NEW HOLIDAY PARADE ROUTE



The 2024 Orangevale Holiday Procession of Lights is back with a slightly new route this year! We're thrilled to announce that the procession will pass by even more homes and smiling faces, spreading holiday cheer throughout our community.

If you are interested in participating this year, we invite you to join us with your festively lit-up vehicle, trailer, or golf cart. This is a wonderful opportunity to showcase your holiday spirit and be a part of a cherished community tradition.

To sign up and register, please visit the following link: [2024 Orangevale Holiday Procession of Lights Registration](https://cf-ovfo.ticketspice.com/2024-ov-holiday).

We look forward to seeing you there and making this year's procession the best one yet!

NOMINATE YOUR FAVORITES DEC. 1-DEC. 31 PAGE 9



HOLIDAY HAPPENINGS IN OV!

Holiday Happenings in OV!
By MaryAnne Povey



It's hard to believe, but the holidays are here again! Consider this your friendly reminder to start checking off that shopping list early so you'll have plenty of time to enjoy all the wonderful holiday happen-



Kathleen and Jsson Massae annual sponsors for the float that Santa, Mrs. Claus and Elves ride in.

ings in our community. Here's what's in store this year:

OV PARKS ANNUAL TREE LIGHTING

Join us on Friday, December 6, from 6 pm to 7:30 pm at the OV Community Center, 6826 Hazel Avenue. The annual festivities feature the "real" Santa, Buddy the Elf, and performances from local choirs and bands. Don't miss the free train rides and free delectable treats provided by local service clubs. Bundle up and enjoy the fun—it's the perfect way to kick off the holiday season!

SANTA AT THE MUSEUM

Santa is extending his visit to Orangevale with a stop at the OV History Museum on Saturday, December 7, from 12 pm to 3 pm. Come enjoy FREE pictures with Santa, cookie decorating, crafts, food, and hot cocoa. Don't forget to check out the museum at 6920 Hazel Avenue. Park through the gate behind the museum. For more info, visit www.orangevalehistorymuseum.org



CONTINUE ON PAGE 6

*****ECRWSS****
LOCAL POSTAL CUSTOMER

Pre-Sort Standard U. S. POSTAGE PAID PERMIT NO. 17 ORANGEVALE, CA 95662

IN THIS ISSUE

9 ORANGEVALE COOKS

16-17 PROFESSIONAL, BUSINESS & SERVICE DIRECTORY 20 CLASSIFIED





ABOUT THE VIEW



ABOUT THE ORANGEVALE VIEW

The "Orangevale View" – the ultimate, award-winning community newspaper – serves Orangevale and surrounding areas, including Fair Oaks, Citrus Heights, and Folsom, CA. With a present estimated readership of more than 37,000, this FREE paper grows with every issue. It is delivered twice a month to at least 15,000 residents' homes and to more than 100 high traffic locations.

The views and opinions printed within are not necessarily those of Publisher Brad Tatum or the Orangevale View staff. Rather, the views and opinions expressed are those of each individual contributor. SUBMISSION POLICIES:

Submissions from you, our readers, are always welcome, for this is YOUR newspaper. We await school, church, or sports team materials, anniversaries, births, special occasions, memorials, or other items of interest. Donations are encouraged and accepted for anniversaries, births, and other special milestones and announcements. Publication is at the discretion of the Orangevale View staff.

Requirements are simple:

- (1) Acknowledge that either you are the author or you have permission to publish from the original author;
- (2) Articles should not exceed 300 words. We like Community Calendar items of 45 words or less.
- (3) Format: Microsoft Word format with photos at least 300 dpi JPEG or PDF.

Please use this format so we do not have to send your work back to you for corrections.

(4) The View does not verify the accuracy of your submissions, and in some cases, dates and information are subject to change. (5) Please email submissions, to YOUR newspaper. The email address is editor@ovview.com. It is you, our

contributors, readers and advertisers who make the Orangevale View a newspaper you want to read.

STAFF:
Brad Tatum Publisher/Advertising
Lisa Montes -Editor
VOLUNTEER CONTRIBUTORS
Suzanne Feblowitz
MaryAnne Povey
Community of Orangevale

ORANGEVALE VIEW PO BOX 2051

Orangevale, CA 95662

For Advertising Call (916) 546-2976

editor@ovview.com www.ovview.com

DATES TO REMEMBER
DECEMBER 2024
DEC 11• Public Deadline
DEC 20• PUBLICATION
OUT TO PUBLIC
WINTER BREAK UNTIL
JAN. 8, 2025



OV Parks Annual Tree Lighting Join us on Friday, December 6, from 6 pm to 7:30 pm at the OV Community Center, 6826 Hazel Avenue

Santa at the Museum Santa is extending his visit to Orangevale with a stop at the OV History Museum on Saturday, December 7, from 12 pm to 3 pm

Breakfast with Santa On Sunday, December 8, bring the family to the OV Grange, 5807 Walnut Avenue, for a morning of fun from 8 am to 10:30 am.

Christmas Lights at Dovewood Court The famous Dovewood Court Christmas lights return starting Saturday, December 7th and run nightly through December 27, from 5:30 pm to 10 pm. 5th

Annual OV Holiday Parade of Lights Mark your calendars for Saturday, December 14, from 5:30 pm - 7:30 pm!



NEW YEAR SPECIAL!

