get up too fast for that particular bit of biological programming to prevent feeling dizzy.

One variety of biological bugs is called "Supernormal Stimuli." These exist even in animals. For example, a peahen is attracted to larger peacock tails. Some zoologists wondered whether there was a limit to that attraction and built peacock models larger than any real bird could be. The peahens preferred them.

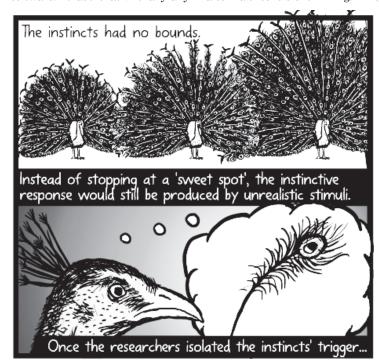
Stuart McMillan has a wonderful cartoon collection of such Supernormal Stimuli

Deirdre Barret has also written a book about this: Supernormal Stimuli: How Primal Urges Overran Their Evolutionary Purpose in which she examines how such unlimited appetites distort healthy behavior.

McMillan points out things like the "seven deadly sins" (pride, wrath,

greed, envy, gluttony, sloth, lust) are probably examples of this buggy software. I'd add that virtually any

in action. Like the buggy computer software, the Supernormal Stimuli also halt sensible thinking. They





obsessive thought can enter the Supernormal realm, even when they are "noble" ideas like justice, indignation, safety, payback, or even truth. Yes, even truth told without taking present circumstances into account can be damaging.

One can expect virtually any train of thought that takes no account of present reality is buggy software may indeed be the reason common sense is so uncommon.

So...the next time you're obsessed with righteous indignation or any of the other obsessions to which flesh is heir, file a trouble ticket with yourself. It's what good software developers do.

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• Flash Gordon (A853905), 9 years old. "I'm a spunky, adventurous and love making canine friends!"



• Rocky (A858188), 2 years old. "I'm 63 lbs. of fluff, like exploring, and have the best smile!"



Bagel (A854375), 4 years old. "I'm handsome, mellow, and already know commands like sit and down!"



 Kiyojin (A855526), 1 year old. "I'm energetic, love being outdoors and would enjoy an active family!"



• Ernest (A858256), 1 year old. "I'm sweet, friendly and a shelter favorite!"









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Bradshaw Animal Shelter is full of adorable dogs waiting to become your new best friend! All adoptions include spay/neuter surgery, upto-date vaccinations, microchipping, and a 1 year license for Sacramento County residents. Visit BradshawShelter.net to see all available dogs and see who you fall in love with or visit the shelter at 3839 Bradshaw Rd.!



ORANGEVALE POST OF-FICE HISTORY (1955 -PRESENT) Continued from precious published article.

By Peggy Ginther

From rural route to box delivery, Mr. Johnston carried the mail to Orangevale residents for 30 years. When his route started in 1930 there were only 150 boxes, by 1954 there were 780 and that number was increasing. During his 30 years, he won the National Safety Council Safe Driver Award for years of accident-free driving for the U.S. Postal Department and was only away from work 10 days during that time. He retired in the Spring of 1955.

Between 1955 and 1957, the boundaries for Orangevale-Fair Oaks were proposed for change, approved, reversed and reset so many times that affected residents were having to change their mailing address every few months.

September 1958 showed a sign of the growing Orangevale Post Office when Postmaster Martha Bost submitted a bid calling for three contract motor vehicles to be used in delivering the mail when city-type service was due to be inaugurated.

February 1960, based on 1959 receipts, the Orangevale Post Office achieved First Class status and bids were sought for the construction of a building to accommodate the growing needs of the community. Vernon A. Cable and Donna J. Cuneo, brother, and sister, of Orangevale, were the successful bidders to put up the building and lease it to the government. At a cost of approximately \$210,000, the building would be on Hazel

Avenue, north of Greenback Lane, on the same tract which held the present post office.

In September 1958 there were only 3 rural routes, 3 carriers with postal receipts of some \$30,000 annually and in July 1959 those numbers grew to 5 city delivery routes with 5 carriers and postal receipts fully doubled to \$60,000. At the end of June 1961 there were 11 routes with 11 carriers and postal receipts more than \$90,000

Groundbreaking for the new post office started in February 1961. Supervisor Ancil Hoffman was given the honor of wielding the first shovel full of soil. The dedication of the new Orangevale Post Office was expected for June 1st. While waiting for the building to be completed for move in, 5 new mail delivery trucks arrived to handle the increasing business

Requests for first day covers at 15c each or self-addressed envelopes for dedication cancellation stamp were received from philatelists from all parts of the United States. First-day covers were imprinted with cancellations commemorating the dedication of the new building.

October 14, 1961 – A double dedication ceremony for the new Orangevale Post Office and Orangevale Branch Library takes place at Greenback Lane and Hazel Avenue, located in the group of buildings becoming known as Cable Center. With pleasure, Martha Bost who was largely responsible for the creation of a separate Orangevale Post Office was the first to enter the new post office building.

By 1978, the Orangevale Post Office was serving 7,667 postal "stops" plus 700 post office boxes. Postage was now .15c for the first ounce of letters and packages with an additional .13c for each additional ounce and the postcard rate was .10c.

