WE HAVE THIER BACKS AND SO CAN YOU!



The Casa Roble FFA Chapter is excited to announce that a handful of their members will be representing our local Orangevale High School Club at the National FFA Convention in Indianapolis, Indiana from October 21st- 27th.

CONTINUE ON PAGE 5



ORANGEVALE GRANGE HONORS LONGTIME MEMEBER BOB CLOUSE

The Orangevale Grange honored longtime member and past president Bob Clouse on September 6th with a BBQ of a market steer raised by local FFA member Garrett King.

CONTINUE ON PAGE 8



Stars and Stripes Dog Rescue Celebrates First Graduate of Veteran-Owned/Handler Service Dog Training Program for PTSD

Orangevale, CA August 2024 – Stars and Stripes Dog Rescue, a 501(c)(3) nonprofit organization dedicated to rescuing dogs and transforming them into service animals for veterans, proudly announces the graduation of its first veteran-owned/handler from the Service Dog Training Program for PTSD. This unique program empowers veterans to take an active role in training their own dogs, transforming both the veteran and their dog into a unified team that can face the challenges of PTSD together.

The program was designed to give veterans with PTSD a hands-on role in training their service dogs, offering therapeutic benefits, and fostering a deep bond with their canine companions. The first graduate, Curt, worked alongside Shadow, through an intensive training process that prepared both for success in everyday life.

"We're thrilled to celebrate Shadow as the first graduate of this new

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program," said Susan Aimes, Founder of Stars and Stripes Dog Rescue. "By allowing veterans to train their own dogs, we are not just giving them a companion but also a meaningful sense of accomplishment and empowerment. This program helps veterans take control of their healing journey, and the bond that forms between them and their dogs is extraordinary."

Program Highlights:

- •Veteran-led training: The program allows veterans to be directly involved in the training of their own service dogs, fostering trust, teamwork, and emotional support.
- Rescue dogs as service animals: Once at risk of euthanasia, these rescue dogs now serve as life-saving companions for veterans coping with PTSD.
- •Holistic approach to healing: The training process is designed to benefit both the veteran and the dog, creating a therapeutic relationship that helps veterans manage their PTSD symptoms and regain a sense of independence.

Curt and Shadow's successfully completed the program after many

months of hard work and dedication, marking a milestone for Stars and Stripes Dog Rescue and setting the stage for future graduates. This program not only transforms lives but also saves dogs, making it a win-win for all involved.

For more information about the program or to get involved, please visit www.starsandstripesdogrescue.org or contact Susan Aimes at starsandstripesrescue@gmail.com.

Submitted by Susan Aimes



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ABOUT THE VIEW



ABOUT THE ORANGEVALE VIEW

The "Orangevale View" – the ultimate, award-winning community newspaper – serves Orangevale and surrounding areas, including Fair Oaks, Citrus Heights, and Folsom, CA. With a present estimated readership of more than 37,000, this FREE paper grows with every issue. It is delivered twice a month to at least 15,000 residents' homes and to more than 100 high traffic locations.

The views and opinions printed within are not necessarily those of Publisher Brad Tatum or the Orangevale View staff. Rather, the views and opinions expressed are those of each individual contributor. SUBMISSION POLICIES:

Submissions from you, our readers, are always welcome, for this is YOUR newspaper. We await school, church, or sports team materials, anniversaries, births, special occasions, memorials, or other items of interest. Donations are encouraged and accepted for anniversaries, births, and other special milestones and announcements. Publication is at the discretion of the Orangevale View staff.

Requirements are simple:

- (1) Acknowledge that either you are the author or you have permission to publish from the original author;
- (2) Articles should not exceed 300 words. We like Community Calendar items of 45 words or less.
- (3) Format: Microsoft Word format with photos at least 300 dpi JPEG or PDF.

Please use this format so we do not have to send your work back to you for corrections.

(4) The View does not verify the accuracy of your submissions, and in some cases, dates and information are subject to change. (5) Please email submissions, to YOUR newspaper. The email address is editor@ovview.com. It is you, our

contributors, readers and advertisers who make the Orangevale View a newspaper you want to read.

STAFF:
Brad Tatum Publisher/Advertising
Lisa Montes -Editor
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Suzanne Feblowitz
MaryAnne Povey
Community of Orangevale

ORANGEVALE VIEW PO BOX 2051

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DATES TO REMEMBER
OCTOBER 2024
OCT 2 Public Deadline
OCT 11• PUBLICATION
OUT TO PUBLIC

OCT 16 Public Deadline
OCT 25 • PUBLICATION
OUT TO PUBLIC



The Citrus Heights Seventh-day Adventist Church, located at 7610 Wachtel Way in Orangevale, CA, is hosting its second annual Health Fair on September 29, 2024 from 10 am to 2 pm. Come for a FREE Health Screening and Education, (along with resources), a free massage, food and much more. There will be activities for the children as well. Do your health a favor and come join us.