25% OFF

December & January Installations!





Schedule a free consultation! 916-999-7695

Specializing in the custom fabrication and installation of natural and manufactured stone slabs for a variety of countertops and surfaces, including kitchens, bars, bathrooms, outdoor living areas and more!



OFFICE & SHOWROOM

6326 Main Ave. #1 Orangevale CA 95662 www.stokesgranite.com





REMODEL • SIDING WINDOWS • SOLAR (916) 947-7990

License 742317





- WATER DAMAGE
- MOLD ABATEMENT
- WATER EXTRACTION
- STRUCTURAL DRYING
- FLOOD DAMAGE
- SEWAGE CLEANUP
- SUBSTRUCTURE CLEANUP



www.resco365.com 916-495-1903

Call For A Free Estimate

www.energysavingsconstruction.com





California Transmissions of Orangevale is your local independent Transmission shop. We serve the Orangevale and surrounding cities for over 30 years. Joe, the Shop owner has been in the industry for over 15 years. Our professional transmission builder has been building transmissions for over 30 years and our floor mechanics have a combined 20 years experience.



- Courtesy Transmission Diagnostics

- A/C Check
 Transmission Service
 Transmission Rebuilds
 We stock rebuilt exchange transmissions for common GM & Ford





23 years serving to the community



916988-4477

We're ready to help you

OUR SERVICES

- Electrical
- Panel Upgrades
- Spa & Pool Electrical
- Recessed Lighting & Design
- Many More

Check us out on Facebook for reviews

Call of FREE Estimate

916-969-3645 call or text







FAMILY AND COMMU-NITY ENGAGEMENT PART 2

Opportunities are varied and year long, says Aguirre-Mazzi. Volunteers chaperoning a fall field trip may see the wonder of a kindergartener's independent venture to a pumpkin farm. Civic organizations and community members may support a student in need with warm winter clothes or school supplies during the holidays. As spring comes, those who have been looking for opportunity often come in to lift the load as donations slow down and longtime volunteers need a rest.

At Orangevale Open K-8 on the boarder of Fair Oaks and Orangevale, the demographics support parent-led and teacher collaboration in a highly organized structure laid out in the schools SITE guidelines. Parents form an additional leadership team in each classroom and coordinate grade cohorts along with teachers to support small group learning, campus wide community events, fundraisers and fieldtrips.

"This supportive environment means students have more vibrant activities, richer experiences from the experience, knowledge and skills volunteers bring as they work with teachers," shares

Principal Rick Boster. "There are always needs," he adds. "Start small — one successful event to the next. It can't be just one person — it's the team, shared vision, shared mission. Even a small team can begin great things."

At Woodside K-8, on the boarder of Orangevale and Citrus Heights, Vice Principal Debra Johnston says they build a combination of parent and community support. As a new administration, they are growing staff awareness of how parents can support and partner. Along the way, they have built community partners by bringing Woodside to the community. Staff attend community events like



Patsy McGavock PART 1

Sunday Funday, National Night Out and Citrus Heights Area Seven Eight Nine (CHASEN) meetings. Staff ask students what they'd like on campus and work with those partners to make it happen.

When students worked with staff to secure a bottle filling water fountain, Rotary gifted each student a refillable bottle. They also supply new shoes to students. In the garden space, Kiwanis supports resources and Heights Church sends youth volunteers. CHASEN rallies neighbors to volunteer at school events and even sends a representative to Woodside's "small but mighty" Parent Teacher Organization meetings.

Connecting through community events has caught on, Johnston adds, as other schools ask about and have started attending the community events Woodside attends

Mesa Verde High School, a Title 1 school in Citrus Heights, Vice Principal Cristina Zepeda shares the extensive community partner network staff have built supporting needs as simple as food and supplies for students with unsecure housing, to incentive programs celebrating perfect attendance and improved grades.

"Students who have an adult, not just a parent, intentionally involved in their life - that is the greatest metric of that students' success," shares Boster. "Everyone has something to give, when it comes to supporting our youth," concludes Aguirre-Mazzi. If supporting students' success is the community connection for you, either as an individual or an organization, contact your closest schools administrative office or the San Juan Unified School Districts Family and Community Engagement Department.

Candle Lighting Service of Remembrance

Holidays are special times when we pause to connect with our loved ones and consider how much they mean to us. We reflect upon good times and sweet memories, especially of those who have departed from us. In this Season, we are often a unique mix of both grief and gratitude. We hang on and let go -- all at the same time. Even though it can be painful to remember, we never want to forget.

Mount Vernon Memorial Park is hosting its annual Candle Lighting Service of Remembrance, Tuesday December 10, at 4:00 PM and 7:00 PM, 8201 Greenback Lane, Fair Oaks, CA. At our service, there will be beautiful music and a message of comfort. You can light a candle of remembrance, join in Christmas Carols, receive a keepsake ornament for your tree and know that you are not alone on your journey. Stay and linger with some hot cider and bring your family or friends.

We also invite you to submit a cherished photo of your loved one to be displayed in our remembrance video. You can mail us the photo with your loved ones name written on the back or email it to carol.rybolt@dignitymemorial.com. Photos need to be submitted by December 6th.l

We encourage all to take special time to ponder the precious memories of our loved ones and how they have shaped our lives. As Dr. Seuss profoundly stated, "You will never know the value of a moment until it becomes a memory."