Since Martha Bost's appointment to Postmaster in 1951, Orangevale has had 24 different Postmasters with Mark S. Campbell serving as our current Postmaster. He oversees approximately 40 employees. Current postal rates are .68c for letters and .53c for a postcard. First class stamps will be increased to 73c on July 14, 2024 so you may want to stock up on forever stamps.Some significant dates in postal history (obtained from the Postal History website):

1775 — Benjamin Franklin appointed first Postmaster General by the Continental Congress

1847 - U.S. postage stamps issued

1860 - Pony Express began. While it only operated for a short 18 months, it ran continuous horse and relay-riders between St. Joseph, Missouri and Sacramento

1873-U.S. postal cards issued

1918 – Scheduled airmail service begins

1963 – ZIP Code inaugurated 1974 – Self-adhesive stamps tested and then introduced nationwide in 1992

1993 - National Postal Museum opened

2007 - "Forever" stamp issued

2014 - Informed Delivery tested and made available nationwide in 2017

Our post office staff and mail carriers are dedicated to providing our community with a service that has an incredible history. So, whether you are visiting the post office for service or just happen to see your mail carrier at your box, don't forget to thank them for their service.

Orangevale History Project meets the first Wednesday of each month at 6:30 pm in June and will meet at Pathway Fellowship Church at 8999 Greenback Ln. (change location) with presentation on the original Community Clubhouse at Greenback and Hazel Ave.

WITHOUT MORE TRANSPARENCY, WE WON'T SEE REAL ACCOUNT-ABILITY ON HOME-LESSNESS By Assemblyman Josh Hoover

Homelessness continues to be a main topic of discussion at each one of my community meetings. Our residents are rightfully concerned that California's current approach to solving this crisis is falling woefully short. The numbers demonstrate that very clearly.

Today California is home to nearly half of the nation's unsheltered homeless. Since 2018 our state has spent nearly \$24 billion taxpayer dollars to solve its homelessness crisis, only to see its unhoused population rise by 32% during that same period of time. In Sacramento County alone, the homeless population has grown by 67% since 2019 and recently passed San Francisco.

That's why one of the first actions I took as a newly elected member of the Assembly in 2023 was to request an audit of our state's homelessness spending. I was thankful to be joined by a bipartisan coalition of legislators including Senator Dave Cortese (D-San Jose), Senator Roger Niello (R-Fair Oaks), and Assemblymember Evan Low (D-Silicon Valley).

The premise was simple enough: if the billions we are spending to solve this crisis aren't getting the desired results, what are we doing wrong and how can our investments be put to better use?

The results, however, were more troubling than I expected. Not only could the dollars be put to better use, in most cases we do not even have the necessary information to properly assess program effectiveness.

The State Auditor's two-part report, which focused on 5 state level programs and 2 local governments, highlighted a number of eye opening findings:

- •Despite billions in spending, the homeless population in California has increased by 53% in the last 10 years
- •The state has failed to systemically track homelessness spend-

ing and is not adequately positioned to collect data and assess outcomes

- •Only two of the five state programs audited could provide enough information to assess their cost effectiveness
- •Neither San Jose or San Diego centrally tracks and reports its spending and outcomes
- •Neither city has properly evaluated the effectiveness of its homelessness programs
- •Both cities have sent millions in funding to outside service providers, but have not assessed whether these service providers are actually getting results

One solution the Auditor proposed is for the Legislature to mandate new reporting requirements telling state agencies to measure the costs and outcomes of state-funded homelessness programs. That seems like something that should have been happening all along to make sure policymakers have the ability to regularly assess program efficacy.

I introduced Assembly Bill 2093 to implement this change and I am happy to report that it passed the Assembly Housing Committee with unanimous bipartisan support.

Before we spend another dollar on homelessness, we need assurances that the dollars are being tracked. The inability to measure outcomes and performance will inevitably lead to wasted resources and broken promises.

Our communities deserve better. At a recent oversight hearing on homelessness, our lead agencies in California admitted that they have no idea where the money has gone or how many people it has helped. This is a complete failure of leadership and it's time for the Legislature to demand more accountability.

Assemblyman Josh Hoover is a member of the Joint Legislative Audit Committee and represents the 7th Assembly District in Sacramento County, which includes the cities of Citrus Heights, Folsom, and Rancho Cordova and the unincorporated communities of Carmichael, Fair Oaks, Foothill Farms, Gold River, Mather, McClellan Park, North Highlands, Orangevale, and Rosemont. You can contact his office at Assemblymember. Hoover@assembly.ca.gov.



For your Memorial Day weekend gathering you may be tempted to pick out a salad at the deli case of the grocery store. It is tempting and it is quick, but it can be expensive. Instead, you can whip up a broccoli salad for a fraction of the cost of the deli version. You also get a fresher and better salad. I am sharing my recipe for broccoli salad that I received a long time ago from my neighbor.

If you would like to share a favorite quick and easy recipe, please send a copy to Suzanne Feblowitz at the Orangevale View (editor@ovview.com). Be sure to include your phone number or email with your recipe in case we need to contact you. If you wish to remain anonymous, just let us know and we will omit your name.