Orangevale History Project - Wed, Oct 2nd, 6:00pm meeting, 6930 Hazel Ave, Bldg #2 (park beyond the gate) - "Kazoku Taketaya", One Family's Journey through OV & Beyond

On October 5th, instead of a meeting, from 8am to 12pm we will have our Fall Plant Sale Fundraiser at the Orangevale Grange - 5807 Walnut Avenue, Orangevale. Come pick up starts for your fall vegetable garden,

October 13 Pumpkin Palooza, Vendors, Food, Pumpkin Patch, Pumpkin Chuckin and more. Orangevale Grange 5807 Walnut Ave Orangevale 12-4 pm.





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ANNOUNCEMENTS

WE HAVE THIER BACKS AND SO CAN **YNIII**

This phenomenal convention allows the students to connect with other FFA members throughout the nation. The convention showcases classes to improve their leadership skills and to recognize and celebrate their accomplishments. The members will also have the opportunity to attend educational and career oriented workshops. This convention gives the kids that spark of inspiration for all their future endeavors wherever that may lead them.

The participating Casa Roble FFA students are raising funds to finance this once in a lifetime trip. If you are interested in sponsoring them, you can do so by donating \$30 a line to their, "I've got your back" t-shirt fundraiser. Each line you sponsor allows you to place your name or business on their shirt that they will wear during the convention. You can purchase as many lines as you want! If you are able to help these wonderful kids, please reach out to Christina Tannehill, the Casa Roble FFA Advisor, at christina.tannehill@ sanjuan.edu



EXCITING NEWS FROM ALMOND **GROVE!**

We are delighted to announce that two of our cherished residents, Miss Angela Austin and Mr. Robert Mansfield, got married at City Hall on Wednesday, September 11th. To celebrate this wonderful occasion. Almond Grove hosted a reception featuring live music, a beautiful cake, and plenty of festivities. This is the first wedding at our fa-

Angela and Robert's love story blossomed right here at Almond Grove. Angela

has been with us for a year and a half, while Robert has been here for two and a half years. Despite the attention Robert received from other ladies, his heart was set on Angela from the moment they met. Angela, a former nurse at UC Medical Center who later ventured into real estate, and Robert, a retired chef, both found their way to Almond Grove after facing health challenges. Angela had a stroke, and Robert was diagnosed with Parkinson's disease. Their journey together is a testament to love and resilience.



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Orangevale Farm & Garden Club Starts New Garden Year

Attention all gardeners and aspiring gardeners! The Orangevale Farm & Garden Club has started a new gardening year. We meet September through June on the first Saturday of the month at 9:00 am, at the Orangevale Grange Hall located at 5807 Walnut Avenue in Orangevale. Gardeners from all areas are invited to join us as members or guests for informative speakers, field trips, and sharing a love of gardening with each other and the community.

gevale Farm & Garden Club meeting attendees learned from Lacey Yuke, Manager of the Orangevale-Fair Oaks Food Bank Farm, how to transition our summer gardens to get ready for the fall and winter. She also discussed what to plant and gave an update on the latest news from the Farm. In addition, we did a seed starting activity for our upcoming Plant Sale Fundraiser.

On October 5th, instead of a meeting, from 8am to 12pm we will have our Fall On September 7th, Oran-Plant Sale Fundraiser at

the Orangevale Grange -5807 Walnut Avenue, Orangevale. Come pick up starts for your fall vegetable garden, perennials, succulents, and boutique items all at great prices for a great cause! Mark your calendar and bring a friend! Follow our Facebook Page ("Orangevale Farm & Garden Club), our Instagram Feed (@orangevalefarmandgarden), or become a member to stay updated on all the latest information!

Submitted by Judy Herrmann

PLAY CRIBBAGE

*Compete in weekly Cribbage tournaments.

Gold Country Cribbers play Wednesday at 4:00 pm at the

Moni Gilmore Sr Center, 990 Lassen Lane El Dorado Hills, CA. 95762 Call 916-212-2465 or 916-202-1762 for more information.

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GUM FAMILY IN ORANGEVALE

Excerpts from My Yesterdays by Wilma Gum Aspholm (sister of Irving Gum)

Most residents of Orangevale are familiar with the Gum Ranch at the corner of Kenneth Avenue and Madison Avenue in Fair Oaks. It is now developed into new housing tracts. This article has a few memories of the Perry Gum Family when they lived on Beech Avenue in Orangevale.

