

Orangevale View

SERVING ORANGEVALE, CITRUS HEIGHTS, FAIR OAKS, FOLSOM AND SURROUNDING AREAS



**LOCAL
BAKER USES
TRADITIONS,
NOSTALGIA, &
COMFORT AS
INGREDIENTS
FOR SUCCESS.**

Page 9



High School Athletes Mentor Aspiring Football Players at Casa Roble Jr. Ram Camp -Sports Page 11



RED VOODOO is a breath of fresh air in today's pop culture of music. You can hear The influence of all the classic hard rock bands from the 70s and 80s with a young fresh twist. Sensitive yet edgy lyrics, with tricky riffs make for great great old school high energy rock 'n' roll concert. I've personally sang along side the lead vocalist Dino and that young man can hold his own." ~ SAMMY HAGAR

**RED VOODOO
SUMMER NIGHTS CONCERT
AUG 9, 2024, 6:00 PM
Orangevale Grange, 5807 Walnut Ave, Orangevale**

ICE CREAM SOCIAL HELPS COMMEMORATE ORANGEVALE HISTORY MUSEUM'S 1ST YEAR



New Boardwalk Exhibit - Photo by Mark Aring

On July 13th, the Orangevale community came out to enjoy Dilly Bars provided by our local Dairy Queen to help celebrate the Orangevale History Museum being in operation for one year now. One of the highlights was the new exhibit of "The Boardwalk" which showcases the dynamic and long-time history of this local musical venue. Many thanks to current owners Sara Green and Derek Clark for their support. A special guitar and video of past bands that played at The Boardwalk are part of the

exhibit. Congressman Kevin Kiley and Sacramento County Board of Supervisors Representative Sue Frost joined us in the celebration. We were delighted to learn that Kevin has early ties to Orangevale having lived here and attended Twin Lakes Elementary School. Both dignitaries expressed the importance of this history museum in Orangevale and encourage more of the community to visit it.



OVHP President Mark Aring and Congressman Kiley - Photo by Summer Frosh

The community also got to view "Bessie" up close, which for more storage, is the 20' shipping container next to the museum. The Orangevale History Project is partnering with Wide Open Walls to dress it up artfully. Can you 'Help Dress 'Bessie'? You can go to our website orangevalehistorymuseum.org and click on the Donate link under Help Dress Bessie, or send in a check made out to the "Orangevale History Project" at 6920 Hazel Ave, Orangevale, CA 95662, listing 'Dress Bessie'.

Remember, YOUR Orangevale History Museum is open Tuesdays, Thursdays, and Saturdays, from 12-4pm with free admission. The exhibits change periodically and you can get some cool OV swag from the Gift Shop. Come visit at 6920 Hazel Avenue and share your OV stories. Thanks, and we hope to see you soon!

--Submitted by Mary Witcraft

**Pre-Sort Standard
U. S. POSTAGE PAID
PERMIT NO. 17
ORANGEVALE, CA 95662**

*****ECRWSS****
LOCAL POSTAL CUSTOMER

IN THIS ISSUE

9 ORANGEVALE COOKS

16-17 PROFESSIONAL, BUSINESS & SERVICE DIRECTORY

20 CLASSIFIED

HEALTH INSURANCE

GET YOUR FREE MENU OF LOCAL PLAN CHOICES

SWAIN Health
INSURANCE SOLUTIONS

JOHN A. SWAIN, CEBS, CFP
Health Insurance Specialist
License Number 0796552

Covered CA, Individual & Family, Group, and Medicare health plans
24/7 toll-free help desk (866) 630-1845 Local/text (916) 241-3363

ABOUT THE VIEW



ABOUT THE ORANGEVALE VIEW

The "Orangevale View" – the ultimate, award-winning community newspaper – serves Orangevale and surrounding areas, including Fair Oaks, Citrus Heights, and Folsom, CA. With a present estimated readership of more than 37,000, this FREE paper grows with every issue. It is delivered twice a month to at least 15,000 residents' homes and to more than 100 high traffic locations.

The views and opinions printed within are not necessarily those of Publisher Brad Tatum or the Orangevale View staff. Rather, the views and opinions expressed are those of each individual contributor.

SUBMISSION POLICIES:

Submissions from you, our readers, are always welcome, for this is YOUR newspaper. We await school, church, or sports team materials, anniversaries, births, special occasions, memorials, or other items of interest. Donations are encouraged and accepted for anniversaries, births, and other special milestones and announcements. Publication is at the discretion of the Orangevale View staff.

Requirements are simple:

(1) Acknowledge that either you are the author or you have permission to publish from the original author;
(2) Articles should not exceed 300 words. We like Community Calendar items of 45 words or less.

(3) Format: Microsoft Word format with photos at least 300 dpi JPEG or PDF. Please use this format so we do not have to send your work back to you for corrections.

(4) The View does not verify the accuracy of your submissions, and in some cases, dates and information are subject to change. (5) Please email submissions, to YOUR newspaper. The email address is editor@ovview.com. It is you, our

contributors, readers and advertisers who make the Orangevale View a newspaper you want to read.

STAFF:

Brad Tatum -
Publisher/Advertising
Lisa Montes -Editor

VOLUNTEER CONTRIBUTORS

Suzanne Feblowitz
MaryAnne Povey
Community of Orangevale

ORANGEVALE VIEW PO BOX 2051

Orangevale, CA 95662

For Advertising Call
(916) 546-2976

editor@ovview.com

www.ovview.com

DATES TO REMEMBER AUG 2024

JULY 31 Public Deadline

AUG 9 • PUBLICATION

OUT TO PUBLIC

AUG 14 Public Deadline

AUG 23 • PUBLICATION



Food Bank Farm Summer Camp AUG 7-9, 2024 8 AM – 11 AM each day Food Bank Farm, 6401 Main Avenue, Orangevale, Registration for our Farm Camp is now open! The three Farm Camps are open to children entering 1st - 5th grade in the 2024 - 2025 school year. Each outdoor camp is unique and will feature different stations each day to keep young minds excited to learn about farming. Join one camp or all three! Space is limited to 30 campers per week, so register today at <https://www.foodbank.farm/farm-camp>.

Hot dog Hoedown at OV Pool Community Center See page 10

AUG 3 HAWAIIAN LUAU Orangevale Grange 6:30-9:30 pm See page 14 for all the details.

RED VOODOO SUMMER NIGHTS CONCERT AUG 9, 2024, 6:00 PM Orangevale Grange, 5807 Walnut Ave, Orangevale

3rd Annual Salsa Cook-Off on Saturday, August 17th, from 11:00 am to 2:00 pm at the historic Orangevale Grange (5807 Walnut Ave. Orangevale).

BOZZUTO
BOZZUTO & COMPANY INSURANCE SVCS, INC.
CALL 916.989.6056



Independent Insurance Brokers

BUSINESS SERVICES

- Liability Insurance
- Commercial Auto
- Property Insurance
- Employment Practices
- Cyber Liability
- Professional Liability
- Excess/Umbrella Liability
- Workers Compensation
- Group Health Insurance
- Disability Insurance
- All Types Of Bonds

PERSONAL SERVICES

- Home Insurance
- Renters Insurance
- Auto Insurance
- Boat/RV Insurance
- Motorcycle Insurance
- Life Insurance
- Disability Insurance



BOZZUTO

916.989.6056

www.BozzutoInsurance.com



(916)248-2711

(916)600-5569

*Water Heaters

*Drain Cleaning

*Gas Lines

*Remodels

*Whole House Repipes

*New Construction

*Fixture Installation

*All Services & Repairs

FREE ESTIMATES



MILITARY AND SENIOR DISCOUNTS

www.chapmansLP.com



Stokes Granite & Stone specializes in the custom fabrication and installation of natural and manufactured stone slabs for a variety of countertops and surfaces, including kitchens, bars, bathrooms, outdoor living areas and more!



OFFICE & SHOWROOM

6326 Main Ave. #1 Orangevale CA, 95662
Schedule a free consultation at 916-999-7695



FULL SERVICE MOVING

www.HouseToHomeMoving.com



FREE IN-HOME OR VIRTUAL ESTIMATE

(916) 484-1144

CAL. PUC. T-190786



Virgil McKenzie
virgil@energysavingsconstruction.com



**REMODEL • SIDING
WINDOWS • SOLAR**
(916) 947-7990

License 742317

www.energysavingsconstruction.com



**Offering the highest customer service in
efficient & safe maintenance, removal &
emergency tree removal jobs!**

Our Services

- ✓ Tree Trimming
- ✓ Tree Removal
- ✓ Storm Clean-up
- ✓ Hazardous Limbs
- ✓ Stump Grinding
- ✓ Ground Clearance

Why Choose Us?