BROCCOLI SALAD 2 large heads of broccoli crowns

1 cup sunflower seeds ½ cup raisins 8-10 strips cooked bacon, crumbled ½ red onion, chopped

DRESSING:

1 cup mayonnaise 2 TBSP red wine vinegar ¼ cup granulated sugar 1 dash Tabasco Sauce, optional Mix ingredients for dressing together and set aside. Wash broccoli, trim cut ends and then pull apart crowns into bite-sized pieces, like mini trees. Place broccoli in a large bowl and then add other ingredients. Toss with dressing and serve.

I have another recipe for broccoli salad that uses Spanish peanuts instead of the sunflower seeds, green onions instead of red and the addition of chopped celery and sliced water chestnuts. The combinations are endless! Enjoy.

MARK YOUR CALENDARS! IT'S TIME FOR THE BOOK SALE AT THE ORANGEVALE LIBRARY!

June 22 from 10 a.m. to 4 p.m.

The Friends of the Orangevale Library are having their book sale on Satur-

day. June 22, 2024, from

10:00 to 4:00 p.m.

The sale will take place at the Orangevale Library, in the Jane Wise Community Room. The library is located at 8820 Greenback Lane, Ste L in Orangevale. Please

bring a bag as our stock is limited!

Hardback and paperback books will be available for purchase, as well as books on tape, CDs and DVD s. There will also be puzzles for all ages and abilities. Most items are priced from 50 cents to \$5. Some items will be priced as marked.

All proceeds from the sale benefit the Orangevale Public Library. Funds raised help support programs and services such as Read to a Dog, Lucky Day books, art journaling, and more.

The Friends are always looking for volunteers and would especially appreciate help with this event! Please contact us at friendsovl@gmail.com and we will follow up. There will also be information about becoming a Friend at the book sale.

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1st place-choice of bike, 2nd placethe other bike, and 3rd place-\$500.00 cash

Drawing to be held on Memorial Day 2024

Readings of four more poems (printed in OV View) were recorded; they can now be listened to.

Three are Smiling Cheese, Graduation, and Mothers.

The fourth poem is Question (for anyone who wonders).

For those who may be curious to know how they sound: https://zfthrimej.wordpress.com has links to where they're found... -Z.F. Thrimej



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This Memorial Day we would like to Remember & Honor those who gave the ultimate sacrifice for our Freedom.

Big Congratulations to all the Graduates! Tou have worked hard and have the world at your feet! Be the Change you want to see.

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SUMMER FARM CAMP REGISTRATION OPEN FOR LOCAL YOUTH

Summer Farm Camp Registration Open for Local Youth

Summer is approaching, and it's almost time for Farm Camp at the Orangevale-Fair Oaks Food Bank Farm!

Three farm camps are available from June 12-14, July 17-19, and August 7-9. Each three-day session runs from 8 AM to 11 AM. Registration is now open to students entering 1st to 5th grade in the 2024/2025 school year.

This unique program offers local children a hands-on exploration of food systems, agriculture, and community involvement. Through interactive and engaging learning activities, children emerge with a newfound understanding of their role in shaping a sustainable and compassionate future.

Farm Camp volunteer and Future Farmers of America member Aliyah Wong describes the camp as a chance to teach participants about farming in an



immersive environment while fostering a connection to agriculture and food. She points out that food systems are not necessarily something people think of when it comes to local agricul-

Aliyah has volunteered at Farm Camp for several years, something she takes pride in. "I am very big on community service, and I like teaching people more about ag-things they didn't necessarily know before. I think it's important to know where your food comes from," she said.

Aliyah particularly likes how Farm Camp integrates community values into the camp activities. Camp participants take a Food Bank tour and learn how the farm and Food Bank work together to help the community. The Food Bank Farm provides fresh produce to all residents in need, and the farm grew over 300 pounds of fresh produce in the last month alone.

Each week at Farm Camp has a different theme so children can participate in all three, but the activities and primary curriculum are similar. The camp is set up so children rotate activities and delve into various topics, such as seed germination, pollination, insect lifecycles, composting, garden care, and food preservation.

Farm Camp guarantees an adventurous and enriching summer experience for kids. It's a chance for them to explore exciting topics, get their hands dirty, and develop a deeper appreciation for the crucial role of agriculture in nourishing our communities.

Sign up for the fun! Register for one week or all three at https://www.foodbank.farm/farm-camp. Space is limited to 30 campers per session, so don't miss out!

###

Article Credit: Orangevale-Fair Oaks Food Bank Farm

ORANGEVALE YOUTH SOCCER CLUB

ONLINE REGISTRATION:

Online registration for the Fall 2024 OYSC soccer season is now open for On-line Registration

Registration Dates:

April 1-June 30, 2024

Registration link:

https://system.gotsport.com/programs/ N95768318?reg_role=player



REGISTRATION FEES:

U-6 & U-8 → \$100 per player

U10 through U-19 \rightarrow \$115 per player

\$20 charge will be deducted from registration fees for refunds requested before *August 1*st