Perry's family purchased property in Fair Oaks when they came to California. His first property was five acres on Winding Way which he sold, moved to Sunset Avenue, and then moved with their two children Irving (11) and Wilma (9) to a new home on Beech Avenue in January 1930. He worked for the Natomas Gold Dredging Company of Folsom.

The information below is how Wilma wrote in her book of life.

Dad built a four room house in Orangevale with the help of a carpenter friend for us to move into. As soon as we were In, he was working on adding two more rooms, at the back, the kitchen and another bedroom. So, they were closed in with plaster board but were never finished or painted it was left with tar paper and open rafters.

Most houses did not have electricity at the time and neither did we at first. All cooking and heating were done with a wood cook stove. We also did not have an indoor toilet, just an outhouse. They had two electric companies then PG&E and Great Western Electric Company. The gimmick was the electric company would bring the line to the house if you would buy an electric stove. We did get an electric stove, but mother used both to prepare food. Refrigerators were not common at all in the 1930s, most people had old wooden ice chests for refrigeration and the ice man came around once a week with ice for them.

With no other electric appliances most people would toast their bread in ovens. We got an old one burner electric plate with coiled tiny wires across it. You laid the bread on it and when one side toasted you turned over for the other side. If you forgot you soon had smoke circling the room.

On Beech Avenue we lived about a quarter of a mile from Central Avenue and were the only ones on the road. The road was dirt and in the summer the dust blew from it and in the winter was mud. To the north of the place was nothing for miles except fields and a 40 acre prune orchard to the west. Moesingers were our closet neighbors on Central Avenue. These was also a family of Italians north of us, across the road from the Moesingers . We never had anything to do with the "Dagoes" or Wops" as Dad called them.

Adults in the Fair Oaks and Orangevale area then seem to know each other but the kids did not. Irving and I had to find new friends at school. On the first day of school Mom had made arrangements for Mrs. Sadie Cable and her son Vernon to pick us up. She took us to school and helped get set up. The Cables owned cows and sold milk to customers in the area. Mrs. Cable delivered it on the way to school. The Orangevale School was an old two story building on Central Avenue. Mrs. Corkett taught the first four grades in one room and Mrs. Cable taught in the other room fifth through eighth grade. After the first day we walked daily to and from school like all the other students. The school was not modern like the Fair Oaks schools. Everything was really old. Most of the desks were individual ones but some were the old double desks. The desks were hooked together in rows from the front of the room to the back and each had an old fashion ink well. Each room was heated with an old round six foot tall black stove fueled by wood.

Theodore Greenhalgh was in my class, and he sat behind me. We often talked to each other when we shouldn't, and when the teacher caught us, she made us sit together at one of the double desks, which was not much punishment since we liked each other. Teddy got into mischief all the time. At the Christmas Play held at the Orangevale Community Center across the street from the Holmes grocery store. Every kid usually had some kind of part. One year the play was about brownies long underwear with drop seats. One day when rehearsing. Bernard Grundman, one of the brownies didn't have the drop seat of his costume buttoned in the back. Teddy started chanting, "Farmer Brown went to town with his pants hanging down."

The kids did the darndest things at that school. One time Dale Greenhalgh brought a mole to school on a string leash. The kids tormented Mrs. Cable, something awful. One of the kids peeled an orange and placed it on her chair when she was not looking. It made a squishy, juicy mess. When something like this happened, Mrs. Cable went through the same process each time of going up and down the rows asking each one, "Did you do it?" Naturally, no one ever admitted it nor knew who did it. Sometimes they would throw a rotten egg into that big black stove when it was hot, that sure made one awful stink. Another was they took a hot stove poker and then burned the chalk erasers with it, which also made a terrible stink.

At recess, our recreation besides a few pieces of equipment included playing baseball, marbles, run sheep run, and other games. The boys would gather in a circle and play a game called "Real Estate." They would throw their jack-knives to see where it stuck in the circle and then cut off that section where the knife landed. It became their property.

Prepared by Kay Barnes

WE NEED OUR HISTORY!

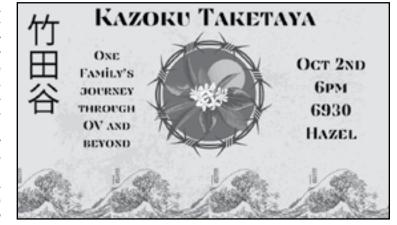
It's a cold hard fact that interest in our American history has never been lower! When schools do address the subject, it's mostly event names and dates. Not much on stories to explain the why or how. Worst yet are the political slants being introduced. So now is the time to share your stories and teach your children history which is so important in learning. Start by sharing your family history, then broaden into local history.