Luz Johnson Financial Advisor

■ LPL Financial

How can I help you?

- 401k & IRAs
- Life Insurance
- Annuities
- · Mutual Funds, Stocks, Bonds
- · Long Term Care Insurance
- · Financial Assessments

110 Blue Ravine Road, Suite 160 Folsom, CA 95630 916.619.0848 Luz.johnson@lpl.com Member FINRA/SIPC

CA Insurance License # 0F61776



PROMO | SHIRTS | SIGNS | BANNERS

Did you know...
We do more than just copies?

Special Non-Profit Pricing • Faxing
Signs • Banners • Fedex • Design
Flyers • Forms • Banners
Bulk Mail • Business Cards
Tickets • Scanning • Shirts
Engineering Prints • Promotional Items

(916) 987-1090 • info@ovcopy.com 9267 Greenback Lane #C5 • Orangevale, CA 95662

For Leasing Information call 916.988.0200 Park Plaza 9267 Greenback Lane, Orangevale

ON

ON might be NO, and NO might be ON. This reminds me of Newton's Third Law, and pro vs con.

Critical thinking is one way to be strong, and it's a way to create a new song... These notions were considered as I was holding a spray bottle

that has the word ON and/or NO on its nozzle. Turning ON and NO upside down made them possible.

Different perspectives can make folks more thoughtful...

-Z.F. Thrimej



Orangevale Fire Department (1894 – 1950)

No record of coordinated firefighting services before 1918 has been found specific to Orangevale. However, seven years after the Orange Vale Colonization Company started selling 10-acre tracts in 1887, it was reported that the Company was using waters from the American River for irrigation purposes. Many miles of underground wrought iron and steel water pipes, ranging in size from 4 to 26-inches were connected to the water supply, providing a pressure of 100 feet on every portion of the Company's lands - this pressure would prove ample for fighting

In 1918, Orangevale farmers organized a firefighting company and sent an application to the Sacramento County Board of Supervisors for equipment. They were approved to receive an apparatus for the Orangevale department. The officers of the company were: Samuel S. Haywood, Captain; Sol Wahrhaftig, Lieutenant; Frank M. Sands, Fir Warden; and, R. L. Gibbons, Secretary. Anyone wishing to join Orangevale volunteers would sign up with R. L. Gibbons.

In 1920, the Orangevale Farm Bureau formed a committee to make plans for the organization of a fire department for Orangevale. The committee consisted of Charles Johnson, Sol Wahrhaftig, and Samuel Haywood. The county was granted six extinguishers, and a trailer to haul them in an emergency that would be purchased. No plan was in place for the site of a firehouse.

In 1933, the Orangevale Volunteer Fire Department was formed with a single station located at Hazel Avenue and Greenback Lane near the Orangevale Clubhouse. Benefit dances would be held, and proceeds would be used to purchase firefighting equipment. Admission was 49c for couples. Live, corn-fed turkeys were awarded as prizes during the evening.

November 1934 – OV Volunteers elect officers: Earl McNeely (owner of the Sacramento Baseball Club), President; C.L. Filbert (past president), First Vice President; R.E. Richards, Second Vice President; R. W. Johnston (re-elected) to post of Secretary-Treasurer. Howard Greenhalgh, Fire Chief; and Lloyd Greenhalgh, Assistant Chief. The fire fund drive's goal was \$500 with the hope of purchasing a truck and the necessary equipment to give Orangevale fire protection.

December 1934 – C. L. Filbert, Vice President of the Orangevale Volunteer Fire Department announced that the Orangevale Fruit Growers Exchange had turned over its large fruit packing shed to the fire department to use as a firehouse and clubroom. Two rooms in the building would be clubrooms for the thirty members of the department. There would also be a reading room, game room, and a gymnasium for training purposes. During this time several fundraisers were being held so they could purchase a 350-gallon tank, pressure pump, and a secondhand truck.

In 1935, at the cost of \$550, the firemen built themselves a firetruck by converting a 1917 REO touring car. There were 1.500 people that attended the dedication ceremony, including representatives from every fire department in the county (Citrus Heights, Carmichael, Roseville, Folsom, Hagginwood, and Del Paso-Robla). Orangevale was divided into four fire districts with the grammar school at Central and Pecan Avenues as the central point. Northeast guarter from school - district 1, southeast – district 2, southwest - district 3, and northwest district 4. The fire truck and signal system were completed for a total of \$650, including truck chassis, tank, piping, hose reel, back pumps, siren, conversion of ordinary chemical extinguishers to Foamit, and all labor assembling.

March 6, 1935 – The Orangevale Fire Department was called out to its first fire. Five minutes after the alarm was given nine men and the equipment were at the scene. It was at the H.C. Ketchum home and while it turned out to be minor, it was reported to be "a very good showing for the first actual alarm." The Orangevale fire call was 143-F-11 (one long and one short).

Not all calls were fire or humanrelated. In May of 1935, the Bartell family's pet and milk provider—"the cow", was eating succulent leaves on a tree which resulted in her slipping and getting caught in the crotch of the tree. When it appeared that the cow would have to be killed or the tree destroyed, a S.O.C. (Save Our Cow) call to the fire department was made and both the tree and cow were saved.