NO REFUNDS WILL BE ISSUED AFTER August 1st

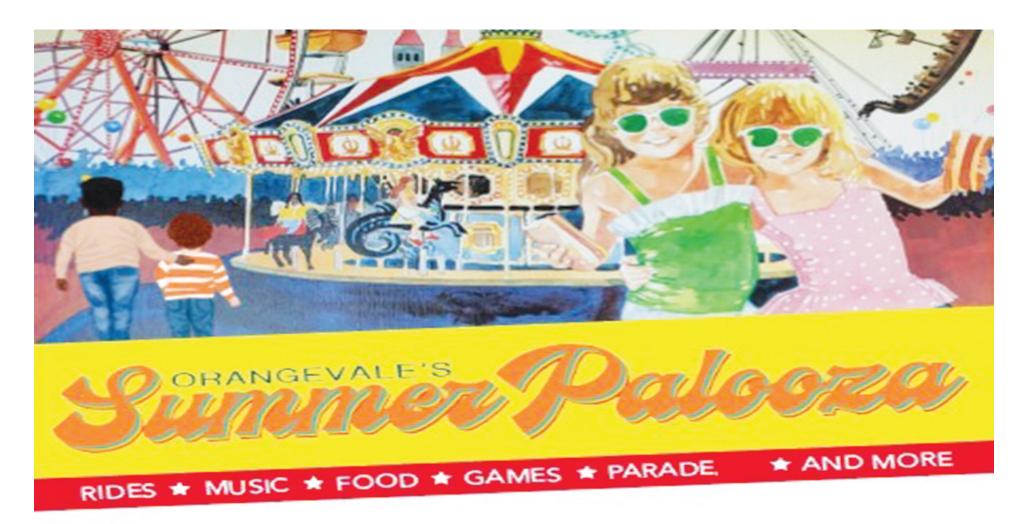
ALL PLAYERS

- •One (1) digital copy (i.e., scanned) of State-Certified Certificate of Live Birth (hospital or baptismal certificates are not legal documents and cannot be accepted. California Youth Soccer Association regulations require Certificate of Live Birth for registration).
- •One (1) digital photo of the player that shows only the head/face without sunglasses or hats.
- •A credit or debit card to pay registration fees.

Uniform Costs: \$45 (tax included) purchased at Soccer Pro, 11726 Fair Oaks Blvd., Fair Oaks.

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ORANGEVALE SUMMER PALOOZA SUNDAY ENTERTAINMENT BRING BACK OLD SCHOOL

Orangevale Summer Palooza Sunday's Entertainment heats up with Maya Latin Roots

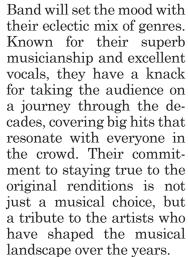
The Orangevale Summer Palooza is back, and it's bringing the heat with a lineup that promises to get the whole town dancing! As the sun sets on a warm Sunday evening, the stage lights up with the vibrant energy of Maya Latin Roots at 6pm (June 16), a band that has mastered the art of blending Spanish and English hits into a seamless musical experience.

Since their inception in 2020, Maya Latin Roots has been captivating audiences with their dynamic performances, paying tribute to the legends of Latin music while also bringing a fresh twist to the classics. Their ability to connect with the crowd, regardless of age or background, is a testament to their versatility and pas-



sion for the music they play.

But before Maya takes the stage, the Sunset River



As the evening progresses, the energy only intensifies. Maya Latin Roots takes over, and the air fills with the rhythms of salsa, cumbia, and merengue. The band's homage to iconic movie soundtracks and legendary artists like Santana, Mark Anthony, and Gloria Estefan creates a nostalgic yet refreshing atmosphere that's hard to resist. It's not just a concert; it's a celebration of culture, history, and the power of music to bring people together.





The Orangevale Summer Palooza is more than just an event; it's a highlight of the community calendar, a place where memories are made and the spirit of summer is alive and well. So, grab your dancing shoes, gather your friends and family, and head down to

the Palooza. With the Sunset River Band warming up the stage and Maya Latin Roots bringing the fiesta, this Sunday is set to be an unforgettable explosion of music and joy. For a full schedule of entertainment visit website www.ovsummerpalooza.com



BEN ALI SHRINE BAND TO PRESENT FREE CONCERT AT VETERANS COM-MUNITY CENTER IN CITRUS HEIGHTS

The Ben Ali Shrine Band will perform a free, one-hour, open to the public concert at noon Monday, May 27, at the Veterans Community Center, 6921 Sylvan Road, in Citrus Heights.

Under the baton of Director Jerry Lopes, the band will play a variety of patriotic and popular favorites in observance of Memorial Day.

Donation envelopes in support of the extraordinary work done by doctors and staff of the Shriners Hospitals for Children -- Northern California, 2425 Stockton Blvd. in Sacramento, will be available on-site. Donations are strictly voluntary.

Ben Ali's history dates back to 1922, highlighted by positive community outreach and support of the Shriners Hospitals for Children. The Ben Ali Shrine Temple is located at 3262 Marysville Blvd., in Sacramento.

Shriners Hospitals for Children -- Northern California treats children with complex medical conditions, providing care to families throughout Northern California, the western United States and portions of Mexico and Canada. The free care provided by the local hospital -- and Shriners hospitals throughout the United States -- promotes healing that otherwise would represent an enormous economic burden to affected families.

