ISSUE 16 VOL 17 PAUGUST 23, 2024 AUGUST 23, 2024 PAUGUST 23, 2024 SERVING ORANGEVALE, CITRUS HEIGHTS, FAIR OAKS, FOLSOM AND SURROUNDING AREAS

Happy 99th Birthday Dottie Gear





WOMEN OF THE WEST & WILL TRAVEL PAGE &



Relay For Life is more than a walk Page 18



COME ONE COME ALL!

VETERANS of FOREIGN WARS (VFW) POST 6158 COMMEMORATES NATIONAL POW/ MIA (PRISONERS of WAR/MISSING in ACTION) RECOGNITION DAY

Amid all of today's drama and controversies, we mustn't forget those who valiantly served our nation and were prisoners of war (POW) and those who are still missing in action (MIA), as well as their families.

The United States' POW/MIA Recognition Day is observed across the nation on the third Friday of September each year.

This year, National POW/MIA Recognition Day will be observed nationwide on Friday, September 20, 2024.

This is a day to remember the sacrifice and service by our courageous POW and MIA service members to help ensure the freedom we cherish today.

Every American president since President Carter, has issued proclamations for this solemn observance.

Ceremonies and events are held across the country honoring and remembering the sacrifices and service of those Americans who were prisoners of war and those who served and never returned home, and their families.

Close to the third Friday in September this year: On Sunday, September 22, 2024, VFW POST 6158 is welcoming the public to join us in commemorating National POW/MIA Recognition Day at 8990 Kruitof Way (off Hazel Ave), Fair Oaks, between 1 PM and 6 PM.

There will be presentations, live music and food banks. JOIN US in honoring and recognizing those who have sacrificed so much for our freedom and American way of life.

On POW/MIA Recognition Day, awareness of the plight of our POW and MIA service members is heightened, but we should never forget them.

YOU ARE NOT FORGOTTEN – that's the central phrase behind the POW/MIA Remembrance movement. Many of our service members suffered as prisoners of war during several decades of varying conflicts. While some of them made it home, tens of thousands never did. * Military.com

A POW/MIA Remembrance or Missing Man table assures our service members are not forgotten, not just on POW/MIA Recognition Day, but every day.

The missing man table may be a permanent display in or close to military dining facilities.

The POW/MIA Remembrance or Missing Man table consists of the following elements:

A small table set for one, symbolizing the isolation of the absent service member.

A white tablecloth symbolizes the pure intentions of the service members who responded to the country's call to arms.

A single rose in the vase symbolizing the blood that service members have shed in sacrifice to ensure the freedom of our beloved United States of America. This rose also represents the family and friends who keep the faith while awaiting the return of the missing service members.

The red ribbon represents a love of country that inspired service members to serve the country.

A slice of lemon on the bread plate represents the bitter fate of the missing.

Salt sprinkled on the bread plate symbolizes the tears shed by waiting families.

An inverted glass represents the fact that the missing and fallen cannot partake.

The candle is reminiscent of the light of hope which lives in our hearts to illuminate their way home, away from their captors to the arms of a grateful nation.

The chair is empty – they are not here. * U.S. Department of Defense, Wikipedia

The POW/MIA Recognition Day annual event honors prisoners of war and our missing and their families and highlights the government's commitment to account for them. * Military.com

YOU ARE NOT FORGOTTEN.

Let us honor our prisoners of war, those still missing in action, and all our veterans, past and present, for their dedication and love of country.

Article and photo by Sheila LaPolla

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ABOUT THE VIEW



ABOUT THE ORANGEVALE VIEW

The "Orangevale View" – the ultimate, award-winning community newspaper – serves Orangevale and surrounding areas, including Fair Oaks, Citrus Heights, and Folsom, CA. With a present estimated readership of more than 37,000, this FREE paper grows with every issue. It is delivered twice a month to at least 15,000 residents' homes and to more than 100 high traffic locations.

The views and opinions printed within are not necessarily those of Publisher Brad Tatum or the Orangevale View staff. Rather, the views and opinions expressed are those of each individual contributor. SUBMISSION POLICIES:

Submissions from you, our readers, are always welcome, for this is YOUR newspaper. We await school, church, or sports team materials, anniversaries, births, special occasions, memorials, or other items of interest. Donations are encouraged and accepted for anniversaries, births, and other special milestones and announcements. Publication is at the discretion of the Orangevale View staff.