What has made Orange Vale into the Orangevale of today? That's where the Orangevale History Project (OHP) and the

collections with our community is most important! We have history from the Native Americans who inhabited the area before us to an exhibit on The Boardwalk, one of our music venues, and much in between. All ages will enjoy our interactive touchscreen monitor - makes learning fun! The Museum, located at 6920 Hazel Ave, is open Tuesdays, Thursdays, and Saturdays from 12-4pm, and admission is free.

Mark Aring, OHP's president, will present "Kazoku Taketaya" at our next meeting, Wed, Oct 2nd. From the Far East to Orangevale and beyond, join us as we explore the Taketaya family's journey through Orangevale and the Internment camps of WWII. With special photos from the descendants of the Taketaya clan as well!

Please support history in your locale - attend one of our meetings, and visit "your" history museum! Bring your family and your neighbors - there is much to learn!



Orangevale History Museum can provide so much! OHP, a 501(c)3 nonprofit, has monthly meetings providing historical presentations the first Wednesday of each month, starting at 6pm, at 6930 Hazel Ave (2nd building). Speakers talk about the early leaders. early businesses, early schools, historical homes, and unique geographic areas. OHP also has its own YouTube Channel with recordings of our presentations as well as interviews with long-time area residents who enlighten us on what local life was like in earlier days. Our website is OrangevaleHistory.org.

Our jewel is the Orangevale History Museum that opened in July of 2023. OHP is receiving family collections of which our mission of preserving and sharing those

Submitted by Mary Witcraft

Orangevale History Project (OHP) General Meeting - First Wednesday each month, 6:00pm at 6930 Hazel Ave, 2nd bldg (location may change in 2025). Guests welcome. We are a historical society with a mission to preserve, promote and educate about our local Orangevale history. www.OrangevaleHistory.org

Orangevale History Project - Wed, Oct 2nd, 6:00pm meeting, 6930 Hazel Ave, Bldg #2 (park beyond the gate) - "Kazoku Taketaya", One Family's Journey through OV & Beyond.

Orangevale History Museum - OHP maintains this Museum at 6920 Hazel Ave, open Tues, Thurs & Sat 12-4pm. Free admission





Meryl (A868447), 3 years old. "I'm sweet, learning leash skills, and ready for a patient adopter."



Figgy (A868905), 3 years old. "I'm playful and love adventures!"



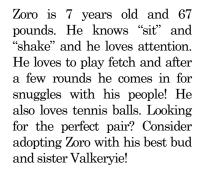
Name: Zoro
Animal ID: 56297017
Breed: German Shepherd mix
Age: 7 years
Gender: Neutered Male
Adoption Fee: Sponsored!!



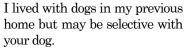
Wyatt (A866756), 4 years old. "I'm handsome, friendly, and enjoy going on walks."



Hal (A862499), 11 months old. "I'm excited and love playing with toys!"



His adoption fee was sponsored by a loving fan!



I don't have a history with cats, but may do well with them with a slow introduction.

I don't have a history with children but may do well with them.

If you are interested in this specific animal, please come to the shelter for walk-in adoptions Tuesday through Saturday from 10:30am to 5:30pm. We recommend coming in as early as possible, as adoptions are first-come, first-served.

come, first-served. Sacramento SPCA 6201 Florin Perkins Rd Sacramento, CA 95828 916-504-2834



Frito (A863685), 1 year and 6 months old. "I'm shy but love toys and yard play.""



Stephanie (A867819), 12 weeks old. "I'm a curious and playful puppy!"

Visit BradshawShelter.net to see all available dogs and see who you fall in love with or visit the shelter at 3839 Bradshaw Rd.!







ORANGEVALE GRANGE HONORS LONGTIME MEMEBER BOB CLOUSE CONTINUED FROM FRONT PAGE



Bob Clouse and Garrett King

Bob Clouse, a long time supporter of the FFA and buyer of countless FFA market livestock, has dreamed for many years of having the Grange purchase a steer from an FFA member and hold a community BBQ. The Grange was pleased to do just that in his honor.

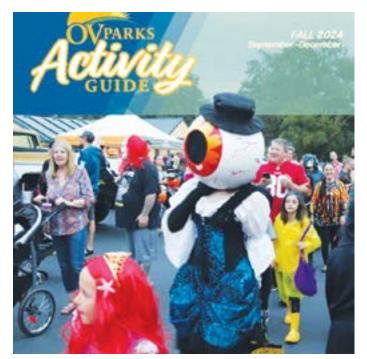
Also, Bob received a congressio-

nal certificate of honor on behalf of US Representative Kevin Kiley and another certificate of honor on behalf of Sacramento County Supervisor Sue Frost.

Bob Clouse has a long history of service to our community. Along with leading the Orangevale Grange, Fair Oaks Grange, the State Grange and the national Grange, he has been an honorary mayor of Fair Oaks, president of the county fair board of directors and the FFA foundation, leader in the Boy Scouts, small business owner, and friend to all. He has even attended over 3000 Sacramento Kings games!