Acquired in 2013 by founders Jim and Jeanne Rounsavell, the Veterans Community Center has become a community gathering place for veterans of all branches of the U.S. military. The building offers "a place for all vets, past and present, to come and gather among their peers ... and relive their various experiences during military life and just life in general."

FRIENDS OF THE ORANGEVALE LIBRARY BOOK SALE Saturday, June 22, 2024 10:00 am - 4:00 pm Come early for the best selection and BYOB (bring your own bag)! Orangevale Branch of the Sacramento Public Library Jane Wise Community Room 8820 Greenback Lane, Suite L, Orangevale Varied selection: bestsellers, mysteries, cooking and crafts, history,

self-improvement, parenting, humor, children's books,

DVD's, puzzles and CD's too!

All proceeds benefit the Orangevale Library

GIRL SCOUTS COURT OF AWARDS



Girl Scouts Court of Awards

By Meg Cho Ervin Girl Scouts Winding Way Service Unit 141, Operations Lead

On May 18, 2024, Girl Scouts Winding Way Service Unit 141 held our Court of Awards at the Orangevale Community Park. Our girl scouts who received their highest awards and their mentors were celebrated for their accomplishments.

Community service is important in girl scouting. Our girl scouts obtained their highest awards for originating projects to assist their communities. The highest awards have educational components that help these projects endure beyond the girl's collaboration.

The Bronze Award is the highest award that a Girl Scout Junior in elementary school can receive. For their Bronze Awards, Makena B., Serena N., Brooke R., and Eleanor V. (Troop 3159) worked with the Sacramento SPCA to create and distribute pamphlets educating the public about pet overpopulation, local resources to spray and neuter pets, and making DIY dog toys. They provided this information at a booth at the Fair Oaks Tree Lighting event.

The Silver Award is the highest award that a Girl Scout Cadette in middle school can achieve. For their Silver Awards, three girls (Troop 243) each led a team in working with the Orangevale-Fair Oaks Food Bank. Mary Jo S. built garden boxes with pollina-

tor plants and shared the importance of pollinators. Caitlin A. cleared weeds and installed a kindness rock garden. Rheanna N. painted a mural and tiles for a fence. They had attendees paint rocks and tiles for these beautification projects at the Silver Project Reveal Party.

The Gold Award is the highest award in Girl Scouting. For her Gold Award, Emily E. (Troop 198) worked with Bellicose Family Safety Solutions to create presentations, pamphlets, and a YouTube video to educate families on reducing accidental shootings among children. Emily E. led a community seminar.

We are grateful to our outstanding volunteers who helped our girl scouts succeed.

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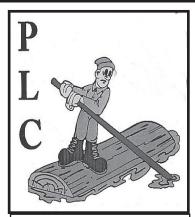
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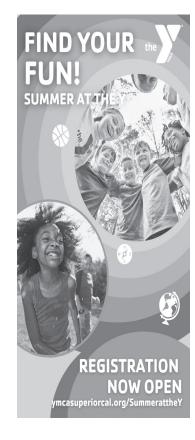
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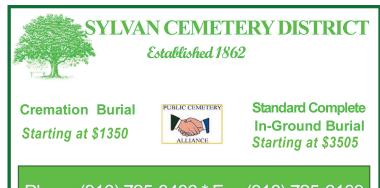




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CASA ROBLE VARSITY BASEBALL ADVANCES TO SECTION CHAMPIONSHIP! By MaryAnne Povey

The Casa Roble Rams' Varsity Baseball team capped off their season with an exciting finale, securing a spot in the Section Championship after defeating Placer High School in a thrilling showdown with a final score 6-3 at Casa.

Throughout the season, the Rams played strong, with junior Connor Campbell leading the charge with an impressive .441 batting average, ranking 5th in the Golden Empire League (GEL). Seniors Carter Gustafson and Connor Anderson made significant contributions, with Gustafson leading the team with 25 RBIs and Anderson tallying 29 runs, both ranking 2nd in the GEL.

The Rams' power hitters, including Ian Peatross, Jacob Schreiber, and Carter Gustafson, each launched criti-

Photo credit Heidi Lettau

cal home runs, propelling the team to success. On the mound, the pitching trio of Senior Chase Weldon, Senior Jacob Schreiber, and Sophomore Brayden Saucedo delivered clutch performances, solidifying the team's dominance.

The journey to the Section Championship marked their first appearance since 2003 when Assistant Coach Mick Cederloff, who was a former player on the championshipwinning team, provided invaluable guidance and support.

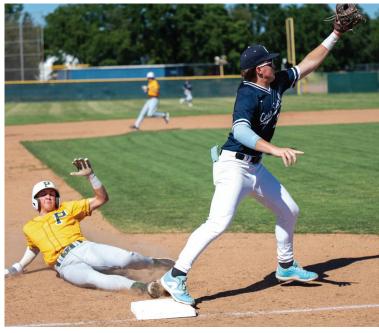
"After losing the Pioneer series, I told the team that the only redemption would be a Section title," Head Coach Tupper remarked,"This season has been four years in the making, and making it to the Section final is a tremendous honor. But our mission remains to bring home the blue banner."

"There couldn't be a more fitting tribute to this exceptional senior class," Tupper added.