May 22, 1935 – An alarm turned in at 5:00 a.m. was reported at the H. L. Scott residence. By the time the equipment arrived at 5:13, all the standing structures had burned to floor level and there was little the department could do but control the blaze from spreading. However, the completeness of the fire equipment was thoroughly demonstrated. Firemen who responded to the alarm were Chief Howard Greenhalgh, Assistant Chief Lloyd Greenhalgh, Chief Engineer, R.E. (Dick) Richards, Roland Johnston, Ralph Walker, Howard Walker, Kenneth Smith, Milton Smith, Charles Heppler, Bert Stroup, Nick Tomich, Ray Johnson, Marion Johnston, and Robert Teichman.

1935 – The firemen's association was made up of the departments of the following communities: Citrus Heights, Roseville, Orangevale,

Carmichael, Del Paso Heights, Hagginwood, and North Sacramento.

1942 – A garage was built on the Moesinger property on Central Avenue and Beech Avenue to house the fire truck for Orangevale. It was a cinder block building that had a siren on top to notify the volunteer fireman of a fire. When a call came in, the address location of the fire would be written on a whiteboard for the other volunteers to see. The station was in use until 1952. All three of the Moesinger boys, Phillip, Robert, and Eugene, served as volunteer firemen.

1948 – Citrus Heights Firehouse on Auburn Boulevard, near Greenback Lane, was added to the district that was comprised of 100 square miles including Orangevale. This was one of five substations supplementing the main firehouse on Greenback Lane near San Juan High School.

1949 – Phil Moesinger became the new Fire Captain of the Orangevale company truck.

February 1950 – At this time, Citrus Heights was the largest fire district in the county which included seven fire stations and was one of only two fire districts that employed women as firefighters. More than 12 square miles were added to the district, including the area around the site of Folsom Dam. It was mostly farmland with no plans to open an additional fire station so all calls for that area were answered by the station in Orangevale.

December 1950 – The Citrus Heights Fire Department received the first unit of its new three-way radio system to keep in touch with fire trucks, the station, and the sheriff's office - call letters: KM-B-514.

Many improvements for fire protection in the area were made since the late 1800's. More will be revealed in the next segment of our fire department history.

Written by Peggy Ginther
Santa at the Museum will be at
the Orangevale History Museum
at 6920 Hazel Ave this Saturday,
December 7th from 12 pm to 3 pm.
Crafts will be available, and free
food will be there too. Come see
Santa and view the new exhibit at
the museum on "School Days in the
Vale."

HOLIDAYS IN OV Continued

CHRISTMAS LIGHTS AT DOVEWOOD COURT

The famous Dovewood Court Christmas lights return starting Saturday, December 8th and run nightly through December 27, from 5:30 pm to 10 pm. Whether you walk or drive, this magical display is a must-see! Parking is available at the OV Grange for a donation that supports kids in the community. While you're out, swing by Dairy Queen for a treat like their Oreo Hot Chocolate Blizzard or Frosted Sugar Cookie Blizzard—yum!

BREAKFAST WITH SANTA

On Sunday, December 8, bring the family to the OV Grange, 5807 Walnut Avenue, for a morning of fun from 9 am to 10:30 am. Bring Your Camera – Photos are FREE. Enjoy a delicious breakfast while visiting with Santa—perfect for kids and kids-at-heart! Breakfast \$8-10 Adults, Kids \$3-5 and Under 2 are Free.

5TH ANNUAL OV HOLIDAY PARADE OF LIGHTS

Mark your calendars for Saturday, December 14, from 5:30 pm - 7:30 pm! The parade route begins at Green Oaks Elementary School and winds its way through Orangevale with dazzling lights and festive cheer. Whether you're watching (Oak Ave to Main Avenue to Central Avenue to Pecan Ave to Elm to Filbert Avenue) or participating, this event is a community favorite that's sure to put you in the holiday spirit! Go to ovfocf.org for more information.

Orangevale is the place to be this holiday season, with plenty of opportunities to create memories with family and friends. Let's all take a moment to embrace the true spirit of the holidays and spread kindness wherever we go. Wishing you a joyful and blessed holiday season!



PETACULAR



Bolo (A868589), 7 years old. "Sweet American Bulldog who loves treats and walks well on a leash. Looking for a loving home with lots of cuddles."



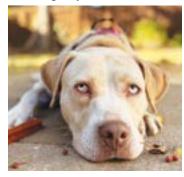
Duke (A858520), 2 years old. "Affectionate Great Dane mix in foster care. Loves to lean on you for cuddles, plays well with other dogs, and requires feeding in a Bailey chair due to megaesophagus."



Visit Bradshaw-Shelter.net to see all available dogs and see who you fall in love with or visit the shelter at 3839 Bradshaw Rd.!



Kiyojin (A855526), 2 years old. "Active Pit Bull mix, great for outdoor adventures. Knows sit and shake, and is potty-trained."



Amulet (A869802), 2 years old. "Shy but gentle Pit Bull mix who needs a patient adopter to help her come out of her shell."



Thundarr B. (A853579), 1 year and 8 months old. "Energetic Husky who loves to fetch. Needs an active family to help him thrive."



We have lots of kitties!
We need your help with adoptions
The holiday season is a great time to adopt your best buddy.