- ✓ Free Estimates
- ✓ Affordable Pricing
- ✓ Excellent Customer Service
- ✓ Safe Work Practices
- ✓ Quality Workmanship

Call Us Today

916-757-3429

www.easystumps.com

SERVICING Orangevale, Fair Oaks, Folsom, El Dorado Hills, Citrus Heights, Granite Bay, Roseville, Rocklin, Loomis, Carmichael, Antelope and North Highlands.

CONTRACTORS LICENSE # 1053466





Palmer
REAL ESTATE




8th ANNUAL PEOPLE'S CHOICE
ORANGEVALE VIEW
BEST OF ORANGEVALE
2023

WE LOVE YOU ORANGEVALE!

I ♥ OV
HomesByPalmer.com

Sean & Colette Palmer
916-997-5313
Sean@HomesByPalmer.com

Contact us today for a
FREE Home Value Estimate!

BRE#01450117



California
TRANSMISSIONS
ORANGEVALE

California Transmissions of Orangevale is your local independent Transmission shop. We serve the Orangevale and surrounding cities for over 30 years. Joe, the Shop owner has been in the industry for over 15 years. Our professional transmission builder has been building transmissions for over 30 years and our floor mechanics have a combined 20 years experience.



Scan me!

- Courtesy Transmission Diagnostics
- A/C Check
- Transmission Service
- Transmission Rebuilds
- We stock rebuilt exchange transmissions for common GM & Ford






California Transmissions of Orangevale
9317 Greenback Lane
Orangevale, CA 95662
916-988-8922
www.Californiatransmissionsov.com

Business Hours:
Monday—Friday 8AM—5PM
Closed on Weekends &
all Major Holidays

FIX AUTO
ORANGEVALE



VOTED BEST
AUTO BODY SHOP
8 YEARS IN A ROW

(916) 988-1515
8832 GREENBACK LANE



fix
AUTO
COLLISION



23 years serving to the community

Residential  Commercial

Electric Connection
Low Rates • Quality Work Fast, Dependable Service

916-988-4477

We're ready to help you

OUR SERVICES

- ✓ Electrical
- ✓ Panel Upgrades
- ✓ Spa & Pool Electrical
- ✓ Recessed Lighting & Design
- ✓ Many More

Check us out on Facebook for reviews

Call of FREE Estimate

916-969-3645
call or text




THE GEROLAMY'S CELEBRATE 65 YEARS OF MARRIAGE.



The Gerolamy's celebrate 65 years of marriage. Barrie and Brenda were married on July 25, 1959 in the backyard of the bride's parents, Bert and Hope Zdenek. Barrie and Brenda were residents of Rio Linda and met at the community pool where Barrie was a lifeguard. Soon the couple was married and their adventurous life together began with the birth of their first child, Nathan Barrie, just one year, one month and one day after their wedding. Their second child, Christine Elaine, was born four years later. In 1966, Barrie opened a small automotive performance machine shop which became his life's passion. Brenda joined the business venture which became renowned both nationally and internationally. In 1972, the Gerolamy's moved to Orangevale, purchasing 2 acres of land that became their family home and ever evolving projects of construction and gardens. Their family has grown



over the years with the birth of their first grandson, Miles Nathan Gerolamy in 1988, their second grandson, Jackson Green Lowe in 2009 and two great grandsons Bryson Mark Gerolamy born in 2015 and Logan Miles Gerolamy born in 2019. Still active, Barrie can be found tinkering on his grandson's racing kart or building something for the gardens or house. Brenda is proud of her Australian Shepherd, Sam I Am, which she trains and shows and her ever-expanding garden. Their life together is a testament to the commitment they made to love, honor and cherish 65 year ago. Congratulations, Barrie.

Submitted by Christine Lowe

**Public Hearing
Orangevale
Recreation &
Park District
2024/25
Final Budget**

Notice is hereby given that a Public Hearing for the Orangevale Recreation & Park District Final Budget will be held on Thursday, August 15, 2024 at 6:30PM at the Orangevale Community Center, 6826 Hazel Avenue. The public is invited to attend and speak about any item in the budget. The District adopted a 2024-25 Preliminary Budget at the Board of Directors meeting on May 16, 2024. Copies of the budget are available at the District Office or on the District's website: www.ovparks.com.



**NATIONAL NIGHT OUT
FUN NIGHT 2024**

Woodmore Oaks Neighborhood Watch proudly announces their 33rd Annual National Night Out Fun Night on Tuesday Night, August 6, 2024 at 7 Eleven Parking Lot & Adjacent Field (6840 Woodmore Oaks Dr., Orangevale, CA 95662) from 5:30 PM-9:30 PM.

National Night Out is designed to build neighborhood camaraderie, enhance the relationships between neighborhoods and law enforce-

CONTINUE ON PAGE 6



How can I help you?

- 401k & IRAs
- Life Insurance
- Annuities
- Mutual Funds, Stocks, Bonds
- Long Term Care Insurance
- Financial Assessments

110 Blue Ravine Road, Suite 160
Folsom, CA 95630
916.619.0848
Luz.johnson@lpl.com
Member FINRA/SIPC
CA Insurance License # 0F61776

Luz Johnson
Financial Advisor



***Be Water Smart
Questions?
Want \$\$ Tips?
Call
Orange Vale Water
916.988.1693***

**NO JOB TOO
BIG OR SMALL!**




Services Offered:

- ☑ Electrical Panel Replacement
- ☑ Lighting
- ☑ Circuits and Wiring
- ☑ Electrical Troubleshooting
- ☑ Generator Transfer Switch
- ☑ EV charger

WE DO IT ALL!

**Residential
&
Commercial**



CSLB#1082410  **916-337-8148**



Early Orangevale Resident -
Annie Pickle

Orangevale Colonization Company was formed in 1888. Ten acre tracts were offered to attract people to farms and agriculture in the area. This was attractive to a diverse group of people, both rich and poor. One of these was Annie Pickle.

She was born in Ohio in 1860, had two older brothers and a younger sister. Her parents were from England with her father dying when she was 13 and living in St. Louis, Missouri. In 1883 she went to work as a bookkeeper. In 1888 she moved to Oakland, California and bought a plot of land there.

Annie made an investment in one tract of land in the Orangevale Colony in 1892 and another in 1894. Tracts 244 and 278. She worked as stenographer for the Union Pacific Railroad. In 1900 gold was discovered in Alaska. Annis decided to go to Nome to be a stenographer (para legal) to record the miners' claims. She left San Francisco

by steamer ship and boarded a boat in Seattle with 8 other women and 200 men for their Alaska destination. She lived there for a year with the snow and ice but found the place had no judge or court system to register mines and disappointed she returned to California.

She stayed at The Villa for the Orangevale Colony for a little while. She checked their holdings and liked what she saw. She moved to tract 278 but no record establishes when she built her house. In addition, she built a barn and another out building.

By 1904 the colony had sold 53 tracts with 17 being sold to women. Orangevale proved to be attractive to many independent women. Annie was the first woman to serve on the Orange Vale Water Company Board. No other woman has ever served on the board since.

Annie married in 1903 at the age of 43, George Clark. He was a land owner who had purchased land in Fair Oaks Colony. In 1906 in the Fol-

som Telegraph carried an advertisement for them which was selling small chicks and eggs. The couple was not known to mix in social circles.

In 1906 they helped establish the California Fruit Growers . They were both interested in making Orangevale, the best it could be!

In 1910 they sold their two tracts to Joseph Dodd and moved to Monterey, California where they built their retirement home. Annie passed away in 1935 leaving her inheritance to her younger sister. She will always be remembered as the first woman on the Orange Vale Water board.

Presented by Mark Aring at a monthly meeting and may be seen on Orangevale History YouTube channel.

Transcribed by Hilda Hawkins

Orangevale History Project will not have a regular monthly meeting on Wednesday, August 7th. Everyone is invited to a tour of the Rusch Home & Gardens in Citrus Heights at 6:30. This is a special tour for the History Project. Although located on Auburn Blvd, parking is off Rosswood Dr. Visit our history museum at 6920 Hazel Ave which is open 12 pm - 4pm on Tuesdays, Thursdays and Saturdays

*Advertising in the
Orangevale View
is good for the
community.
Call Brad at
916.546.2976
for advertising
opportunities.
Send article &
photos and stories to
editor@ovview.com.*

An editorial of interest Raising Wages Does Not Make Businesses Close

(c) by Mark Dempsey

The cashier at a nearby store solemnly told me that a restaurant in her shopping center closed because California raised the minimum wage for fast food workers in April 2024. I was going to protest that labor wasn't the only reason restaurants close, and sure enough, a recent LA Times article (The fast-food industry claims the California minimum wage law is costing jobs. Its numbers are fake) by Michael Hitzik exposes that bit of deception now making the rounds.