The Rams will face off with Twelve Bridges High School on May 22, 2024 at Sac City College.

Special thanks to the team business sponsors Taco Bell, Burton Glass and to Total Landscape Concepts for their invaluable support.

Stay tuned for the final update. Go Rams





Left to right: Skye Stephens, Payton Bruce, Ella Khaykin

The Orangevale Woman's Club (OVWC) has been giving back to our local community in various ways since 1913. Recently at our May meeting OVWC awarded three \$2,000 scholarships to very deserving high school students. The recipients include:

- 1) Emily (Skye) Stephens, a Senior at Casa Roble High, who has volunteered much time with the farm gardens at the Orangevale Food Bank and the Orangevale Grange. Skye has helped multiple FFA events, farm clean-ups and Casa Roble Farm Fest. Extra-curricular activities included being involved with the French Club, Market Goat, Project Pronouns, Greenhouse Projects, BSA (Black Student Union), Future Farmers of America, and Club Jayne. Skye has been accepted to Humboldt State University, and plans to major in Education and Human Development with the goal of becoming a Teacher.
- 2) Payton Bruce, a Senior at Casa Roble High, has played on the Varsity Softball and Tennis teams, and been Senior Class Secretary. She has worked in an externship with SCORE (Casa's Medical Assistant program) at a veterinary hos-

pital. She has a love of history and believes you must know and appreciate your past to build a better future. Payton has been accepted to Point Loma Nazarene University, and will be seeking a degree in Political Science and Business Administration to pursue a career in government.

3) Ella Khaykin, a Senior at Bella Vista High, learned her 4th language – French – in high school. Speaking Russian, Ella helped many new Russian and Ukrainian students with translation and socialization. Growing up around her mother's employment, a prosthodontic office, she is fascinated with anything dental related and has worked as a Dental Assistant. Ella has been accepted to the University of San Francisco to study either Pre-Dentistry or Public Health, with a goal to be an Orthodontist.

We wish these students much success with their careers!

For more about OVWC, please visit our website at: www.orangevale-womansclub.org.

--Submitted by Mary Witcraft

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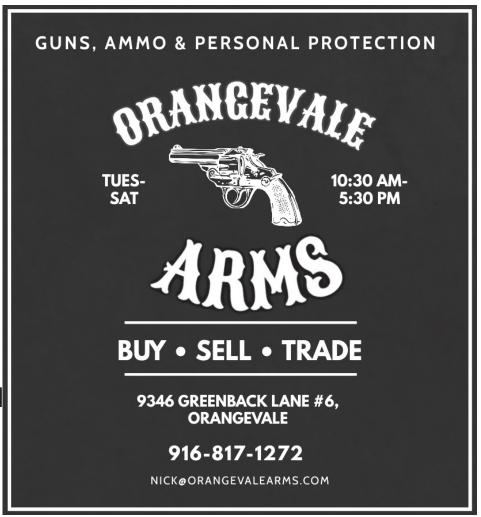
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MAY IS VETERANS POPPY MONTH

For the American Legion Auxiliary, May is known as Veterans Poppy month, with this year's National Poppy Day falling on May 24, 2024.

Poppy Day is celebrated in countries around the world. The American Legion Family brought National Poppy Day to the United States by asking Congress to designate the Friday before Memorial Day, as National Poppy Day. *

The red poppy is a nationally recognized symbol of sacrifice worn by Americans since World War 1 to honor those who served and died for our country in all wars. It reminds Americans of the sacrifice made by our veterans while protecting our freedoms. *

During WW1, the poppy flourished on the battlefields of Flander's Field among the shelled buildings and bomb-scarred landscape. Like the blood that was shed there, its brilliant red bloom became a sign of hope and renewal. For those who would never leave, those who had given their lives, it is a perpetual memorial to their bravery. *

American Legion Auxiliary (ALA), Fair Oaks, CA, Unit 383, thank our veterans for their valor and sacrifices by distributing red poppies to wear as a symbol to honor the fallen and to support our nation's men and women in uniform who protect us.

Our veterans shed blood and tears protecting our democracy. They suffer wounds visible and invisible, and their families suffer along with them.

We thank our veterans for their sacrifices, patriotism, and love of country.

American Legion Auxiliary booths have been set up all month in front of participating local businesses across our community for the distribution of red poppies.

These poppies are handmade by veterans who live in residential housing and receive a small stipend for each poppy made. The poppies are given out free to the public, but donations are accepted devoted to helping our veterans.

The ALA will have a booth distributing poppies at the Fair Oak Cemetery District 26th Annual Memorial Day Ceremony on Saturday, May 25, 2024, at 10:00AM. This year's theme is "Women in a Time of War from the American Revolution to WWII."

To this day, the red poppy is a perpetual memorial to the sacrifices made by our fallen veterans for our freedom. We must never forget those who have given their all.

The blood and tears shed by our fallen heroes is symbolized in the red poppies immortalized in the poem, by Lt. Col. John McCrae, Canadian Army WW1.

IN FLANDERS FIELDS

In Flanders Fields the poppies blow

Between the crosses row on row,

That mark our place: and in the sky The larks, still bravely sing-

ing, fly Scarce heard amid the

guns below. We are the Dead. Short

days ago
We lived, felt dawn, saw
sunset glow,

Loved and were loved, and now we lie

In Flanders fields.