Requirements are simple:

- (1) Acknowledge that either you are the author or you have permission to publish from the original author;
- (2) Articles should not exceed 300 words. We like Community Calendar items of 45 words or less.
- (3) Format: Microsoft Word format with photos at least 300 dpi JPEG or PDF.

Please use this format so we do not have to send your work back to you for corrections.

(4) The View does not verify the accuracy of your submissions, and in some cases, dates and information are subject to change. (5) Please email submissions, to YOUR newspaper. The email address is editor@ovview.com. It is you, our

contributors, readers and advertisers who make the Orangevale View a newspaper you want to read.

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Brad Tatum Publisher/Advertising
Lisa Montes -Editor
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Suzanne Feblowitz
MaryAnne Povey
Community of Orangevale

ORANGEVALE VIEW PO BOX 2051

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DATES TO REMEMBER SEPT 2024

SEP 4 Public Deadline

SEP 13• PUBLICATION
OUT TO PUBLIC
SEP 18 Public Deadline
SEP 27• PUBLICATION
OUT TO PUBLIC



33rd Annual Polish Festival! "Experience the Vibrancy of Poland at Our Annual Cultural Festival! Indulge in a Celebration of Polish Cuisine, Music, and Dance! Join us for a Spectacular Journey through Polish Culture: Immerse Yourself in Folk Dances and Mesmerizing Performances! Groove to Live Polish Music and Melodies! Mark your calendars for a day filled with Joy, Flavor, and Tradition! Date: Saturday, September 7, 2024 Time: noon to 5pm Location: Polish American Hall, 327 Main St. Roseville

BSA Troop 144 is hosting a Pancake Breakfast on September 15th from 8am-11:30am at Christ the King Church. Enjoy a delicious breakfast of pancakes, sausage, fruit, orange juice and coffee prepared and served by the scouts. Donations of \$10 per person are suggested and go to support monthly camping trips and scouting activities.

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ANNOUNCEMENTS



JOYCE NAOMI MOESZINGER Born: July 2, 1930, in Dulyth, MN

in Duluth, MN Died: August 11, 2024 in Orangevale, CA

Joyce Naomi (Fagerlie) Moeszinger, beloved wife, mother, grandmother, great-grandmother, aunt, cousin and friend, passed away peacefully surrounded by her loving family On August 11, 2024 at the age of 94. Born on July 2, 1930, in Duluth, Minnesota, Joyce was the daughter of Melborn Clifford Fagerlie and Eulalie Adeline Beatrice Curnow Fagerlie. She was the cherished sister of two brothers, John (Sue & Linda) and Lynn (Faye) Fagerlie.

In 1946, Joyce moved to California while recovering from rheumatic fever. She lived with her Aunt Pat in San Francisco until her family arrived later that year from Minnesota. They settled in the Fair Oaks/ Orangevale area, where Joyce attended San Juan High School.

On July 20, 1948, Joyce married the love of her life, Robert Joseph, in Carson City, NV. The couple eloped, and while Joyce's parents were aware of their union, it came as a surprise to Bob's family. Together, they raised three children: Marcia Jean, Robert Lance, and Naomi Lynn (Spinney). Joyce's family was her pride and joy, and she was a dedicated and loving presence in the

lives of her children and grandchildren.

Joyce had a brief career working at Ink Art Printing and later volunteered at Christ the King (CTK), where she typed and printed bulletins on the old mimeograph machine. Her creative spirit shone brightly through her many hobbies, including sewing. crochet. knitting, macramé, and cake decorating. She found particular joy in tending her garden and caring for her beloved dogs, cats, and chickens. The sunflowers that bloomed in the fields

of her property were a source of peace and happiness, reflecting the beauty she cherished in life.

One of Joyce's greatest joys was spending nearly every Wednesday with her best friend of over 80 years, Betty Langton. The two would spend the day shopping, chatting, sharing breakfast, and going to the movies, creating memories that Joyce cherished deeply.

Joyce was a woman of profound faith, who found strength and solace in reading her Bible, studying her devotional, and dedicating quiet moments each day to reflect on her deep love for God. Her life was a testament to her unwavering devotion to her family and her commitment to serving others. She will be fondly remembered for her warm heart, her creative talents, and her steadfast dedication to those she loved.