Convincing workers to lobby against wage increases is as old as employment itself. After all, post-civil war landlords ginned up racism to divide-and-rule the tenant farmers, keeping them poor, desperate and tractable. But this latest exercise in cynical labor-baiting breaks new ground in the despicable tradition of crushing the poor.

Yet management relentlessly blames labor for its problems. In its press release announcing closure of dozens of California's Rubio's restaurants its management declared labor costs were the last straw in a terrible string of business-impairing incidents, including COVID. Examining Rubio's financial statements, however, draws a different conclusion. Private equity bought the chain, and encumbered the restaurants with a debt load that would not be sustainable if they paid workers a living wage. The debt load, not the labor costs, was the decider.

Many businesses like Starbucks have even claimed poverty when negotiating with their workers about wages, then spent more than the wage demands in stock buybacks. Conventional economics backs these kinds of claims, solemnly predicting increased unemployment if wages are raised. Rather than rely on this theoretical outcome, however, some economists have examined what actually happens

when minimum wages rise, comparing the higher and lower wage jurisdictions. The result: no increase in unemployment accompanied the wage rise.

Polish economist Michal Kalecki wrote about what motivates businesses to engage in such deception in his 1943 paper Political Aspects of Full Employment. He observes that businesses know that well-paid employees provide a better customer base--the foundation of a more profitable business--but employers prefer "Labor Discipline" to that better economic outcome. Labor Discipline is the power to dominate workers. It sends the message that "You had better take whatever job is on offer, or suffer the indignities of poverty, even homelessness and starvation...and if you rebel, we'll put you in a cage."

Testifying to the effectiveness of the propaganda, currently, the US has five percent of the world's population, but 25% of its prisoners.

NATIONAL NIGHT OUT FUN NIGHT 2024 CON- TINUE FROM PAGE 3

ment, fire departments, etc. The night is a national event throughout the USA to send a message to criminals that neighborhoods are organized and aware. Woodmore Oaks Neighborhood Watch originated in 1990 and the program includes over 100 streets, and 3000 Newsletters are distributed monthly as well as monthly neighborhood watch meetings.

All are welcome to join us that night where we will have a DJ playing music, hula hoop contest for kids as well as various games to play, bounce house, Balloon Clown, raffle prizes, cotton candy and our signature Hot Dogs Meal Deals. We are always looking for volunteers to help us with this event as well as support with raffle prizes. Come join us for the biggest party in Sacramento!





PETACULAR



Jango (A727685), 7 years old. "I'm mellow, potty trained, and dog social."



Delia (A862312), 5 years old. "I'm sweet, have the best ears, and enjoy making canine friends."



Sarkoja (A860807), 5 years old. "I'm a sweetheart who loves learning new commands and making canine friends."



Kiyojin (A855526), 1 year old. "I'm energetic, love being outdoors and would enjoy an active family!"



Dejah (A860945), 2 years old. "I enjoy affection, treats, exploring, and making canine friends."



Garfield (A859694), 3 years old. "I'm spunky, adventurous, and dog social."

Bradshaw Animal Shelter is full of adorable dogs waiting to become your new best friend! All adoptions include spay/neuter surgery, up-to-date vaccinations, microchipping, and a 1 year license for Sacramento County residents. Visit BradshawShelter.net to see all available dogs and see who you fall in love with or visit the shelter at 3839 Bradshaw Rd.!

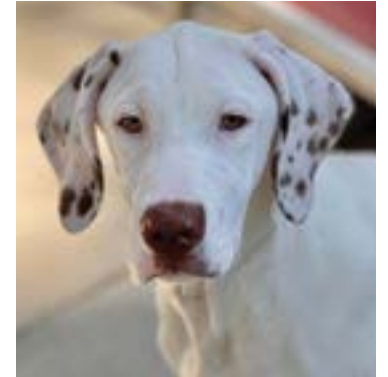
Empty the Shelters, July 8-31 Bradshaw Animal Shelter, 3839 Bradshaw Rd, Sacramento, CA FREE ADOPTIONS for dogs and cats. Includes spay/neuter surgery, current vaccinations, and 1-year Sac County pet license.



Thanks to BISSELL Pet Foundation, we have reduced adoption fees from Tuesday, July 9th to Wednesday, July 31st.

Dogs, puppies, and kittens – \$50
Adult cats and small animals – \$5

Name: Pierogi
Animal ID: 56246802
Breed: Pointer Gender: Spayed Female
Age: 4.5 months
Adoption Fee: \$50 during Empty the Shelters event
SSPCA -6201 Florin-Perkins Rd Sacramento, CA 95828
Desk: 916-504-2834



Pierogi is a German Pointer mix who is looking for her forever home. She is currently 32 pounds and growing! Since she is a puppy she would love to learn everything she needs to know about growing into a great canine citizen! She is lively and lovable and would love to meet you!

I don't have a history of living with other dogs, but may do well with a slow introduction.

I don't have a history of living with cats, but may do well with a slow introduction.

I don't have a history of living with children, but may do well with proper management in the home.





TACO BELL™

JOIN OUR TEAM!

Starting at \$20

Two Locations in Orangevale!

8823 Greenback Lane

9382 Madison Ave



CareersAtDGTacoBell.com



Supervisor Sue Frost

FLIGHTS OF FANCY: REGULATION WITHOUT REPRESENTATION

By Sue Frost

I would love to be able to drive an affordable car that hovers over traffic and runs on a spoonful of tap water, but since that technology doesn't exist, it would be crazy to impose regulation on consumers

But that is exactly what the California Air Resources Board (CARB) is doing by pushing tough environmental rules they claim will reduce pollution from boats, trucks, and trains, aiming for a carbon-neutral future. These new regulations rely on technology that doesn't currently exist, so their justification is based more on science fiction than practical reality.

In January, CARB started implementing the California Advanced Clean Fleets (ACF) regulation. This builds on their earlier Advanced Clean Trucks (ACT) rule. Both are designed to force companies to replace current fleets with zero-emission vehicles. California has 13 ports and moves millions of tons of produce to markets every year - so it plays a huge role in the U.S. transportation system.

The controversy gets even worse when we look at the rail sector. Last fall, CARB wanted to bring in stricter pollution standards for all trains in California. They hoped to force rail companies to use advanced technologies that aren't yet practical or affordable. New locomotives could cost \$4 to \$5 million each, which might bankrupt smaller rail companies and would raise the cost of everything from produce to blue jeans. Trains account for less than 0.5% of air pollution - so even if the technology worked and was affordable, the impact would barely be measurable. These regulations could also disrupt supply chains since different states would need to swap out locomotives at California's border to meet these new rules.

During a Congressional hearing, a representative from the Bay Area Air Quality Management District claimed that trucks might be cleaner for transporting freight than trains, contrary to long-established facts. This state-

ment indicates bureaucrats favor trucking over rail services, paradoxically increasing truck traffic and undermining purported environmental benefits of reducing train operations - all while the state continues to pour billions of dollars into the ill-fated California High-Speed Rail. It just doesn't make sense.

CARB defends these regulations by comparing current train emissions to the future performance of an imaginary electric freight truck fleet envisioned by the new ACF rule. There are a host of problems with this pie-in-the-sky analysis:

- California does not produce nearly enough electricity to support an electric truck fleet (or an electric train fleet.)

- California does not have the charging infrastructure needed to deliver electricity to support the imaginary fleet.

- Electric Trucks have an optimal range of 250-300 miles, but truckers currently average over 500 miles per day. The technology exists to replace the neighborhood Amazon delivery truck with an electric version, current technology can't replace the long-haul freighters who deliver the goods to the Amazon warehouse.

- California has over 400,000 heavy freight trucks delivering goods across the state - and fewer than 4,000 are electric (mostly for short-range delivery). There is not enough manufacturing capacity to replace all 400,000 heavy trucks.

- CARB has no viable plan for the disposal of old diesel trucks and engines they are trying to regulate out of existence.

The real problem with CARB's approach is that unelected bureaucrats are imposing massive new regulations based on science fiction and driven by activist ideology rather than engineering or common sense - and without input from those directly impacted. These speculative regulations pose a threat to the viability of existing transport systems, would drastically increase the costs of energy, food, and other goods, and raise concerns about the equitable and effective governance of environmental policies.

As debates continue and the EPA considers CARB's waiver request, the decisions made will significantly influence the future of national transportation and economic stability.