Take up our quarrel with the foe:

To you from failing hands we throw

The torch; be yours to hold it high.

If ye break faith with us who die

We shall not sleep, though
Poppies grow
In Flanders Fields.
By Lt. Col John McCrae

* Source: American Legion Auxiliary National Headquarters

Article written by: Sheila LaPolla, Member ALA, Unit 383, Fair Oaks, CA

A GRASSROOTS MOVEMENT BORN FROM NEIGHBORLY ACTS

Helping Hands OV: A Grassroots Movement Born from Neighborly Acts

In the hustle and bustle of modern life, it's easy to overlook the struggles of our neighbors. But for me, Sydnie Anderson, back in 2019, a simple act of kindness ignited Helping Hands OV- Orangevale-Fair Oaks, a movement that continues to transform lives today.

Juggling a demanding job, raising my son, and keeping up with household chores, as an at the time, single mom, I found myself on the brink of exhaustion. Mowing the lawn seemed like an untouchable task among my endless list of responsibilities. That's when my neighbor stepped in, self-lessly mowing my overgrown grass, providing much-needed relief.

Inspired by this act of kindness, I began wondering ways I could support my community. Turning to social media to ask what our community needed, I received suggestions such as "an Applebees" and "a water park", which made me chuckle as I could not take on anymore. But one humble request changed it all "I wish my neighbors would just check on me," thus the idea for Helping



Hands OV was born.
Rallying support from friends, Helping Hands OV initially focused on small tasks like fixing fence posts. However, when COVID struck, we quickly shifted gears, transitioning to food deliveries for those unable to leave their homes, and Helping Hands OV became a lifeline for many.

Our initiatives continued to expand, beginning programs like Valentines for Seniors, Easter Baskets for Kids in Need, and Bow Wow Days. Through these community-driven programs, Helping Hands OV stays true to its core mission: to assist low-income, elderly, and disabled individuals with tasks they cannot afford or accomplish

themselves. Whether it's mowing lawns for struggling single parents, changing lightbulbs for the elderly, or providing light cleaning for those recovering from surgery, Helping Hands OV helps those in need.

We hope to make our message clear: it's okay to ask for help, and community support can make a significant impact on individual lives. We invite volunteers, offering an opportunity to make a difference by lending a helping hand within your own neighborhood.

As Helping Hands OV - Orangevale-Fair Oaks continues to grow and serve its community, it stands as a testament to the power of compassion, empathy, and the collective effort to create positive change. Through small acts of kindness, a ripple effect of support and solidarity has been ignited, fostering a stronger, more resilient community for all.

If you could use a helping hand, or would like to volunteer, please contact us at HelpingHandsOV@Yahoo. com or 916 426-8583. You can also find us on Facebook. com/HelpingHandsOV. Join us for our next monthly meeting/meet up on Thursday, June 6th at 6pm at Tonno's.





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Ages: 7-13 Tu/Th/Sa 6/1-8/31 Tu/Th 6:00-7:00pm & Sa 9:00-10:00am

NAofA Lacrosse Camp

Ages: 7-13 M-F 7/22-7/26 9:00am-12:00pm

Artist Studio

Ages: 35+ Th 6/6-8/22 11:30am-3:00pm

The pool will reopen on June 8th for public swim.

Can't wait to see everyone there this summer!

FUN POOL EVENTS COMING UP

Rubber Duck Race~ June 19th 1:30-4:00pm

Christmas in July~ July 24th 1:30-4:00pm

Hot Dog Hoe Down~ August 2nd 7:30-9:00pm



SCAN THE OR FOR MORE INFORMATION **ABOUT OVPARKS** PROGRAMS & **EVENTS**

FIND YOUR FUN THIS SUMMER AT OVPARKS



Find Your Fun This Summer at **OV**parks

OVparks is offering a wide range of programs, from sport camps to art classes to practical life skills. We will continue to offer our Rec'ing Crew summer camp program and our popular swim lessons but there are certainly other classes available for those looking for something dif-

Have a Lego enthusiast at home? Try out our Engineer4Fun Camp (using the LEGO® building system) for children ages 6-12. This is an amazing weeklong camp where you learn STEM concepts through building fun projects with LEGO® parts and motors. This is a great opportunity for kids to explore and be creative under the guidance of an instructor!

A new program to OVparks is a series of self defense classes run through C.O.B.R.A. Self Defense Sacramento. These classes use a combination of lectures and real-life scenarios to teach the students how to protect themselves. Classes are offered for a variety of age ranges. For ages 5-11 the Child Abduction

Prevention classes are great. For a slightly older group the Teen Safe & Campus Safety classes for ages 11-19 are a perfect space to learn some new skills. For all the ladies 18+, the Ladies Night Out and Women's Self Defense, offer interactive scenarios to learn strikes, blocks, and escapes, and the confidence to feel safe and prepared.

If you are looking for some practical advice, we have multiple Social Security Medicare-Medi-Cal workshops for those 64+. This workshop seeks to make the process of Medicare, Medi-Cal, and Social Security easy to understand. They also plan to answer any questions people have about these programs.