Joyce is survived by her son, Robert Lance, and her son-in-law, Robert Spinney. She was the proud GrannyMom of Meredith Cameron, (Derek) and Mallory Schulz, (Jeff), and the delighted great-grandmother of Kolbi, Kendall, Jace Cameron and Thaddeus Schulz. Joyce was preceded in death by her beloved husband, Robert Joseph, and her daughters, Marcia Jean and Naomi Lynn.

Family and friends are invited to pay their respects at a visitation held at Mount Vernon Memorial Park on August 27th, 2024, from 4:00 PM to 7:00 PM. A funeral service will follow on Wednesday, August 28th at 9:00 AM in the Big Chapel at Mount Vernon Memorial Park with a reception to follow at the Spinney's Home.

Joyce's family extends their heartfelt gratitude to all who have shared in her life. Her legacy of love and kindness will live on in the hearts of those who knew her.

Luz Johnson Financial Advisor

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COMMUNITY BREAKFAST ORANGEVALE GRANGE #354 SEPTEMBER 8, 2024 NEW BREAKFAST PRICES FOR OUR 2ND SUNDAY BREAKFASTS Starts at 8:00 a.m. to 10:30a.m.

Effective September 8th, 2024 New Breakfast Prices~ We have held off increasing our Grange Breakfast till now. With the increase cost of items that we purchase for our monthly Grange Breakfast we find that we need to increase breakfast menu prices as follows: Regular Breakfast: \$8.00 - Child's menu: \$3-\$5 (8 & under) Scrambled Eggs, Meat & Blueberry Pancakes, juice & coffee Hearty Plus Breakfast: \$10.00 Regular breakfast + our famous Gravy & Biscuits... OR Regular breakfast + French Toast Also, if you miss our 2nd Sunday breakfast in September, we will be having the FAIR OAKS CHICKEN FEST BREAKFAST here at the Orangevale Grange on Saturday, September 21st from 7:30 a.m. to 10:00 a.m. The prices will be the same as above, but we will not offer French Toast at this breakfast. Thank you for supporting the Orangevale Grange #354 and our hard working Orangevale/Valley Oak 4H.





THE HEARST HOUSE

Have you heard we have a Heart House in Orangevale?

It all started with the struggling San Francisco Examiner being taken over by William Randolph Hearst in 1887. In his first three years he boosted subscriptions from 5,000 to 55,000 with enhancing stories and contests. At the same time the Orange Colony was forming offering 10 acre lots for \$1500. Eight of the acres were already planted in fruit trees. For \$50 a year they would also maintain your trees.

Hearst developing plans for a new contest, purchased two parcels 161 and 162. The parcels are off Central Avenue. In April 1892, a two story house was started on 20 acres. The Examiner published a full page article on the Orange Vale Colony announcing the contest. For a \$1.50 subscription you would have your name placed in the drawing to win the parcel and house as one of 9,000 prizes.

This contest drew tremendous attention and increased the subscriptions, it marketed the colony, increasing interest in lots. All the subscription stubs had to be entered by February 10, 1893. On February 21, a large crowd was gathered in a hotel in downtown Sacramento for the drawing. Everybody wanted to be part of it and people came from all over to see if they won or just

to see the people and excitement. They had so many stubs they had to be spread out across the floor for the drawing. The prizes were valued at

F D Smith from Oregon won. He did not want the property and sold it to the Secretary George Katzenstine of the Orange Vale Colony. We have no information on the house until after his death when his wife asked for permission to sell the property. It probably was a rental. She sold parcel 161 to FW Stauton

Perry Greenhalgh bought the parcel 162 with the home in 1912 and lived in it until his death when the family decided to sell the home. It was purchased by Don Shaw Family who added a detached garage, a swimming pool, upgraded the electrical system for the heating and air conditioning systems.

They sold the house in 1986 after 15 years. The balance of the acreage was sold to developers who have built homes in the Bella Palooza Court. The front of the house faces the neighbor's house but has a nice wrap porch. It is now a 3 bedroom, 2 bath with 1800 square feet on $\frac{1}{2}$ acre. In the past five years it has been sold again but all these owners have kept the home in the original design.

You can view the original view of this home and the current view along with nine other historical homes in Orangevale at the Oran-

gevale History Museum at 6920 from Hazel Avenue. The museum is open Tuesdays, Thursdays, and Saturdays from 12 pm to 4pm and

Perry Geenhalgh House on the open property where they established a dairy.