Bob has been a pillar of our community since he moved from the family farm in Washington in 1974, and we are all blessed to have him as a leader and mentor..

Submitted by Luke VonderOhe Grange President



OVparks Fall Activity Guide is Now Available!!! You can now sign up for all your upcoming fall classes and programs online at ovparks.com. We're excited to share with you all the exciting youth and adult programs available at Orangevale Recreation & Parks District, as well as announce our upcoming events! Don't miss out on our Fall Rummage Sale on 9/21, Family Fright Night (Trunkor-Treat) on 10/11, Holiday Craft Fair on 11/15 & 11/16, the Orangevale Community Tree Lighting on 12/6, and the Polar Plunge on 1/1/25. Remember to look for your copy of the guide in the mail or you can come pick up one from our office, and we are excited for another amazing season together here in Orangevale!







I recently lost my mom, and this recipe was one of our family favorites. In fact, this was the last dish that we made together this summer. This is a simple dish that can be your main dish, side salad or served over a sausage in a bun. As a salad, serve this with slices of French bread. Dip the bread into the sauce and then put some peppers on top of the bread. It is heavenly! It can be eaten warm or at room temperature. It will need to sit out when taken out of the refrigerator because the olive oil will need to come to room temperature.

If you would like to share a favorite recipe, please send a copy to Suzanne Feblowitz at the Orangevale View (editor@ovview.com). Be sure to include your phone number or email with your recipe in case we need to contact you. If you wish to remain anonymous, just let us know and we will omit your name.

MOM'S PEPPER SALAD

2 Green Bell Pepper, sliced in thin strips

2 Red Bell Pepper, sliced in thin strips

Or 3 large total

1 or 2 cups mushrooms, sliced 2-3 cloves garlic, chopped

½ cup Balsamic vinegar ¾ cup Olive Oil Salt

Pepper

On low heat in a large frying pan, warm olive oil, garlic, sliced pepper and cook until tender. Be careful not to burn the garlic. Then turn up the heat and add the mushrooms; stir until done. This won't take long. Remove from heat and add vinegar and salt and pepper (to taste).

Serve at room temperature with French bread or over your favorite sausage. Enjoy!



Helping Hands OV Celebrates Community Spirit with Flavorful Success at 3rd Annual Salsa Cook-Off

Helping Hands OV proudly announces the spicy success of its 3rd Annual Salsa Cook-Off, held on August 17, 2024, at the Orangevale Grange. The event brought together the community for a day brimming with dance, music, vendors, and of course, sensational salsa.

Under the summer sun, the Grange transformed into a lively celebration of local culture and cuisine. The event showcased an impressive array of vendors, including esteemed local businesses such as Katie Yount State Farm, Reliable Home Improvement, Desert Capital Management, Golden State Handyman, Miller's Ace Hardware and Palmer Real Estate. Attendees also enjoyed unique offerings from various crafters, adding to the festive atmosphere.

The salsa cook-off, the main highlight of the day, saw 25 passionate home cooks competing to claim the title of the best salsa maker. Over 400 enthusiastic attendees sampled the diverse array of salsas, ranging from mild to hot, blended to chunky. As they enjoyed the flavorful competition, the community was entertained by performances from OG Salsa Academy and Grupo Forklorito Los Sugaritos, while Rock Bottom delivered high-energy music that kept the



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The competition was fierce, but the top salsas were crowned in four distinct categories:

Best Chunky Salsa:

1st Place: John Tampas (#19) 2nd Place: Jordy Burns (#16)

Best Blended Salsa:

1st Place: Dave Dunlava (#6) 2nd Place: Maribel Toribio (#24)

Best Mild Salsa:

1st Place: Tawny Sanchez (#4) 2nd Place: John Tampas (#19)

Best Hot Salsa:

1st Place: Dave Dunlava (#6) 2nd Place: Paul Kellner (#2)

The event also featured a silent auction and raffle, offering a variety of exciting prizes. Many lucky winners left with fabulous items, thanks to the generosity of local businesses and supporters.

Helping Hands OV extends

heartfelt thanks to everyone who participated and contributed to making this year's Salsa Cook-Off a memorable occasion. Special gratitude goes out to our sponsors, vendors, and volunteers whose support was instrumental in the event's success.

The salsa cook-off not only celebrated culinary excellence but also strengthened community bonds, showcasing the spirit of Orangevale and Fair Oaks. We look forward to seeing you at next year's event and continuing to support and celebrate our local talents and businesses.

For more information about Helping Hands OV's mission to assist low income, elderly, and disabled with small household tasks, and upcoming events, please call (916)426-8583, email us at helpinghandsov@yahoo. com and follow us on social media.