Look us up: Fluffbudies.org Come see us: Fair Oaks Petco, Saturdays from 12pm to 4pm. (Madison/Hazel)

All kitties are fixed, tested, vaccinated & microchipped Fluff Buddies is a 501(c)(3) non-profit group

Bring a friend or neighbor. Our kitties are ready for their forever home.



Be Water Smart Questions? Want \$\$ Tips? Call Orange Vale Water 916.988.1693

GIVING OPPORTUNITES:

The Orangevale-Fair Oaks Kiwanis Club is back collecting PJ's for kids in need! Please donate some warm pjs to the 5th Annual pajama drive now through December 8! Lots of locations to drop off. Let's come together to bring comfort and joy this holiday season! Here's the amazon link to donate easy! https://www.amazon.com/hz/wishlist/ls/1HYJU10WK7JB7?ref_=wl_share

The OV Teen Council is hosting their Annual Stocking Drive for teens in need this holiday season now through December 8! See the flier below for details. Scan the QR code, use the Amazon link to make your donation, or drop off your items to The Last Tangle! Use link for easy donations! https://www.amazon.com/hz/wishlist/ls/3GJ03CYT4ZHTC?ref_=wl_share



Monday through Friday
Group Classes • Private Lessons
Daily drop off training with our staff

NOW OFFERING FINACING Discounts Available:

- Honorable Veterans
- First Responders
- Seniors
- Multiple Dog Discount

US Marine Corps Veteran Owned Fidelis K9 Training • Fidelis K9 Companion 916-337-0104

Fk9c01@gmail.com • Fidelisk9training.com 9220 Greenback Lane, Orangevale CA 95662



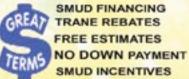
NEW-CENTURY AIR SYSTEMS 3766 OMEC CIR SUITE B RANCHO CORDOVA, CA Contractor's License # 718740 (916)362-2822

E-MAIL: ncas@newcenturyair.com

HONEST SERVICE, AT A FAIR PRICE, FREE SECOND OPINIONS

Heating - Air Conditioning - Sales - Installation - Service

FALL Tune Up Special 10% off







WHAT IS THE COST OF DELAY?

- . Higher energy bills.
- . Sacrificing comfort.
- Paying costly repair bills.
- Less marketability of your home.
- Sacrificing today's prices, for future higher prices.
- Not taking advantage of SMUD'S incentives & financing

www. newcenturyair.com

DON'T GET STUMPED...

COMMERCIAL
RESIDENTIAL
LICENSED
BONDED
INSURED



FREE E

TREE REMOVAL
STUMP GRINDING
LAND CLEARING
TREE TRIMMING
PRUNING

LIC #: 1053466

(916) 757-3429

WWW.EASYSTUMPS.COM





At this time of year many of you may be looking for a recipe to serve to friends and family. This recipe is originally from my grandmother. She made it for me when I was in college, and it was so delicious that I continue to make it when I am looking for an easy recipe that everyone will enjoy.

If you would like to share a favorite holiday recipe or kitchen tip, please send a copy to Suzanne Feblowitz at the Orangevale View (editor@ovview.com). Be sure to include your phone number or email with your recipe in case we need to contact you. If you wish to remain anonymous, just let us know and we will omit your name.

ZUCCHINI LASAGNA

1 yellow onion, chopped finely 1 clove garlic, minced

2 TBSP olive oil

2 1 DSF onve on

1 lb. lean ground beef

1 -8 oz. can tomato sauce

1-6 oz. can tomato paste

¾ cup water

1-2oz. can or jar sliced mushroom (fresh are fine, too)

1 tsp. Italian seasoning 1 tsp. salt (meat mixture)

1 egg, beaten

2 cups zucchini, grated

1 tsp. salt (zucchini mixture)

2 cups cottage cheese

1/4 cup grated parmesan cheese

8 oz. lasagna noodles

12 oz. mozzarella cheese,

sliced thinly

1.Cook lasagna noodles according to package directions. Drain, rinse and set aside.

2. While noodles are cooking, sauté onion and garlic in oil. Add ground beef and cook until brown. Drain grease. Add tomato sauce, tomato paste, water, mushrooms (with their liquid), Italian seasoning and 1 tsp. salt. Simmer uncovered 15 to 20 minutes.

3.Combine beaten egg, zucchini, cottage cheese, parmesan cheese and 1 tsp. salt.

4.Preheat oven to 375 degrees.

5.To assemble:

- •Spread ½ meat mixture in the bottom of a 9 x 13 inch baking dish
- •Cover with a layer of noodles (4)
- Cover this with ½ zucchini mixture
- •Cover this with another layer of noodles
- •Cover with ½ of the mozzarella cheese
- •Spread the rest of the zucchini mixture
- •Cover with the remaining noodles
- Spread the rest of the meat mixture
- •Top with the remaining mozzarella cheese.

6. Cover with foil and bake for 30 minutes. Then remove the foil and bake 10 more minutes.

Serve with parmesan. Makes 8 to 10 servings and great leftovers!

NOMINATE YOUR FAVOR-ITES AT WWW.BESTOFOR-ANGEVALE.COM TODAY!

It's time to nominate your favorite local businesses, non-profits, schools, and volunteers who make our community shine. The Best of Orangevale is a friendly competition that highlights the diversity and dedication of our small businesses and community members. Whether you're a customer, supporter, or business owner, you can join in the fun and show your appreciation for the hard work of our local heroes.