WOMEN OF THE WEST & WILL TRAVEL

Author Chris Enss, from Grass Valley, will be the Orangevale History Project's September guest speaker. Enss will enlighten and entertain us on "Women of the West and Will Travel". The role that women played during frontier times has definitely been overlooked and they were much more than supporting characters. Women did much to help tame the Old West.

Enss is an award-winning screen writer who has written for television, short subject & feature films, and standup comedians. She is a New York Times best-selling author who has been writing about women of the Old West for 30 years. She has penned more than 50 pubhas been honored with numerous awards

Having seen her present at another historical meeting held at the Museum of Medical History, you will not want to miss her presentation! Enss will also have some of her books available

Please ioin us – Wednesday. September 4th at 6:00pm. Meetings are held at 6930 Hazel Ave, turn into the lane (after the Orangevale History Museum), go past the gate and park. Our meeting is in the 2nd building. All are welcome and we look forward to seeing you!

--Submitted by Mary Witcraft

SHARE YOUR **COMMUNITY** SPOTLIGHT WITH THE VIEW! Send article & photos and stories to editor@ovview.com.



& ALLISON HOPPE



Supervisor Sue Frost

MY VOTE AGAINST MASSAGE BUSINESS FEE INCREASES

By Sue Frost

Recently, the Board of Supervisors discussed increasing licensing fees for massage parlors in Sacramento County to enhance enforcement and address crime in the sector. Over the past six months, undercover operations revealed illicit activities in 65% of cases. I voted against these fee increases, and here's why.

The proposal would raise fees for new massage businesses from \$212 to \$778—a 268% increase. Fees for existing businesses would go up to \$412, which is an 118% increase. This hike is meant to fund more inspections and stronger enforcement.

However, I opposed these increases because they heavily burden legitimate business owners still recovering from the pandemic's economic impacts. While curbing illegal activities is crucial, such steep fee hikes risk unfairly penalizing all businesses, not just the problematic ones.

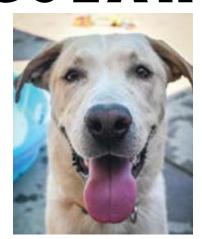
I believe a better approach is targeted enforcement that focuses directly on establishments violating the law. This method wouldn't adversely affect compliant businesses and would support a fair environment for small businesses in our community.

Government's paramount duty is to ensure public safety and well-being. However, we must support our local economy and enforce laws without placing undue hardship on lawful businesses.

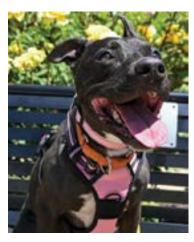
Thank you for Reading - and as always if you want to contact me, call me at 916-874-5491, or e-mail me at SupervisorFrost@saccounty. gov. Sacramento County Supervisor Sue Frost represents the 4th District. which includes the communities of Citrus Heights, Folsom, Orangevale, Antelope, North Highlands, Rio Linda, Elverta, and Rancho Murieta.

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Margot (A860024), 2 years old. "I'm smart, friendly, and loyal to my human."



Donato (A863415), 2 years old. "I'm dog social, playful, and full of energy."



Azalea (A858843), 6 years old. "I'm potty trained, calm, and love belly rubs."



Alice (A864157), 10 years old. "I'm sweet, love walks and still have pep in my step.



Windigo (A862457), 1 year old. "I'm sweet, affectionate, know a few commands, and I'm dog social."



Alice (A864157), 10 years old. "I'm sweet, love walks and still have pep in my step."



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for Sacramento County residents. Visit BradshawShelter.net to see all available dogs and see who you fall in love with or visit the shelter at 3839 Bradshaw Rd.!

A PETACULAR EVENT SEPTEMBER 28

Join us for BOW WOW Days on September 28th at Orangevale Community Park! This funfilled event celebrates pets and community with exciting activities for all.

What to Expect:

- **Vendors & Non-Profits**: Check out booths with pets for adoption and learn about pet
- **Food Trucks**: Enjoy delicious eats from local vendors.
- **Local Crafts**: Browse unique, pet-themed creations.
- **Microchip Checks**: Get your pet's microchip checked by Friends of Front Street Shelter.

New This Year:

- **Training Stations Course**: Improve your pet's behavior with DAACK PACK's expert guidance.