I want cleaner air, but rather than relying on slogans and science fiction, we should concentrate our resources on proven methods we already know will reduce emissions - like improving roads and highways to reduce traffic jams and modernizing ports and freight transfer stations so trucks are not forced to idle for hours waiting for loads.

Thank you for Reading - and as always if you want to contact me, call me at 916-874-5491, or e-mail me at SupervisorFrost@saccounty.gov. Sacramento County Supervisor Sue Frost represents the 4th District, which includes the communities of Citrus Heights, Folsom, Orangevale, Antelope, North Highlands, Rio Linda, Elverta, and Rancho Murieta.

get a
GREAT DEAL
on a
GREAT BURGER!



Must present coupon at time of purchase.

Double 2 Cheese Stackburger

BUY ONE at regular price

GET ONE for 99¢

Valid only at Orangevale



Corner of Greenback & Walnut

Expires August 9, 2024

Not valid on delivery orders. Tax not included. One coupon per customer per visit. Not valid with any other offer. Cash value 1/100th of a cent.



We are in summer mode, so we are enjoying our salads and barbeques. I received this recipe in an email a few years ago.. This was an easy recipe, and it was delicious! Even though it had romaine lettuce in it, the leftovers were amazing! If you would like to share a favorite summer recipe, please send a copy to Suzanne Feblowitz at the Orangevale View (editor@ovview.com). Be sure to include your phone number or email with your recipe in case we need

to contact you. If you wish to remain anonymous, just let us know and we will omit your name.

BLT PASTA SALAD

½ pound fusilli pasta or rotini
¼ cup light mayonnaise (regular will work)
¼ cup low fat buttermilk or milk
1 ½ teaspoon Dijon mustard
2 cloves garlic, minced
¾ teaspoon fine sea salt
½ pound sliced bacon, cooked until crisp and chopped

2 large tomatoes, diced
½ red onion, diced
4 lightly packed cups of sliced romaine

Cook pasta according to directions until just tender, drain, cool under cold running water, and drain again. Meanwhile, in a large bowl, whisk together mayonnaise, milk, mustard, garlic, and salt. Add pasta and toss until coated. Add bacon, tomatoes, onion, and lettuce, toss again. Serve immediately.

LOCAL BAKER USES TRADITIONS, NOSTALGIA, AND COMFORT AS INGREDIENTS FOR SUCCESS.



Mariah Anderson's Yiyas Pie House is renowned for its array of homemade pies and cobblers, each crafted with a personal touch and designed to evoke a sense of nostalgia and comfort. While the



Mariah and her grandmother

specific details of her signature pies are not explicitly listed, the essence of her baking philosophy suggests a menu that includes classic flavors with a unique twist, reflecting her love for traditional recipes and the memories they hold. One can imagine the menu featuring a perfect peach cobbler, a nod to her grandmother's recipe, or perhaps an apple pie with a hint of cinnamon and nutmeg, baked to golden perfection. It's likely that Mariah's offerings would also include seasonal specialties, utilizing fresh, local produce to create pies that celebrate the bounty of the region. The warmth and care put into each dessert are palpable, turning a simple treat into a storytelling experience, where every bite takes you on a journey through Mariah's cherished family moments. To discover the full range of Mariah's signature pies, one might consider visiting Yiyas



Mariah Anderson - Yiya's Pie House

Pie House or reaching out directly to inquire about the current selections and any special offerings that might be available visit the website <https://yiyas-pie-house.square.site/>

Direct Home Sales Business. You must order via website and pick up location is in Orangevale
Website: yiyas-pie-house.square.site
Instagram: [yiyas_piehouse](https://www.instagram.com/yiyas_piehouse)
Facebook: [yiyas's pie house](https://www.facebook.com/yiyas_piehouse)

Wei Wei Kitchen
GRAND OPENING
Chinese Restaurant
Dine-In - Food to Go
Tues-Thurs: 11AM-8:30PM
Fri & Sat: 11AM-9PM Sun: 12PM- 8:30PM
8847 Greenback Lane
Orangevale, CA 95662
916-989-6688
www.weiweikitchen.com Online Order/
Pickup Door Dash Delivery

SENIORS BRING AD FOR 15% DISCOUNT

WE ARE STILL OPEN
916.988-0888
LIVE MUSIC
FRIDAYS &
SATURDAYS
6-9pm

LUPITA'S
MEXICAN RESTAURANT
9353 GREENBACK LN, ORANGEVALE

Orangevale
COPY & PRINT
PROMO | SHIRTS | SIGNS | BANNERS

Did you know...
We do more than just copies?

Special Non-Profit Pricing • Faxing
Signs • Banners • Fedex • Design
Flyers • Forms • Banners
Bulk Mail • Business Cards
Tickets • Scanning • Shirts
Engineering Prints • Promotional Items

(916) 987-1090 • info@ovcopy.com
9267 Greenback Lane #CS • Orangevale, CA 95662

For Leasing Information call 916.988.0200
Park Plaza 9267 Greenback Lane, Orangevale

It is that time of year when kids are off to College!



They may be ready, but is their vehicle? As you prepare your young adults for college, remember to prepare the vehicle that will take them there.

We recommend basic maintenance and an inspection so there are no surprises on the way. Call or text now to schedule an appointment, they're going fast!

Call, text or visit our new website to make an appointment

OUR SERVICES

- ✓ REPAIRS
- ✓ MAINTENANCE
- ✓ DIGITAL INSPECTION
- ✓ DOMESTIC & ASIAN

www.jimmooresgarage.com

6326 Main Ave, Orangevale



Repairing with Integrity every car every time



CALL or TEXT TODAY!
916-990-9092

Facebook:

<https://www.facebook.com/mooresgarage>

Instagram: @mooresgarage

DISCOVER

BLOSSOM VALE ASSISTED LIVING!

Independent & Assisted Living for Seniors 55+

JOIN US FOR LUNCH OR A SOCIAL EVENT!

Take a tour & learn about our special offers while they last!



MEET OUR EXPERIENCED TEAM!

TO LEARN MORE: CALL 916-988-7901 OR SAYHELLO@BLOSSOMVALES.COM



Blossom Vale SENIOR LIVING

blossomvales.com
6125 Hazel Ave.
Orangevale, CA 95662



Guided by goodness, loyalty, faith, and fun

a Compass Senior Living Community 854702627



OV PARKS SUMMER FUN!

Join Rec'ing Crew day camp this summer! There are two swim days a week, events, field trips, and so much more! Our next session is 7/29-8/2 where we will go see the River Cats!

Kayaking for Boomers

W Ages: 50+
8/14 10am-1pm

Pee Wee Basketball

M Grades: K-2nd
8/5-8/26 5-6pm

Pedatric CPR & First Aid

Sa Ages: 16+
8/10 8am-5pm

Teen & Campus Safety

Sa Ages: 11-19
8/3 12-3pm

POOL EVENTS

Hot Dog Hoe Down
August 2 7:30-9:00pm



6826 Hazel Ave, Orangevale

(916) 988-4373

OVparks.com

\$20.00 OFF Your Next Heating & Air Conditioning Service Call*

YOUR COMFORT IS OUR MISSION!

Peace of Mind Guarantee

Ask About ActivePure



Proven to Reduce Over 99.9% of the Virus That Causes COVID-19

Over 350+

★★★★★ Reviews



Free Estimates CALL TODAY

*Excludes Seasonal Maintenance

916.993.5702

BuckleyHeatAirSolar.com

AIR CONDITIONING | HEATING | DUCTLESS | DUCTING | AIR QUALITY



High School Athletes Mentor Aspiring Football Players at Casa Roble Jr. Ram Camp

Exciting times are taking place at the Casa Roble football field, as present and fu-



ture football players alike participated in the annual Jr. Ram Camp. The Casa Roble Jr. Rams are a program partnered with the Casa Roble which serves as a feeder program for athletics. From June 24th to 26th Orangevale's aspiring young athletes, some even as young as four years old, had the opportunity to practice alongside current members of the high school football team to build important skills.

This year marks Coach Jon Brown's fourth year as camp president, who shared that the kids showed much growth and maturity this year. "They've definitely learned to listen. Before it was like herding kittens out here! So it was pretty cool to see them actually sit and listen. They're becoming more disciplined than anything and it's fun to watch," Brown shared.