Nominations open on December 1st, and voting begins on January 1st, 2025. To participate, you must live, work, or have a business in Orangevale, or be an active Orangevale Chamber Member doing business in Orangevale. When voting starts on January 1st, you can vote for one nominee per category, with a minimum of three category votes. Some of the categories include:

- Best Restaurant
- Best Retail Store
- Best Service Provider
- Best Non-Profit Organization
- Best School
- Volunteer of The Year
- Teacher of The Year

The winners will be announced and celebrated at the Best of Orangevale Award Banquet on February 7TH. Don't miss this chance to honor the achievements of our local businesses and connect with other members of the Orangevale community.

The goal of the Best of Orangevale is to raise awareness of the fantastic small businesses and organizations we have in Orangevale. We want the competition to be enjoyable for everyone involved. So, what are you waiting for? Nominate your favorites at www.bestoforangevale.com today!

SENIORS BRING AD FOR 15% DISCOUNT

LIVE MUSIC

FRIDAYS &

SATURDAYS

6-9pm

WE ARE STILL OPEN 916.988-0888

LUPITA'S

MEXICAN RESTAURANT

9353 GREENBACK LN, ORANGEVALE



Dine-In - Food to Go

Tues-Thurs: 11AM-8:30PM Fri & Sat: 11AM-9PM Sun: 12PM- 8:30PM

> 8847 Greenback Lane Orangevale, CA 95662 **916-989-6688**

www.weiweikitchen.comOnline Order/ Pickup Door Dash Delivery

COMMUNITY BREAKFAST ORANGEVALE GRANGE #354 DECEMBER 8, 2024 Starts at 8:00 a.m. to 10:30a.m.

Starts at 8:00 a.m. to 10:30a.m. Santa Arrives at 9 am

Regular Breakfast: \$8.00 - Child's menu: \$3-\$5 (8 & under) Scrambled Eggs, Meat & Blueberry Pancakes, juice & coffee Hearty Plus Breakfast: \$10.00 Regular breakfast + our famous Gravy & Biscuits... OR Regular breakfast + French Toast

Thank you for supporting the Orangevale Grange #354 and our hard working Orangevale/Valley Oak 4H.





WHAT'S UPCOMING **AT OVPARKS??**





Polar Bear Plunge

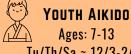
WEDNESDAY CHECK-IN 12:30PM

JANUARY 1:00PM PLUNGE

Orangevale Community Center Pool, 6826 Hazel Ave

HOT COCO - SOUP - HOT SHOWERS AVAILABLE





KIDS COOKING SERIES: **GIVE IT AWAY**

SHOTOKAN KARATE Ages: 6+ M/W ~ 12/2-2/26

Ages: 7-13 Tu/Th/Sa ~ 12/3-2/27

MIDDLE SCHOOL GIRLS BASKETBALL

SEASON STARTS LATE JANUARY!

Ages: 6+

WINTER YOUTH BASKETBALL Grades: 2nd-6th

Skills Clinic & Parent Orientation:

Saturday 1/11 and 1/18 2nd/3rd Grades meet at 10:00am 4th/5th/6th Grades meet at 11:00am First Game: 2/1

This coed recreational basketball league helps players learn and practice fundamental basketball skills.

Scan the QR code to check out our Fall



BE ON THE LOOK OUT FOR OUR NEW **ACTIVITY GUIDE COMING JANUARY** 2025

5826 Hazel Avenue, Orangevale CA 95662 (916) 988-4373 ~ (916) 988-3496 FAX OVparks.com ~ facebook.com/OVparks





Professional Business & Service Directory



Screamin' Clean

Cleaning Spaces = Happy Faces www.Screamin-clean.com

Iulia Butler License no.

GNB32022-00911

tel. (916) 812-6436 julia@screamin-clean.com Orangevale, California

ADVERTISE HERE CONTACT THE OV VIEW AT 916.546.2976 OR EDITOR@OVVIEW.COM







FOR SALE **PENRYN** LUMBER

9406 Orangevale Ave Orangevale

REDWOOD 1X6X6' DE REDWOOD @ \$4.50 EA.

2X12 RL ROUGH REDWOOD \$4.00 LF

2X4X8' REDWOOD **RAILS @ \$8.00 EA.**

2X6X8' HEART **DECKING @ 12.00 EA**

3/8" 4X8 PLYWOOD \$16.25 EA.

1/2" 4X8 PLYWOOD \$20.00 EA.

3/4" 4X8 PLYWOOD \$25.00 EA.

MON-FRI 7:00 am-3:30pm Ph: 988-0988 Fax: 988-0986

Penrynlumber@att.net

General Contracting

"Quality with Honesty"

NEW CONSTRUCTION & ADDITIONS ADDITIONAL DWELLING UNITS IN LAW QUARTERS

KITCHEN & BATH REMODELING INTERIOR & EXTERIOR PAINTING

Let our family serve yours! 916-987-1311

www.rmbuilding.com LIC#521913

CALL RM TODAY!