Fun Activities:

- **Photography Booth**: Capture special moments with your

- **Races**: Enter your dog in the Chihuahua Races, Weenie Races, or Running with the Bull.
- **Costume Contest**: Dress your pet in their best outfit for a chance to win prizes.
- **Talent Show**: Show off your pet's special skills for a shot at PAWsome rewards.

Register and find more details [www.bowwowdays.com] (http://www.bowwowdays.com). Don't miss out on a day of joy, laughter, and furry fun!

Proceeds support charities like Helping Hands Orangevale Fair Oaks and others. For info, contact All Events Management Group at 916.934.2207 or Lisa@alleventsplus.net.















If you still have some ripe tomatoes, then this recipe is for you. It is the perfect recipe to serve as a summer meal or as a side dish. It is a combination of recipes: one that I found in the Sacramento Bee many years ago and another from one that my mother uses. This dish is best eaten on the day you make it, but it will also make a nice lunch or leftovers the following day, too.

We would love some new recipes, so if you have any recipes, please send them to Suzanne Feblowitz at the Orangevale View (editor@ovview.com). Be sure to include your phone number or email address in case we need to contact you. If you wish to remain anonymous, just let us know and we will omit your name

PRACTICE
RANDOM ACTS
OF KINDNESS
AND
SENSELESS
ACTS OF
BEAUTY
Anne Herbert

PASTA SALAD WITH FRESH TOMATOES AND BASIL

6-8 medium sized garden-fresh tomatoes, cored and diced

- 4-5 tablespoons olive oil 1 teaspoon oregano
- 2 tablespoons fresh chopped parsley 4 cloves garlic, chopped 4 oz. fresh basil, chopped (I get a basil plant at Trader Joes and use

1/3 cup feta cheese (or shaved parmesan)
1/3 cup pine nuts, toasted

that!)

2 tablespoons balsamic vinegar (optional)

1 pound penne pasta, cooked

Prepare pasta. While the pasta is cooking, warm the oil in a large skillet. Turn the heat to low and add the tomatoes, oregano, parsley,

and garlic. Stir gently and cook for about 5-7 minutes on low. You are basically just letting the flavors come together. When everything still looks fresh and things start smelling delicious. add the basil and mix in gently. Finally, add the vinegar and mix in, and then remove from heat. Put pasta in a serving dish. Pour the warm tomato mixture over the pasta. Mixture should not be hot. If it is hot, allow it to cool. When cool, toss with the feta and pine nuts. Serve as a main dish or as a side dish. Serve warm or cool.

Note: You can adjust the amount of ingredients after you make the recipe. I probably use more tomatoes, feta cheese and pine nuts than noted above.





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8341 Bardmoor Court	4	2 (2 0)	1236	\$	485,000
8105 Ramwood Way	3	2(20)	1030	\$	487,000
6657 Coyote Court	4	2(20)	1536	\$	501,000
8437 Central Avenue	3	2 (2 0)	1236	\$	502,000
8739 Mandan Court	3	2 (2 0)	1212	\$	510,000
6232 Wedgefield Way	3	2(20)	1419	\$	530,000
9054 Terramore Drive	4	2(20)	1579	\$	530,000
8821 Canarsie Avenue	3	2 (2 0)	1080	\$	535,000
9109 Terramore Drive	3	2(20)	1245	\$	545,000
9724 Golden Drive	4	2(20)	1910	\$	550,000
8911 Central Avenue	2-3	3 (2 1)	1693	\$	550,000
5600 Skyridge Drive	3	2(20)	1494	\$	560,000
9524 Golden Drive	3	3(30)	1674	\$	567,500
5517 Chamise Court	4	2(20)	1571	\$	625,000
9348 Golden Gate Ave	2	1 (10)	1021	\$	630,000
8422 Juglans Drive	4	3 (2 1)	1919	\$	645,000
5708 Eugenia Court	4	3 (3 0)	2102	\$	725,000
8901 Maple Hill Lane	3	3(30)	2324	\$	735,000
9622 Golden Drive	4	2 (2 0)	1773	\$	750,000
9537 Golden Drive	3	2(20)	1961	\$	751,000
8725 Windshire Lane	4	2(20)	2352	\$	775,000



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9/10 1:30-3:00pm

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You Are Invited

911 Memorial, Wednesday September 11, 2024 8:15 am

Sylvan Cemetery in Citrus Heights, started a 911 Memorial years ago to honor those that lost their lives on September 11, 2001. We take time to salute the over 3,000 men and women that died in a terrorist attack on America.