Serving as role models for the kids, the Casa Roble athletes such as incoming seniors

Anthony Marr and Braylen Blevins guided them through a variety of different exercises and even some of their plays. The Jr. Rams learned footwork, cuts, tracks, routes, and more. In regards to these volunteers, Coach Brown shared nothing but kind words and



to teach the kids when I'm out there that you have to put in effort if you want to get any-

gratitude, stating, "It's great to see them want to be active in the community for high school. This is not mandated, these boys and girls have given their time just for the sake of doing it. They're doing it for the level of support and love for these kids. The community can't be grateful enough." Coach Brown also added how the older figures play a crucial role in teaching the youth team building skills. "The high school kids really showed the little guys what team building is about and how to communicate and be strong leaders with each other," Brown stated.

Volunteering senior Anthony Marr expressed the importance of teaching values at camp. Marr shared, "It's less about football skills and a lot more about teaching the younger kids life skills." Fellow athlete Braylen Blevins shared similar ideals in regards to coaching the Jr. Rams. "I think it's important

JAPAN Auto Care
Drive With Confidence.

SCAN THE QR CODE, OR VISIT THE LINK BELOW TO SEE OUR CURRENT \$\$\$ SAVING OFFERS.
www.japanautocare.com/coupons

(916) 988-8996
9280 Greenback Ln, Orangevale CA

where."

Not only was the presence of these mentors important to the young athletes they were coaching, but the older athletes themselves were able to gain leadership skills from this experience. "I feel like I learned I could become a coach someday," Marr stated. The Jr. Rams will begin their season on August fourth in Elk Grove, and the Varsity football team will play their

first game of the season on August 23rd away at Placer.

Article by Katy Day
Photos by Matt Lettau

SHARE YOUR SPECIAL MOMENTS
editor@ovview.com



On Sunday, June 30th the OV pool lifeguards competed in the first ever lifeguard water polo tournament. 6 teams from various pools around Sacramento County met at the Wakford Community Pool in Elk Grove. The OV team consisted of Casa Roble High School alumni and current water polo athletes and several others from various schools and homeschool charters. It was a really fun way to build teamwork. Coach Mike Chavez, the Casa HS and OV Tigersharks aquatics coach, helped organize the event. Players, coaches, and parents are hoping this becomes a yearly tournament. Submitted by Nicole Harsbarger

Professional Business & Service Directory



Screamin' Clean
Cleaning Spaces = Happy Faces
www.Screamin-clean.com

Julia Butler tel. (916) 812-6436
License no. GNB32022-00911 julia@screamin-clean.com
Orangevale, California

**P
L
C**



**FOR SALE
PENRYN
LUMBER**

9406 Orangevale Ave
Orangevale
Z/POST
THE LAST FENCE
POST YOU NEED

7' \$33.00 EA.
7'6" \$37.00 EA.
8' \$38.85 EA.
9' \$45.00 EA.
10' \$50.00 EA.

REDWOOD
1X6X6' DE REDWOOD
@ \$4.85 EA.

2X12 RL ROUGH
REDWOOD \$4.00 LF

2X4X8' REDWOOD
RAILS @ \$8.00 EA.

2X6X8' HEART
DECKING @ 12.00 EA

MON-FRI
7:00 am-3:30pm
Ph: 988-0988
Fax : 988-0986
Penrynlumber@att.net



"Quality with Honesty"

NEW CONSTRUCTION & ADDITIONS
ADDITIONAL DWELLING UNITS
IN LAW QUARTERS
KITCHEN & BATH REMODELING
INTERIOR & EXTERIOR PAINTING

Let our family serve yours!
916-987-1311
www.rmbuilding.com
LIC#521913

CALL RM TODAY!

- ◆ Licensed & Insured
- ◆ General & Painting Contractors
- ◆ In Business 42 years
- ◆ Family Owned & Operated

DS LANDSCAPING
YARD WORK
WEEDING
TRIMMING
BLACKBERRY REMOVAL
BERMUDA-GRASS REMOVAL
LOCALLY OWNED AND OPERATED

CALL FOR A FREE ESTIMATE
(916)706-4711



Tucker Concrete

Family owned and operated with over
45 years experience, we offer:
Cost effective custom concrete work,
Foundations, Slabs, Colored and
Stamped designs, Driveways, Patios,
Spa pads, Walks

Call anytime, estimates are free
LIC#557438

Wade Tucker
Cell: 916-919-4728

FREE ESTIMATES



• Baseboard Installation
• Acoustic Ceiling Removal
• Drywall Patching & Texturing
• Deck Staining • Fence Staining
• High Pressure Cleaning
• Gutter Clean-Out
• Wood Trim Repair & Install
• Siding Replacement

FREE ESTIMATES!
916-500-3367
Bonded • Lic. #759964
dadspro1@gmail.com dadspropaint.com

Exterior • Interior • Residential • Commercial • Multi-Unit



BONHAM ELECTRIC INC

REMODELING – REPAIRS – NEW CONSTRUCTION

- Electric Panel Upgrade
- EV Chargers
- Lighting Repairs/LED Upgrades
- Smart Devices
- Generator Install
- Troubleshooting & Repair
- Hot Tub and SPA Wiring
- Ceiling Fan Installations
- Home Rewiring
- Home Safety Inspections
- Electrical Switches, Dimmers,
- Appliance and Dedicated circuits

RESIDENTIAL COMMERCIAL INDUSTRIAL

LIC#3905104
916-564-3530
Email: BONHAMELECTRIC@GMAIL.COM
WWW.BONHAMELECTRIC.COM

**CUSTOMIZED
CLEANING
BY TERESA**



20 years experience,
References, free estimates
Mobile: 916-220-7475

GET THE BEST,
SPECIALIZING
IN
RESIDENTIAL
CLEANING

Almondale Academy Job Opportunities!

Almondale Academy, a distinguished private service learning school nestled in the heart of Orangevale, is excited to announce a range of job opportunities for passionate educators and staff members.

Principal (Full-time): We are seeking a visionary leader to guide our school and uphold our commitment to high-quality, individualized education. The ideal candidate will have a proven track record in educational leadership, a passion for service learning, and the ability to inspire both staff and students.

Receptionist/Office Assistant (Part-time): Almondale Academy needs a friendly and organized Receptionist/Office Assistant to manage our front desk operations. This half-time role is perfect for individuals who excel in communication, are adept at multitasking, and wish to contribute to a vibrant educational environment.

Teacher (Full-time): Join our team of exceptional educators as a full-time teacher. We're looking for creative, committed individuals who thrive in developing and delivering experiential, project-oriented education. Candidates should be enthusiastic about fostering a love of learning in students and capable of tailoring their teaching methods to meet varied student needs.

To learn more about these exciting opportunities and how you can become part of the Almondale Academy family, please call 916.988.8611 or email almondaleacademy@gmail.com. For more information visit www.AlmondaleAcademy.net.



NEW-CENTURY AIR SYSTEMS

Contractor's License 718740

NEW-CENTURY AIR SYSTEMS
3766 OMEC CIR SUITE B
RANCHO CORDOVA, CA
Contractor's License # 718740
(916)362-2822
E-MAIL: ncas@newcenturyair.com

HONEST SERVICE, AT A FAIR PRICE, FREE SECOND OPINIONS

Heating - Air Conditioning - Sales - Installation - Service

**SUMMER
Tune Up Special
10% off**



TRANE
It's Hard To Stop A Trane

**GREAT
TERMS**

SMUD FINANCING
TRANE REBATES
FREE ESTIMATES
NO DOWN PAYMENT
SMUD INCENTIVES



WHAT IS THE COST OF DELAY?

- Higher energy bills.
- Sacrificing comfort.
- Paying costly repair bills.
- Less marketability of your home.
- Sacrificing today's prices, for future higher prices.
- Not taking advantage of SMUD'S incentives & financing.

www.newcenturyair.com





**BEST OF
SENIOR LIVING**
aPlaceforMom
2024

ENJOY
FIRST MONTH
FREE IF YOU
MOVE IN BY
7/31!*

LIC #342700471

*Limited time offer. Some exclusions may apply.
Contact community for more details.

cogir

| **STOCK RANCH**
SENIOR LIVING

OFFERING INDEPENDENT LIVING
& ASSISTED LIVING

CALL US TO
SCHEDULE A TOUR!