Whatever you are searching for, OVparks has something for you this summer! To learn more about these programs or other exciting classes, programs, and events visit our website at www.ovparks.com, call us at our District Office at (916) 988-4373, or visit us in person at 6826 Hazel Ave. We can't wait to see you having fun with OVparks this sum-

LIBRARY NEWS & PROGRAMS

ORANGEVALE LIBRARY 8820 Greenback Ln L, Orangevale, CA 95662

HOURS

Sunday Closed Monday Closed Tuesday 10AM-6PM Wednesday 10AM-6PM Thursday 10AM-6PM Friday 10AM-6PM Saturday 10AM-6PM

Heirloom Seeds Available at the Orangevale Library Our warm weather seeds are here! The Orangevale Library has heirloom seeds to start your own garden. Grow a variety of herbs, ornamentals, and edible plants. Save money and reduce your carbon footprint by growing nutritious food at home. The seed library is completely free of charge and available to anyone. The seed library is available daily.

Friends of the Orangevale Library Booksale Saturday, June 22, 10:00 a.m. - 4:00 p.m. Jane Wise Community Room Shop a wide selection of gently used books, DVDs, CDs, and more! Book sale presented by the Friends of Orangevale Library. All purchases support the Friends of Orangevale Library and Orangevale Library programs and materials.

KIDS

Family Storytime Every Thursday, 10:30 a.m. - 11:00 a.m. Jane Wise Community Room Join us for songs, rhymes, and stories designed to build the early literacy skills of young children. This program is for parents and caregivers with young (0-5) children; older siblings are welcome to attend. This event is presented in English.

Family Art Lab Saturday, May 25, 3:00 p.m. - 5:00 p.m. Jane Wise Community Room We bring the art supplies, you bring the creativity! Families, kids and teens are welcome to

join us as the library puts out a variety of art supplies and let everyone make whatever art they want! Paints, modelling clay, markers, air brushing, and more are available for us to make pictures, sculptures, and mixed media projects!

Minecraft Gaming Thursday, June 6, 2:00 p.m. - 4:00 p.m. Jane Wise Community Room Enjoy this computer game filled with mining, crafting and exploring! Play with new friends on our own library server at the Orangevale Library! We will do two 45-minute shifts if there are more participant than PC laptops. This program is for students aged 6 – 17; registration is encouraged at www.saclibrary. org/events

Read to a Dog Friday, June 14, 3:30 p.m. - 4:30 p.m. Jane Wise Community Room Come read to some PAW-some pooches! School-age readers are invited to read to furry and friendly canine volunteers and their trainers. This is a great program for struggling and reluctant readers or for those who enjoy practice. The dogs are wonderful listeners. Woof!

STEAM LEGO® Robotics Saturday, June 15, 10:30 a.m. - 12:00 p.m. Jane Wise Community Room Design, build and program a robot using the LEGO® SPIKETM Prime kit. Led by a team of student instructors, kids ages 9 to 14 will work in groups to create a robot and learn STEAM skills with this fun, hands-on project.

ADULTS

Mixed Media Art Journaling Saturday, June 8, 10:00 a.m. - 1:00 p.m. Jane Wise Community RoomUse your imagination and all kinds of mixed media to create a free-style art journal. Both inexperienced and lack of talent are welcome! The Friends of the Orangevale Library have graciously provided art journals and sup-

plies to create a place for creativity to unfold. Please note, supplies are limited so feel free to bring your own too.

Orangevale Adult Book Group - Bittersweet Saturday, June 15, 2:00 p.m. - 3:00 p.m. Jane Wise Community Room Join us in-person for a lively and engaging discussion and make new friends! This month we will be reading Bittersweet by Susan Cain. Starting one month before the meeting you can pick up a copy of the book from the front desk of the Orangevale Library or check our library catalog for available copies of the books and ebooks.

SENIORS

Bingocize Every Wednesday and Friday, 2:00 p.m. - 3:00 p.m. Jane Wise Community Room Sacramento County Public Health and Agency on Aging Area 4 present Bingocize, Bingocize is a free evidence-based program that combines a bingo-like game with exercise and health education. The program has increased functional fitness, health knowledge and social engagement. The program will meet in the Jane Wise Community Room 2 times a week, every Wednesday and Friday for 10 weeks. The last class will be on Wednesday, May 29th.

Alphabet

The alphabet can amuse in at least one possible way: through its two letter sequence

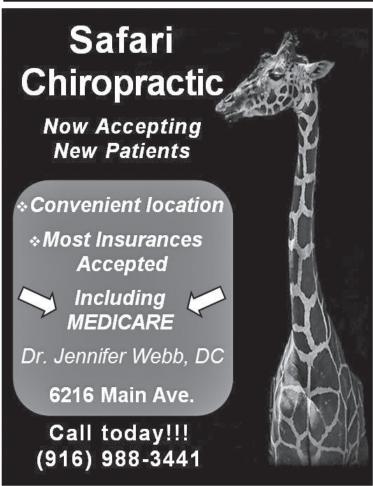
that is jk.

Jk is another way of saying "Just kidding" and makes letters seem more capable of ribbing (or being playful, joking, not too serious).

Reading can be a fun learning experience...

-Z.F. Thrimej







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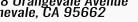


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