Submitted by Sydnie Anderson









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OVPARKS Fall Fun

NAofA TeeBall Club Ages: 3-6 Sa 10/5-10/26 Fee: S65/ S68 NR SoccerTots Ages: 2-5 M 10/7-10/28 Fee: S91/ S94 NR Pickleball Clinic Ages: 6-13 Tu 10/8-10/29 Fee: S91/ S94 NR



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our Fall

Basic Horsemanship Ages: 8-15 F 10/4-10/25 Fee: S195/ S198 NR

Collette Travel

Presentation

Ages: 18+

Tu 10/29

Fee: FREE

OVparks Family Fright Night
Friday, October 11th
Trunk or Treat at 5:30pm
Movie start at 7:00pm
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| NAofA Flag Football | Adventure Crew: | Space Spectacular | Ages: 7-13 | Ages: 5-12 | F 10/4 | Fee: \$125/ \$128 NR | Fee: \$53/ \$56 NR

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CASA ROBLE'S CROSS COUNTRY TEAM



Casa Roble's Cross Country Team has been busy! They had conditioning over the summer and a fun team bonding week full of games, Olympic watching parties, and a hike to Lake Clementine. The team competed in their first race of the 2024 season on Saturday August 31. The Lagoon Valley Classic is one of the largest Cross Country races in Northern California with 80 schools and over 1500 athletes competing on a course known for it's (in)famous hills. Frosh, Soph, and JV had a 2 mile race and Varsity did the 3 mile.

For many members of the team, this was their first high school race. They finished well, setting new personal records and gaining valuable experience for the rest of the races this season.

Medalists: Davyn Forbes, Freshman Boys, 2 mile, time of 13:06, Kaydence Castro, Frosh/Soph Girls, 2 mile, time of 15:49, Brooklyn Rozumowicz, Varsity Girls, 3 miles, 9th, time of 19:46, and Corbin Faircloth, Varsity Boys, 3 miles, 21st, time of 17:19.

On Saturday September 14, the Casa Cross Country team drove to Ceres for the Kim Duyst Twilight Invitational. This was a rare night race for the team. It was a fast course, with Frosh/Soph running 2K and Varsity competing in a 5K. It was a crowded field - for instance, the Boys Varsity event had 379 competitors! The team racked up a lot of new personal records and had a fantastic experience. Up next for the team is the first GEL meet of the season on Wednesday September 25 at Dixon, followed by a trip to Portland for the Nike Portland Invitational on the 28th. Go Rams

Submitted by MaryAnne Povey Photo Credit Kathy Faircloth





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Casa Roble Football Update

By Tim Engle $\,$

Casa Roble faced off against Twelve Bridges on Friday the 13th in a highly anticipated rematch, as Twelve Bridges came in seeking payback for last year's section five championship loss. That dramatic victory by Casa, right at the end, had clearly fueled their opponents all off-season.

This year, Casa's team looks very different from last season's championship roster, with many key players gone and injuries already taking their toll. Despite their efforts, the game quickly turned in Twelve Bridges' favor, with dropped passes and missed blocks adding up. Football is a game of inches, and those inches just didn't fall Casa's way, resulting in a tough 51-7 loss

With a record of 1-3, the Rams are heading into a much-needed bye week. While losses like these are tough, they often serve as a wake-up call. As they regroup and prepare for the regular season, Coach Chris and his team will be looking to reset and come back stronger.

Go Rams!



10 am –2 pm



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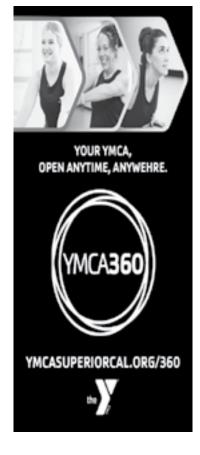
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CASA GIRLS VOLLEYBALL SWEEPS!





A huge congratulations to the Casa Roble Girls Frosh, JV, and Varsity volleyball teams for sweeping Dixon in a thrilling series of matches! It's a clean sweep for Casa, showcasing their strength and determination!

Wishing the girls continued success as they prepare for their next home game on Thursday, September 26th, against Natomas. Go Rams!

Thurs Sept 26 vs Natomas at Casa.

Mark your calendars for Thursday, September 26th, as Casa takes on Natomas at home. Be sure to come out, show your support, and cheer on the Rams! Go Casa!



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Celebrate 5 Years with 50,000 Pounds of Food Donate at the Fifth Annual Fall Community Food Drive

(545 words)

Hoping to meet growing food insecurity, the Orangevale Fair Oaks Food Bank and over 50 community partners celebrate the Fifth Annual Fall Community Food Drive. On Saturday October 12 residents are encouraged to drive through and drop off food and cash donations from 8:30 a.m. to 11:00 a.m. at Divine Savior Church on Greenback Lane in Orangevale.