This year the 911 Memorial service will be held on Wednesday, September 11, 2024, at Sylvan Cemetery, 7401 Auburn Blvd., Citrus Heights at 8:15 am in the gazebo. We will meet for 30 minutes.

Folding chairs will be provided for those that want to sit but there will be no mandatory seating arrangements. We would love to have you join us for a time of reflection and music.

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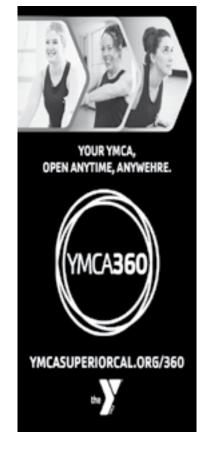
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HELP WANTED

Experienced Youth Leader (Part-Time Position) Fairvale Baptist Church is looking for a new YOUTH LEADER to bring fresh energy through programs specifically designed to build up a Youth Group and train youth leaders in the make. Pay will be negotiable. Part-time position to start, possibly evolving to fulltime. Email: fairvalebaptist@outlook.com or call Administrator at 530-748-6694

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If today's youth are the builders of our tomorrow, then Jenn Gustafson and the Orangevale Teen Council are building foundations for a thriving future in Orangevale and Fair Oaks.

Jenn Gustafson, a program director with the Orangevale Fair Oaks Community Foundation, had always seen a need for our local youth, but during the uncertainty of distance learning in 2021 that need became undeniable.

"Td always said the work our adult community leaders do will not last forever," Gustafson says. "Today's leaders eventually age out. We need to make sure the coming generation knows how to do these same things. How to Lead. How to run programs. To see needs in their community and take action."

The circumstances of 2021 sparked her idea into action. Gustafson saw that teens were missing the leadership experiences student government, clubs and teams used to supply. Feeling uncertain when, and if, those opportunities would be available again, she took the ideas in her heart to Orangevale Fair Oaks Community Foundation founder and CEO, Brad Squires. Gustafson recalls, "Brad's response was 'Absolutely. I've wanted to do something like this for years. Go for it."

Since then the teen council has grown from 13 teens from Orangevale at the inaugural meeting in March 2022 to 45 active members from both Orangevale and Fair Oaks last school year.

This council differs from a youth service club. The Orangevale Teen Council's primary focus is developing leadership — youth planning and implementing their own events with the supportive mentorship of adult leaders. "We do service in our community, but it's for our own events," explains Gustafson. "We focused on the

goals the teens have set and the programs they have built. Our goal is to build leaders for the future."

Teen council programs focus on helping other teens. They organize social events like outdoor movie nights at Dairy Queen and hoedown dances to fund their teen support programs including Christmas stockings for teens in financial need and emergency supply closets at Casa and Bella Vista high schools. Amazon wish lists are found on their website.

As these teens organize, implement and give, they also grow. Heidi Lettau describes her daughter Luci's experience as invaluable. "It's a place to belong and create. It gave our daughter a place to connect, to serve. A place to provide and implement her ideas." Luci is now also leading on her own. She recently presented to a yearbook convention about the importance of being connected in the community and about Orangevale Teen Council. No one asked her to. She just did it, because she valued it.

"If you are looking for a place to build many skills that will help you in the future and build friendships and connections," Luci Lettau invites, "Orangevale Teen Council is the place to do it."

Any teen living or attending school in Orangevale or Fair Oaks can register. The 2024/2025 Teen Council registration opens August 19 on their website.

Get conn

ected online or sponsor OTC's Amazon wish list at ovteencouncil. com, on facebook at Orangevale Teen Council and on Instagram at Orangevale. Teen. Council.

Community Connections. Helping you connect and engage with your community in more meaningful ways. Find your passion and get involved. Email suggestions to PatsyMcGavock.Just-Serve@gmail.com.

Relay is the number one fundraising source for The American Cancer Society.

We would LOVE to spread the word about our event and invite everyone to come out and experience what Relay for Life is all about.

Relay For Life is more than a walk – it's a chance to come together in your local community to celebrate cancer survivors, remember loved ones lost, and fight back against every cancer as we come together for every life.