(916) 249-6567

COGIROFSTOCKRANCH.COM



3

August

Hawaiian Luau

*A Traditional Tropical
Experience*

HAWAIIAN INSPIRED DINNER
ISLAND DANCERS & MUSIC
TICKETS \$75

For Details and Tickets Visit
<https://alleventstickets.net/aloha2>

SAVE \$10 with promo code "Aloha"

ORANGEVALE GRANGE
5807 WALNUT AVE,
ORANGEVALE

*Proceeds will benefit the
Grange's local and urban
farmers' relief program.*

Promo Code Limited Time. All Sales Final



Professional Business & Service Directory

D & D ROOFING
 ALL TYPES OF ROOFING
 DAVID & DIANNE
 (916) 988-5958
FREE ESTIMATES License # C642025

< XTECHS >
Technical Service Offerings

Additional services we provide

- Managed Security
- Managed Backups
- Remote Support
- Business Continuity

What we offer

- Diagnostics
- Computer Repair
- Software Tune Up
- Data Recovery & Transfer
- Hardware Upgrades

Call today **916-987-7111**
 9172 Greenback Lane | Suite B | Orangevale, CA 95662

Yard Maintenance  **FULL SERVICE**

- Mowing *
- Edging*
- Blowing*
- Leaf Removal
- Weeding
- Pruning Bushes & Trees
- Fertilizing 3 times a year

*BASIC SERVICE

Reasonable & Reliable Prices

One Time Clean Ups & Rain Outlets Available

916.604-0332
FREE ESTIMATE

FORREST
 WINDOWS & SERVICE INC

Milgard
 WINDOWS & DOORS

Since 1993 | Lic #609992

6140 Main Ave. Orangevale, CA 95662
916-987-1931

Replace Window & Doors
 Vinyl | Fiberglass | Wood | Aluminum

Service

Replace Broken Dual & Single Glass | Tracks & Rollers | Rescreening | Repairs
 Balancers Shower Doors | Custom Entry Doors | Wardrobe Doors | Skylights

Info@ForrestWindows.com | www.ForrestWindows.com

ADVERTISING OPPORTUNITIES
 CALL BRAD TATUM AT
 916.899.0207
 Over 15,000 copies are delivered directly to resident's postal mail boxes and delivered to more than 100 high-traffic locations.

FIND YOUR FUN!
 SUMMER AT THE Y

REGISTRATION NOW OPEN
ymcasuperiorcal.org/SummerattheY


Sierra View
 Funeral Chapel & Crematory -
 SINCE 1934

Don't be misled or overcharged!
 Sierra View Funeral Home
 will take care of all your family's needs.

Services Offered:

- Dignified Cremation
- Cremation with Memorial Service
- Traditional Funeral
- Graveside Funeral

(916) 481-1515
 6201 Fair Oaks Boulevard,
 Carmichael, CA 95608
 Lic. FD-924

www.sacramentofuneralandcremation.com


Acer
 Trees & stumps

Tree Removal
 Stump Removal
 Cable/Bracing

Seasonal Tree Pruning
 Defensible Space
 Tree Planting

916-741-8477

WE-12855A

www.acertrees.net Adan Gonzalez
 Licensed/Insured CL#1056440


PI ELECTRIC & SOLAR

GET FREE QUOTE

RESIDENTIAL & COMMERCIAL ELECTRICAL CONTRACTOR

Our Services

- PANEL UPGRADES
- LIGHTING INSTALLATION
- TROUBLESHOOTING
- EV CHARGERS
- SPA CIRCUITS
- FULL SERVICE ELECTRICAL

CONTACT US!

 **916-905-7314**
 <http://pielectricandsolar.com> CSLB C10.B Lic#913757

CLASSIFIEDS

CAREGIVER

Hi my name is Missta Adams I have been a care giver for 13 years Experience in cleaning, cooking ,shopping , personal care and much more please call or text.(916)8681086

Experienced Caregiver looking for work. Dr. Appts.,Personal Care, Special Diets, Reminder Medicine, Light Cleaning, Shopping, Cooking Much More Call:(916)641-7988 Hm. (916)599-5037 Celll

CONCRETE

affordable concrete, remove and replace, walk ways, drive ways, patios, stamp concrete and much more one call does it all fred 916.826.9796

ELECTRICAL

PI ELECTRIC & SOLAR 916-905-7314 Bonded and Insured Electrical and General contractor. SOLAR, Electrical, Remodel. 20 years Experience. Discounts for Senior, Military and Teachers. Yelp, BBB, Google

ESTATE PLANNING

THE SWENSON LAW FIRM- Local OV Firm Estate Planning: Wills, Amendments, Trusts, Powers of Attorney, Health Care Directives. Business Services: Contracts, Employment Issues. Call 916-333-0833

FENCING

ALL TYPES FENCING, CHAIN LINK, IRON AND WOOD. CALL FRED, FOR FREE ESTIMATES. 916 826 9796

HAIR STATIONS

HAIR STATIONS FOR RENT. Ask Julie about our "Move In Specials" 916.988.7707. The Last Tangle 8820 Greenback Lane, Orangevale

HANDYMAN

Dr. Dave's Handyman Service -You create your "To -Do List" and let Dr. Dave get it done! 30 yrs experience, Cash or Open to trades 916-370-5700

Licensed Residential Handyman \$75. per hour + parts & materials Skilled Craftsmanship with attention to detail! Over 30 years experience Dependable & efficient with Local References Serving 25 mile radius to Orangevale 916-612-1247 www.gregs1service.com

ALL PHASE HOME REPAIR Orangevale, CA •Electrical •Plumbing •Fencing •Fans •Decks •Doors •Windows •Tile Flooring •Trim Baseboards •Sheetrock •Dry Rot •Texture •Painting •Lighting •Concrete •Sprinkler Repair •Framing and more! All Phases of home repair & any construction needed- Big or small. Quality work guaranteed! Low prices- free est. Serving Orangevale, Elk Grove, Rancho Murieta, Galt, Wilton, Herald, Sac. & Surrounding Areas Bus Lic #1023318 (916) 287-6164

HOUSEKEEPING

CUSTOM HOUSECLEANING 20 Yrs Exp. Dependable, Excellent References 916-987-7615

Hi my name Missta Adams I have experience in housekeeping if you are in need of housekeeping please text or call me.(916)8681086

YOUR AD HERE

CLASSIFIED AD 3 LINES FOR \$15. CALL BRAD FOR MORE INFORMATION 916.-546-2976

LANDSCAPING

LAWNS, SHRUBS, TREES, WEEDS mowed, trimmed, cut & hauled senior discounts, lowest prices 916-604-0332 Gilberto

CLEAN-UPS, TRIMMING SHRUBS, WEEDING, YARD WORK, ROTOTILLING. 916.706-4711

JOHN WILLIAMSON LAWN & YARD, res/comm. Weekly services, cleanups, pruning, and aerations. Riding mower properties ok.916-508-2158 BizLic #336256

MOBILE NOTARY

NOTARY I am a mobile notary who will travel to you to notarize your documents. Bonded and insured.Linda Bailey, Notary License 2331676 916-716-8346.

PET SITTING



Established reputation. Lots of TLC. Kennel free, happy and safe environment. Affordable rates. Call Madeline (916) 723-1608.

ROOFING

HIGH TECH ROOFING, INC. LIC #505189 "GIVE US A CALL, WE DO IT ALL"! Re-Roofing & Repairs 916-725-4429 Call Us Today For a free Estimate

YOUR AD HERE

CLASSIFIED AD 3 LINES FOR \$15. CALL BRAD FOR MORE INFORMATION 916.-546-2976

TRACTOR WORK

TALL WEEDS, BLACKBERRIES CUT, discing, rototilling, grade, trenching, dirt moved, backhoe, bobcat, land clearing Driveways graveled, firebreaks; Dave 916-988-3283 www.BlackberryDave.com Lic. #57163



YARD WORK

YARD WORK One time Clean-ups, Weed pulling, Weeding, Complete Shrubs removal, digging out shrubs with roots, and Rototilling. Paul (916) 470-2084

*"Say You Saw
It In the
Orangevale
View"
Your Support
Keeps Us
Going!*

WANTED

DIABETIC TEST STRIPS. CASHPAID On-The-Spot. Factory-Sealed & Unexpired Only. Call Mick or Donna: 916-729-5154 or 916-549-0576

WANTED OLD CARS AND TRUCKS 1930-1985. RUNNING OR NOT. UNFINISHED PROJECTS OR DAMAGED VEHICLES OK. TOP \$ PAID. CALL 916 247-5287

Fruit Wanted I am gathering excess fruit to make preserves. (peaches, plums, apples, grapes, pears, citrus, etc.) Email Julia: shine-his-light@outlook.com

TSUIT SIZE LRG/XLG - FOR BOOGIE BOARDING. CALL BRAD 916.899.0207

HELP WANTED

Experienced Youth Leader (Part-Time Position) Fairvale Baptist Church is looking for a new YOUTH LEADER to bring fresh energy through programs specifically designed to build up a Youth Group and train youth leaders in the make. Pay will be negotiable. Part-time position to start, possibly evolving to full-time. Email: fairvalebaptist@outlook.com or call Administrator at 530-748-6694 to apply.