Drive organizers Jose Zambrano, food bank community outreach coordinator, and Marcus Arnold, weekly foodbank volunteer, have set a record breaking goal of 50,000 pounds of food.

Arnold says he sees the need. He sees more new families, recently more large families, while donation trucks come back with less than they used to. "These are hard times. These community drives – they've got to grow, because the needs have grown so much."

Food bank records confirm Arnold's observations. Since 2020, when the number of individuals served increased 55 percent, the need has grown about 20 percent each year.

As need increases, the donations provided by groups like Feeding America have remained consistent and food provided by Sacramento Food Bank fluctuates every month, says Teresa Anderson, food bank office manager. "We depend on the community's generosity to help us fill that gap."

Support for this anniversary drive has expanded several fold. A single churches effort in 2020, grew each year to 11, then 25 organizations. Now over 50 community groups including churches, schools, businesses, clubs, and civic service organizations are involved.

"New partners have just come and sought us out this year. It's magnetic," says Arnold. "They've caught wind of it. They want to be a part of it. We're in five years and it's becoming tradition."

Various groups are collecting food. The Orangevale Grange hall is hosting donation barrels. Dairy Queen is putting flyers in their to-go bags. Orangevale Water Company and Fair Oaks Water District are including information in their September bills. Lawyers vs. Hunger will match up to \$15,000 in monetary donations. More than 100 volunteers will help unload and sort donations.

"This is our chance to give back, to collaborate," says Arnold. "It's about a four letter word – LOVE - in our community."

Individuals and families residing in zip codes: 95662, 95628, 95630, 95610, and 95621 can receive a full load of groceries twice monthly - once before the 15th and once before the end of the month. Distributions run most week days.

"We want our community to know we work to be good stewards with the food they give," shares Anderson. "We want to be a hand up, not a hand out, as we plan our grocery program."

Recipients often share that same feeling of stewardship. "Often a family who once received from the food bank will turn right around and give back to the food bank," shares Arnold. Schools who receive for their students also host drives that give back. Individuals bringing donations to last spring's drive said they just had to come; that when they needed it the food bank had been there for them.

"Our appeal to everyone reading this - really – is to pull up, drop off and donate the morning of October 12," says Arnold.

In addition to donations, volunteers are still needed from 8 a.m. to 10a.m. and from 9:30 a.m. to 11:30 a.m. and can sign up at www.ovfofb.org/volunteer.

"Just Caws"

Three wise crows sat in a tree. There names were Aba, Baba, and Cadaba.

They were as wise as crows could be –

This Aba, Baba, and Cadaba Said Aba:

"I see by yonder moon that's round Men are fighting on earth's ground, Can you tell me Baba brother Why ther're killing one another?"

Baba snapped his beak to state: "Though 'tis getting rather late, It's the system with its flaws And then, Just Caws."

At these matchless words of wisdom They flapped their wings in wild derision

Croaked aloud without a pause: "Caws, Caws, Just Caws."

On this night so wild and eerie Baba had himself a query,

"O Cadaba, Wonder, why do men err and blunder?"

Cadaba quipped: "By yon moon that's paling,

Err and blunder is their failing, Without them both there'd be no wailing —

And then, Just Caws."

At these ponderous words thus spo-

They cawed and danced on boughs unbroken

Croaked aloud without a pause, "Caws, Caws, Just Caws."

As the dawn the moon was wooing Cadaba had a question brewing, "O Aba, wise and ruing Can men live like doves a-cooing?"

At this age-old puzzling query Aba's eyes grew large and bleary Commenced his answer loud and sneery ---

At this point a huntsman nearing Spied these birds through leafy clearing

Raised his gun without their knowing

And fired the shot that stopped their crowing.

So, we must blame this huntsman's muzzle

That blocked the answer to this puzzle.

Statesmen still must use their jaws Making rules and passing laws. Why? "Caws, caws, Just Caws."

By Lucien McComb, Sr. (my grandfather), submitted by Sheila LaPolla

LIBRARY NEWS & PROGRAMS

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Heirloom Seeds Available at the Orangevale Library The Orangevale Library has heirloom seeds to start your own garden and our cool weather seeds are now available! Grow a variety of herbs, ornamentals, and edible plants. Save money and reduce your carbon footprint by growing nutritious food at home. The seed library is completely free of charge and available to anyone. The seed library is available daily.

Cook the Book: Ottolenghi Simple Wednesday, Oct 2, 3:30 p.m. - 5:00 p.m. Jane Wise Community Room Join us for a cooking demonstration and learn how to learn how to make Tofu and Haricots Verts (green beans) with Chraimeh Sauce from "Simple: A Cookbook," by Yotam Ottolenghi.