This years event will be held at the Orangevale Community Park, 7301 Filbert Avenue, the corner of Filbert and Oak on Saturday, Avenue, September 14th, 12pm - 9pm. We will have a Cancer Survivors Ceremony, live entertainment, a Luminary Ceremony to celebrate and remember those touched by cancer, fun games for all ages and a Craft Fair that will be going from 12pm - 5pm. Come out to visit us and support the fight against cancer. Just come out to support the fight against cancer, or start/join a team that will be on the field from 12 noon - 9pm and take turns waling around the park. Supporting the theory that no one walks alone. For more information, please contact Monique "MO", at schmo929@ vahoo.com.

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NEW: YMCA360 APP!

We are thrilled to announce the official launch of our new app — YMCA360! This incredible app is designed to enhance your YMCA experience with a host of fantastic features right at your fingertips.

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YMCA360 | YMCA of Superior California (ymcasuperiorcal.org)

Y Members: 30 in 30 Challenge

This challenge is designed to push your limits, enhance your fitness, and connect you with a supportive community. Try out a variety of classes across our four Pillars of Group Fitness: Strength, Cardio, Core, and Restore. Participate physically with a tracker card available at the front desk, or join online through YMCA360. Track your progress, earn points towards YMCA swag via the Y360 app, and participate in

weekly raffles for extra moti-

30 in 30 Challenge | YMCA of Superior California (ymcasuperiorcal.org)

Fall Swim Lessons & Upcoming Clinic

September Sessions:

Starting in September, we'll offer morning swim lessons on Mondays and Wednesdays from 10:30 AM to 1:30 PM, including group swim lessons, parent & child swim lessons, and semi-private swim lessons.

We're excited to announce that our Swim Clinic will be back at the Y starting September 3rd! Join us on Tuesday, Thursday, and Friday nights for specialized swim training that will enhance your skills and boost your confidence in the water.

Clinic Schedule:

- •7-8 Year Old's: 4:30 PM 5:15 PM
- •9-10 Year Old's: 5:15 PM 6:00 PM
- •11-18 Year Old's: 6:00 PM 6:45 PM

Pricing: \$150 for Members | \$210 for Non-Members

Pickleball Socials/ Events

Rollingwood Pickleball Program 4-Year Anniversary Celebration!

We're celebrating our 4-year anniversary at Rollingwood Pickleball!

Join us for a morning of fun pickleball and refreshments with friends.

- Monday, September 2nd 8:00 AM - 10:30 AM

FREE event, but please register in advance. We hope to see you there!

Pickleball | YMCA of Superior California (ymcasuperiorcal.org)

Fall Ladder: Registration Now Open!

Fall Ladder is here! Play 3

games to 15 with 3 different partners each week and move up or down the ladder. It's a great way to enjoy Pickleball with various players in a fun environment.

Sacramento Central YMCA: Coed, Tuesday mornings 9:30 AM - 11:30 AM, Sept 17th through Oct 29th Rollingwood YMCA:

Ladies: Thursday evenings 6:30 PM - 7:30 PM, Sept 19th through Nov 7th

Guys: Thursday evenings 7:30 PM - 8:30 PM, Sept 19th through Nov 7th

\$20 for Y members / \$35 for guests.

The first 16 players to sign up are guaranteed a spot.

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S'moresfest 2024: A Night of Camp, for Grown Ups!

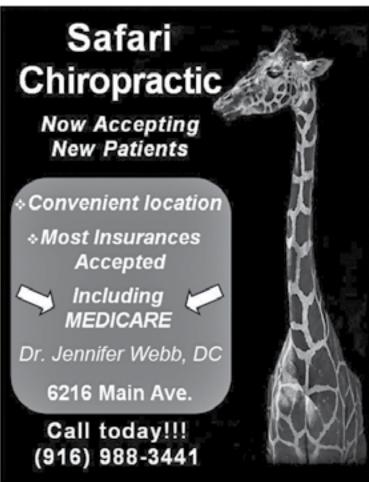
Mark your calendars for September 28th and get ready for an unforgettable evening of summer camp fun, while supporting a great cause.

Events like S'moresfest play a crucial role in supporting our Y community. Here's how your support makes a difference:

- •\$200,000+ in scholarships that provide financial assistance to individuals and families in need.
- •Access to facilities and programs that serving more than 7,000 members in our region.
- •113 group exercise classes each week. Including specialized classes for seniors and aquatic enthusiasts.
- 30,000+ kids in youth sports programs- engaging children in meaningful and active experiences.

https://www.classy.org/ event/smoresfest-2024/ e556758





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