- ◆Licensed & Insured
- ◆General & Painting Contractors
 - ♦In Business 42 years
- ◆Family Owned & Operated



Tucker Concrete

Family owned and operated with over 45 years experience, we offer: Cost effective custom concrete work. Foundations, Slabs, Colored and Stamped designs, Driveways, Patios, Spa pads, Walks

Call anytime, estimates are free

LIC#554738

Wade Tucker Cell: 916-919-4728

FREE ESTIMATES



REMODELING - REPAIRS - NEW CONSTRUCTION

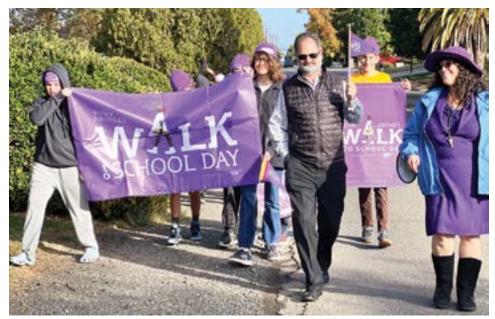
- Electric Panel Upgrade
- EV Chargers
- Lighting Repairs/LED Upgrades
- **Smart Devices**
- Generator Install
- Troubleshooting & Repair
- Hot Tub and SPA Wiring
- Ceiling Fan Installations
- Home Rewiring
- · Home Safety Inspections
- Electrical Switches, Dimmers.
- Appliance and Dedicated circuits

RESIDENTIAL COMMERCIAL INDUSTRIAL

LIC#3905104

916-564-3530

Email: BONHAMELECTRIC@GMAIL.COM WWW.BONHAMELECTRIC.COM



GOLDEN VALLEY ORCHARD SCHOOL CELEBRATED RUBY BRIDGES WALK TO SCHOOL DAY

On November 14, 2024, Golden Valley Orchard School celebrated Ruby Bridges Walk to School Day. https:// rubybridges.foundation/ (Ruby Bridges Walk to School Day honors the living legacy of civil rights activist Ruby Bridges. Every November 14, Ruby's courageous and historic act is celebrated by encouraging students to walk to school and engaging in a day of dialogue about activism, anti-racism, and anti-bullying.

Ms. Tijuana (Tia) Barnes, attorney, and child Submitted by Stephanie Lorenz advocate.

There they were treated to an inspirational keynote address from Ms. Tijuana (Tia) Barnes, attorney, and child advocate. Ms. Tia is currently the president-elect of the GSNAACP, Greater Sacramento NAACP. Ms. Tia encouraged the students to be BRAVE, B-Believe in Yourself, R-Remind Yourself Who You Are, A- Approach your fears like Ruby Bridges, V- Voice your concerns to get help if

> needed and use your voice to encourage your friends, E- Excell beyond your expectations.

Students in grades 1 through 8th walked from their school down Filbert Avenue to the Divine Savior Church parking lot. There they were treated to an inspirational keynote address from Ms. Tijuana (Tia) Barnes, attorney, and child advocate. Ms. Tia is currently the president-elect of the GSNAACP, Greater Sacramento NAACP. Ms. Tia encouraged the students to be BRAVE, B-Believe in Yourself, R-Remind Yourself Who You Are, A- Approach your fears like Ruby Bridges, V-Voice your concerns to get help if needed and use your voice to encourage your friends, E- Excell beyond your expectations. The final message in Ms. Tia's enthusiastic speech suggested all students to be brave, friendly, understanding, accepting and kind.









PRESENTING ORANGEVALE'S NEWEST MURALS

Pictures with Santa Hot cocoa and food



Cookie decorating Crafts for the family

DECEMBER 7TH | 12 PM - 3 PM

WWW.ORANGEVALEHISTORYMUSEUM.ORG

6920 Hazel Ave parking through the gate behind the museum!







County Supervisor Sue Frost and Staff

CELEBRATING SUE FROST: A SURPRISE RETIREMENT **CELEBRATION**

By MaryAnne Povey

Last weekend, the Orangevale Community Center was the site of a heartfelt and memorable event—a surprise retirement party for County Supervisor Sue Frost. After eight years of dedicated service to the people of Sacramento County, Sue's friends, colleagues, and supporters came together to celebrate her tremendous contributions to our community.

The event was a wonderful gathering of people from all areas Sue has served, along with elected officials from local, state, and federal levels. It was inspiring to see such a diverse group united in their appreciation for Sue's leadership and commitment to making a difference.

Sue was genuinely surprised and deeply moved by the outpouring of love and gratitude. The evening OV Chamber President Anthony Garcia, personal reflections, each highlighting her passion for service and her

ability to connect with people from all walks of life. Whether fighting for local issues or ensuring every voice was heard, Sue's impact has been profound and lasting.

A big thank you goes out to everyone who worked behind the scenes to make this celebration possible, especially her husband Jack. A special shoutout to All Events Management for handling all the planning and coordination, to Anthony Garcia, Chamber Pres-

ident, for his delicious gourmet desserts, and to Cathy Kurtz for her photography that beautifully captured all the special moments of the evening.