Part time Ranch Hand needed in Orangevale. Flexible hours. Train horse, 2 year old Stallion, Gardening and Pasture cleaning. Contact: Jett Folsomhouseofrock@gmail.com

FOR SALE

ELECTRIC RECLINER REDUCED Like new cond, med brown vinyl. 3 positions, plus lumbar adjustment. Very nice chair for an excellent price. Come and see.\$250. 916-562-5664

GUNS, AMMO & PERSONAL PROTECTION

ORANGEVALE



TUES-
SAT

10:30 AM-
5:30 PM

ARMS

BUY • SELL • TRADE

9346 GREENBACK LANE #6,
ORANGEVALE

916-817-1272

NICK@ORANGEVALEARMS.COM

PREPARED FOR EXTREME HEAT

Much of California is expected to experience extreme heat in the upcoming days. Summer heat waves can be dangerous, especially for people who may be more sensitive to the heat. That includes young children, older adults, people with chronic diseases, outdoor workers, people who are unhoused, and those who are pregnant.

As California undergoes more frequent and severe heat waves, Governor Gavin Newsom has launched the Heat Ready CA campaign, and the Department of Public Health has created a Heat & Summer Safety toolkit to provide resources and communication tools that can be shared.

There are four simple ways to be prepared for extreme heat:

1. Stay Cool (During the Hottest Times of the Day)

- If you are getting too hot, take a short, cool shower and stay in an air-conditioned area.
- Those without air conditioning should check with their city or county for cooling centers or visit public locations such as a library or shopping mall
- Avoid physical exertion or exercising outdoors.
- Wear lightweight, light colored, loose clothing, and when outside, wear hats, sunglasses, and sunscreen.

2. Stay Hydrated

- Don't wait until you are thirsty. Make water your go-to drink. Drink water early ... and often.
- Drink sports drinks (in moderation with water) to help replace electrolytes lost during exercise.
- Avoid sugary, alcoholic, and very cold drinks.
- Eat plenty of fruits and vegetables.

3. Stay Connected

- Check on each other, especially those at high risk of

heat-related illness including infants and young children, people 65 years of age or older, individuals with chronic illness, disabilities or who are pregnant.

- Use a buddy system when working in the heat.

4. Stay Informed

- Check your local news for weather forecasts, extreme heat alerts, and cooling centers.
- Know the warning signs of heat-related illness (Heavy sweating, muscle cramps, weakness, headache, nausea or vomiting, paleness, fatigue, light headedness or dizziness). If you feel any of these symptoms, move to a cooler location immediately. If symptoms persist, seek medical attention.

Website Resources

Heat Ready CA

<https://heatreadyca.com/>

Heat & Summer Safety toolkit

<https://www.cdph.ca.gov/Programs/OPA/Pages/Communications-Toolkits/Heat-Summer-Safety.aspx>

Cooling Centers- Sac Cty
<https://www.211sacramento.org/211/severe-weather-spaces/>

Provided by behalf of California Health and Human Services Secretary Dr. Mark Ghaly

Insightful Film

Inside Out 2 deals with changes and moods.

Processes of thoughts: what it navigates through.

Deeply rooted (while colorfully fluid),

it's witty, intuitive, therapeutic, inclusive,

creative, family-friendly, recommended (definitely).

It teaches teamwork with alertness and empathy...

-Z.F. Thirnej

WE'RE HERE FOR YOU,
NEIGHBOR!

Hi Neighbor,

My name is Alyssa, and I'm the Sales Director at Carlton Senior Living Orangevale. Here are just a few ways we can help you live your life.



Our made-from-scratch cooking is equally healthy and delicious!



Chores are thing of the past: we take care of everything from cleaning to laundry.



From live music to engaging art workshops, endless social opportunities await you.



We make transportation easy. Bring your own car or sit back and let us do the driving.

We'd love to meet you! Visit our beautiful 7-acre campus today and see why our community is such a special place to call home.



8773 Oak Avenue
Orangevale, CA 95662
RCFE License #: 345002805

Independent Living | Assisted Living | Memory Care

(916) 988-2200 | CarltonSeniorLiving.com

ALL PHASE HOME REPAIR
 Mending Broken Homes for Over 20 Years
 Quality Work Guaranteed
 Interior • Exterior

AFFORDABLE RATES!

- Electrical • Plumbing • Fencing • Fans
- Decks • Doors • Windows • Tile • Baseboards
- Sheetrock • Dry Rot • Texture • Painting
- Lighting • Concrete • Sprinkler Repair
- Framing and More

Give Us a Call We Are More Affordable Than All!
916-287-6164

FREE Estimates

REFERRALS AVAILABLE



COMMUNITY CONNECTION

Informing, Empowering and Engaging Readers with Their Community

Orangevale History Project: The Vision, History and People Bringing Our History to Life PART 1

Working to preserve Orangevale history and promote community pride, the Orangevale History Project (OHP) celebrated the first anniversary of their museum last week. Both ventures are the direct success of individuals sharing ideas and resources to build something the community did not have before – a collection of the recorded stories and artifacts that remind us who we are and where we came from.

It was a remarkable moment when the idea of a history foundation was born. At the very first meeting of the Orangevale Community Council (OCC) in 2018, presidents of local civic, service and business groups discussed how they could support their community. Conversation turned reminiscent, personal stories of their experiences in Orangevale. “A light bulb went off for all of us,” says Marilyn Edwards, then president of the Orangevale Woman’s Club. “We had no history society. No one had realized our history, these stories, was slipping through our fingers. We had to save our history.”

The OV Woman’s Club volunteered to take the lead. The OV Chamber of Commerce, in Edwards words, joined the bandwagon. “It was a partnership right away.”

But for a long moment, it seemed the history project almost wasn’t to be. As is the case with many ideas valuable enough to make reality, it took the dedication of a second chance, broad and expectant invitations and a small reworking of mechanics. The current success of the project testifies to never give up on a good idea.

Months after the first attempt seemed to fizzle, Brad Squires, then president of the OV Chamber

who had called the OCC together, called up Edwards and said “Let’s try again.” Thinking perhaps the morning meetings were the prior weakness, meetings were moved to evening. Edwards called on every organization president she could scour from local and social media “to just send a rep.” Thirty people attended that first second attempt organizational meeting.

“I brought some treats, made my proposal, presented a plan of how we could do it, broke into teams and off we went,” says Edwards. The traction held by this second attempt stands on a three pronged foundation. The dogged invitations of the woman at the lead. Yes. The man gathering other for good ideas and asking let’s try again. Yes. Yet, most of all, all it’s those who came along.

As meeting and presentations began, different people began to surface with a useful skill set here, a connection there or an in-kind donation to make the next idea a reality. It’s been a whirlwind journey since that July meeting in 2021 in the OV Chamber office.

“We visited historical societies, asking lots of questions,” recalls Edwards. “We laced it all together, and it just kind of took off.” What began with written interviews of long-time

residents quickly grew to monthly presentations, printed newspaper features and a YouTube channel. Within a year a non-profit status was secured. A year after, the collections that had shared space in the OV Chamber office found a permanent home in a newly refurbished building leased by the Orangevale Recreation and Park District for OHP’s use. The Orangevale History Museum was born, complete with a professional Archivist and website.

.... Look for the continued story in the next edition of the OV View

If this article has sparked your interest, you may have found the community connection for you.

- Get connected at Orangevale-History.org, the Orangevale History Project YouTube channel or visit the OV History Museum open Tuesdays, Thursdays, and Saturdays from 12-4pm, at 6920 Hazel Ave become member or volunteer as a History Detective or Museum Docent

- Community Connections. Helping you connect and engage with your community in more meaningful ways. Find your passion and get involved. Email suggestions to PatsyMcGavock. JustServe@gmail.com.

(21) WANTED

For listing & selling **TOO MUCH REAL ESTATE!**
 Considered armed with **REAL ESTATE KNOWLEDGE & EXPERIENCE!**

Tom DiGiacomo
 (De-Jack-o-mo)
 REALTOR® | DRE#01089511
(916) 606-7462
 tomagent@tomdigiacomo.com

CENTURY 21
 Select Real Estate

OLD FASHION SERVICE WITH TODAY’S TECHNOLOGY!
 www.TomDiGiacomo.com

CALL FOR A FREE BROCHURE
 The Nine Most Dealy Mistake You Can Make When Selling Your Home • Ten Deadly Mistake Buyers Make When Purchasing A Home and No Obligation Market Value Analysis On Your Home!