KIDS

Family Storytime Every Thursday, 10:30 a.m. - 11:30 a.m. Jane Wise Community Room Families with young children (0-5) are invited to join us for songs, rhymes, and stories designed to build early literacy skills. Older siblings are welcome to attend. After the storytime we will put out toys and activities for a stay and play session where children can play and communicate with each other.

Family Art Lab Saturday, Sept 28, 3:00 p.m. - 5:00 p.m. Jane Wise Community Room We bring the art supplies, you bring the creativity! Families, kids and teens are welcome to join us as the library puts out a variety of art supplies and let everyone make whatever art they want! Paints, modelling clay, markers, air brushing, and more are available for us to make pictures, sculptures, and mixed media projects!

Minecraft Gaming Thursday, Oct 3, 2:00 p.m. - 4:00 p.m. Jane Wise Community Room Enjoy this computer game filled with mining, crafting and exploring! Play with new friends on our own library server at the Orangevale Library! We will do two 45-minute shifts if there are more participant than PC laptops. This program is for students aged 6-17; registration is encouraged at www.saclibrary.org/events

Read to a Dog Friday, Oct 11, 3:30 p.m. - 4:30 p.m. Jane Wise Community Room Come read to some PAWsome pooches! School-age readers are invited to read to furry and friendly canine volunteers and their trainers. This is a great program for struggling and reluctant readers or for those who enjoy practice. The dogs are wonderful listeners. Woof!

STEAM LEGO® Robotics Saturday, Oct 19, 10:30 a.m. - 12:00 p.m. Jane Wise Community Room Design, build and program a robot using the LEGO® SPIKETM Prime kit. Led by a team of student instructors, kids ages 9 to 14 will work in groups to create a robot and learn STEAM skills with this fun, handson project.

ADULTS

Genealogy: Getting To Know You Saturday, Oct 5, 1:30 p.m. - 3:00 p.m. Jane Wise Community Room Do you need help researching your family history? Learn the basics, try new resources, and share discoveries with a group of Time Detectives. There's always something new to learn on a genealogy adventure! This program is for adults.

Genealogy: Book a Genealogist Saturday, Oct 5, 3:00 p.m. - 4:00 p.m. Jane Wise Community Room Need help with your family history? Not sure how to begin? Want to know where to look next? Root Cellar volunteers are ready to help you discover your roots! Free individual 30 minute help sessions are available at the Orangevale Library. Reserve your session online at www.saclibrary.org/events

Mixed Media Art Journaling Saturday, Oct 12, 10:00 a.m. - 1:00 p.m.

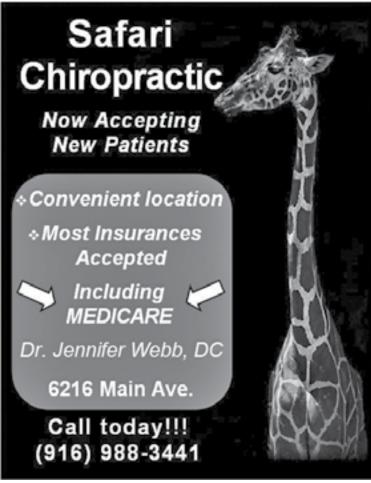
Jane Wise Community Room Use your imagination and all kinds of mixed media to create a free-style art journal. Both inexperienced and lack of talent are welcome! The Friends of the Orangevale Library have graciously provided art journals and supplies to create a place for creativity to unfold. Please note, supplies are limited so feel free to bring your own too.

Orangevale Adult Book Group — Better Living Through Birding Saturday, Oct 19, 2:00 p.m. - 3:00 p.m. Jane Wise Community Room Join us in-person for a lively and engaging discussion and make new friends! This month we will be reading Better Living Through Birding by Christian Cooper. Starting one month before the meeting you can pick up a copy of the book from the front desk of the Orangevale Library or check our library catalog for available copies of the books and ebooks.

SMALL BUSINESS WORKSHOP

Tuesday October 22, 10:00 a.m. -12:00 p.m. Jane Wise Community Room Please join us for our quarterly Small Business Workshop hosted by the Orangevale Chamber of Commerce. This quarter our small business workshop will focus on free sales and marketing tools available from the library for your small business or non-profit organization. Joining us via Zoom, representatives from A to Z Database will provide instruction for small business owners and non-profit leaders on how use this free resource to build their business and help their nonprofit fundraising. AtoZ is a directory and marketing database that includes 30 million businesses and 220 million residents and is ideal for generating sales leads, mailing lists, market research and many more. The Orangevale Chamber of Commerce and the Sacramento Public Library will also show you the resources they have available to help your small business grow and succeed.





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