©2022 Century 21 Real Estate LLC. CENTURY 21® and CENTURY 21 Commercial® are registered trademarks owned by Century 21 Real Estate LLC. Each office is independently owned and operated. If your property is currently listed with a real estate broker, please disregard this offer. It is not our intention to solicit the offerings of other real estate brokers. REALTOR® is a federally registered collective membership mark which identifies a real estate professional who is member of the NATIONAL ASSOCIATION OF REALTORS® and subscribes to its strict Code of Ethics.

SYLVAN CEMETERY DISTRICT
 Established 1862

Cremation Burial
 Starting at \$1350

Standard Complete In-Ground Burial
 Starting at \$3505

Phone (916) 725-3406 * Fax (916) 725-6109
 7401 Auburn Blvd, Citrus Heights CA 95610
 www.sylvancemetery.com

DS LANDSCAPING

YARD WORK
 WEEDING
 TRIMMING
 BLACKBERRY REMOVAL
 BERMUDA-GRASS REMOVAL
 LOCALLY OWNED AND OPERATED
(916) 706 4711

COMMUNITY BREAKFAST
AUG 11 IS OUR 2ND SUNDAY BREAKFAST AT THE ORANGEVALE GRANGE...

Breakfast is from 8:00 a.m. to 10:30 a.m. Our Regular Breakfast is \$7.00, Scrambled Eggs, Meat & all you can eat Blueberry Pancakes. For just \$2.00 more, ask for our Hearty Breakfast, which is our Regular Breakfast plus our famous Homemade Gravy & biscuits OR our Cinnamon French Toast. Thank you for supporting the Orangevale Grange #354 & our local Orangevale 4H servers. Please call 916-988-8871 to reserve a table for 8 or more guests

LIBRARY NEWS & PROGRAMS

ORANGEVALE LIBRARY
8820 Greenback Ln L,
Orangevale, CA 95662

HOURS

Sunday Closed
Monday Closed
Tuesday 10AM-6PM
Wednesday 10AM-6PM
Thursday 10AM-6PM
Friday 10AM-6PM
Saturday 10AM-6PM

Heirloom Seeds Available at the Orangevale Library The Orangevale Library has heirloom seeds to start your own garden and our cool weather seeds are now available! Grow a variety of herbs, ornamentals, and edible plants. Save money and reduce your carbon footprint by growing nutritious food at home. The seed library is completely free of charge and available to anyone. The seed library is available daily.

Teen Entrepreneur Workshop Tuesday, July 30, 10:00 a.m. - 1:00 p.m. Jane Wise Community Room Please join us for our quarterly Small Business Workshop hosted by the Orangevale Chamber of Commerce. This quarter our small business workshop will focus on Teen Entrepreneurs. Our speaker will be Michael Freedman, Program Director of the Sacramento Entrepreneurship Academy. Learn to take a business idea, validate it, and develop a plan to build it. This free workshop will provide:

- Three hours of business development training
- Project-based learning
- Team collaboration and presentations
- Lunch Provided!

This workshop is intended for teens age 13-18. The Orangevale Chamber of Commerce and the Sacramento Public Library will also show you the resources they have available to help your small business grow and succeed.

KIDS

Family Storytime Every Thursday, 10:30 a.m. - 11:30 a.m. Jane Wise Community Room Families with young children (0-5) are invited to join us for songs, rhymes, and stories designed to build early

literacy skills. Older siblings are welcome to attend. After the storytime we will put out toys and activities for a stay and play session where children can play and communicate with each other.

Family Art Lab Saturday, July 27, 3:00 p.m. - 5:00 p.m. Jane Wise Community Room We bring the art supplies, you bring the creativity! Families, kids and teens are welcome to join us as the library puts out a variety of art supplies and let everyone make whatever art they want! Paints, modelling clay, markers, air brushing, and more are available for us to make pictures, sculptures, and mixed media projects!

Minecraft Gaming Thursday, Aug 1, 2:00 p.m. - 4:00 p.m. Jane Wise Community Room Enjoy this computer game filled with mining, crafting and exploring! Play with new friends on our own library server at the Orangevale Library! We will do two 45-minute shifts if there are more participant than PC laptops. This program is for students aged 6 - 17; registration is encouraged at www.saclibrary.org/events

Puppet Art Theater Co.: Tommy's Space Adventure Wednesday, Aug 7, 3:00 p.m. - 4:00 p.m. Jane Wise Community Room Tommy meets a space alien but soon must save him from a mad scientist. The Puppet Art Theater Co. will present this in-person puppet show followed by a behind the scenes look at the production, going over how the puppets were made and moved.

Read to a Dog Friday, Aug 9, 3:30 p.m. - 4:30 p.m. Jane Wise Community Room Come read to some PAW-some pooches! School-age readers are invited to read to furry and friendly canine volunteers and their trainers. This is a great program for struggling and reluctant readers or for those who enjoy practice. The dogs are wonderful listeners. Woof!

STEAM LEGO® Robotics Saturday, August 17, 10:30 a.m. - 12:00 p.m. Jane Wise Community Room Design, build and program a robot using the LEGO® SPIKE™

Prime kit. Led by a team of student instructors, kids ages 9 to 14 will work in groups to create a robot and learn STEAM skills with this fun, hands-on project.

ADULTS

Genealogy: Getting To Know You Saturday, Aug 3, 1:30 p.m. - 3:00 p.m. Jane Wise Community Room Do you need help researching your family history? Learn the basics, try new resources, and share discoveries with a group of Time Detectives. There's always something new to learn on a genealogy adventure! This program is for adults.

Genealogy: Book a Genealogist Saturday, Aug 3, 3:00 p.m. - 4:00 p.m. Jane Wise Community Room Need help with your family history? Not sure how to begin? Want to know where to look next? Root Cellar volunteers are ready to help you discover your roots! Free individual 30-minute help sessions are available at the Orangevale Library. Reserve your session online at www.saclibrary.org/events

Mixed Media Art Journaling Saturday, Aug 10, 10:00 a.m. - 1:00 p.m. Jane Wise Community Room Use your imagination and all kinds of mixed media to create a free-style art journal. Both inexperienced and lack of talent are welcome! The Friends of the Orangevale Library have graciously provided art journals and supplies to create a place for creativity to unfold. Please note, supplies are limited so feel free to bring your own too.

Orangevale Adult Book Group – How to Say Babylon Saturday, August 17, 2:00 p.m. - 3:00 p.m. Jane Wise Community Room Join us in-person for a lively and engaging discussion and make new friends! This month we will be reading How to Say Babylon by Safiya Sinclair. Starting one month before the meeting you can pick up a copy of the book from the front desk of the Orangevale Library or check our library catalog for available copies of the books and ebooks

The Swenson Law Firm
Wills | Trusts | Probate | Business

FREE Estate Planning & Probate Consultations

8788 GREENBACK LN., STE 105 ORANGEVALE, CA
Tel 916.333.0833
www.swensonlawfirm.com

ARRAC Accredited Business

Safari Chiropractic

Now Accepting New Patients

❖ Convenient location
❖ Most Insurances Accepted
Including **MEDICARE**

Dr. Jennifer Webb, DC
6216 Main Ave.
Call today!!!
(916) 988-3441

GOLDEN AIRE

HEATING AND AIR CONDITIONING



ROOM CONDITIONING

MAINTENANCE CHECK-UP

INSTALL AND REPAIR

WE ARE FULL SERVICE, LICENSED, AND INSURED

- COMMERCIAL AND RESIDENCIAL • AIR CONDITIONING MAINTENANCE SALES AND REPAIR • HEATING FURNANCES SALES AND SERVICE
- EMERGENCY REPAIR • HEATING & AIR SYSTEM INSTALLATIONS & MAINTENANCE • HEATING SYSTEM SALES & SERVICE
- EPA REFRIGERANT HANDLING CERTIFIED • QUALIFIED DUCT TESTING & SEALING CF-6R COMPLIANCE • A SMUD PARTICIPATING CONTRACTOR
- FURNACE REPAIR AND REPLACEMENT • TRANE COMFORT SPECIALIST SINCE 1999 AND SO MUCH MORE!


CELEBRATING OVER 40 YEARS FAMILY OWNED AND OPERATED

CALL TODAY ! FREE REPLACEMENT ESTIMATES

 **916-988-6137**

CALL FOR REBATE & FINANCING OPTIONS

CA LIC# 423363

 9408 Orangevale Avenue
Orangevale, CA 95662

 www.goldenaire.net
Email: info@goldenaire.net

 [facebook.com/Air-Conditioning-Service/
Golden-Aire-Heating-Air-Conditioning-](https://facebook.com/Air-Conditioning-Service/Golden-Aire-Heating-Air-Conditioning-)