Sue Frost has been a tireless advocate for our community, and her retirement marks the end of an incredible chapter of leadership. We are so thankful for her time serving our community and wish her a happy and fulfilling retirement!



was filled with touching stories and Mary Anne Povey, and County Supervisor $Sue\ Frost$



Professional Business & Service Directory

D & D ROOFING

ALL TYPES OF ROOFING

DAVID & DIANNE (916) 988-5958

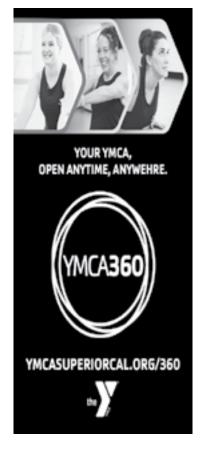
FREE ESTIMATES License # C642025







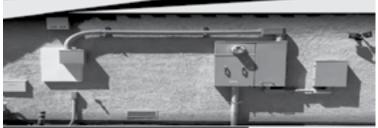
ADVERTISING OPPORTUNITIES CALL BRAD **TATUM AT** 916.899.0207 Over 15,000 copies are delivered directly to resident's postal mail boxes and delivered to more than 100 hightraffic locations.







www.sacramentofuneralandcremation.com



GET FREE QUOTE

RESIDENTIAL & COMMERICAL ELECTRICAL CONTRACTOR

916-905-7314

Our Services

PANEL UPGRADES LIGHTING INSTALLATION TROUBLESHOOTING EV CHARGERS FULL SERVICE ELECTRICAL

CSLB C10.B Lic#913757

Concrete and Asphalt Removal Concrete Replacement Dirt Removal Concrete Breaking Concrete Saw Cutting

Please ask about our Senior & Military Discounts

Call or Text: 916-899-2020

Email: BigHammerConcrete@gmail.com CSLB License No. 1087612

www.BigHammerConcrete.com

CAREGIVER

Hi my name is Missta Adams I have been a care giver for 13 years Experience in cleaning, cooking ,shopping , personal care and much more please call or text.(916)5193015

Diets, Reminder Medicine, Light Cleaning, Shopping, Cooking Much More ROTOTILLING. 916.706-4711 Call:(916)641-7988 Hm. (916)599-5037 Celll

CONCRETE

Big Hammer Concrete - CSLB Lic. #1087612 - We specialize in concrete and asphalt removal, concrete replacement, concrete saw cutting, dirt removal, and tractor work. Senior and Veteran discounts Please give us a call for your next project. 916-899-2020

Affordable concrete, remove and replace, walk ways, drive ways, patios, stamp concrete and much more one call does it all fred 916.826.9796

ELECTRICAL

PI ELECTRIC & SOLAR 916-905-7314 Bonded and Insured Electrical and General contractor. SOLAR, Electrical, Remodel. 20 years Experience. Discounts for Senior, Military and Teachers. Yelp, BBB, Google

ESTATE PLANNING

THE SWENSON LAW FIRM- Local OV Firm Estate Planning: Wills, Amendments, Trusts, Powers of Attorney, Health Care Directives. Business Services: Contracts, Employment Issues. Call 916-333-0833

FENCING

ALL TYPES FENCING, CHAIN LINK, IRON AND WOOD, CALL FRED. FOR FREE ESTIMATES. 916 826 9796

HAIR STATIONS

HAIR STATIONS FOR RENT. Ask Julie about our "Move In Specials" 916.988.7707. The Last Tangle 8820 Greenback Lane, Orangevale

HANDYMAN

Dr. Dave's Handyman Service -You create your "To -Do List" and let Dr. Dave get it done! 30 yrs experience, Cash or Open to trades 916-

Licensed Residential Handyman \$75. per hour + parts & materials Skilled Craftsmanship with attention to detail! Over 30 years experience Dependable & efficient with Local References Serving 25 mile radius to Orangevale 916-612-1247 www.gregs1service.com

ALL PHASE HOME REPAIR Orangevale, CA •Electrical •Plumbing •Fencing •Fans •Decks •Doors •Windows •Tile Flooring •Trim Baseboards •Sheetrock •Dry Rot •Texture •Painting •Lighting •Concrete •Sprinkler Repair • Framing and more! All Phases of home repair & any construction needed- Big or small. Quality work guaranteed! Low prices-free est. Serving Orangevale, Elk Grove, Rancho Murieta, Galt, Wilton, Herald, Sac. & Surrounding Areas Bus Lic #1023318 (916) 287-6164

HOUSEKEEPING

CUSTOM HOUSECLEANING 20 Yrs Exp. Dependable, Excellent References 916-987-7615

Hi my name Missta Adams I have experience in housekeeping if you are in need of housekeeping please text or call me.(916)5193015

A family owned business, offers Luxury deep cleaning with amazing results! Avid Cleaning Services take pride in attention to detail, consistent quality and being reliable. We offer weekend and evening cleanings, move out/move in cleanings, residential and commercial cleanings with fair rates. Over 15 years experience. References available. Call or text Angie at (916) 800-3206

LANDSCAPING

LAWNS, SHRUBS, TREES, WEEDS mowed, trimmed, cut & hauled senior discounts, lowest prices 916-604-0332 Gilberto

Experienced Caregiver looking for work. Dr. Appts., Personal Care, Special CLEAN-UPS, TRIMMING SHRUBS, WEEDING, YARD WORK.

JOHN WILLIAMSON LAWN & YARD, res/comm. Weekly services, cleanups, pruning, and aerations. Riding mower properties ok.916-508-2158 BizLic #336256

MOBILE NOTARY

NOTARY I am a mobile notary who will travel to you to notarize your documents. Bonded and insured.Linda Bailey, Notary License 2331676 916-716-8346.

PET SITTING



Established reputation. Lots of TLC. Kennel free, happy and safe environment. Affordable rates. Call Madeline (916) 723-1608.

ROOFING

HIGH TECH ROOFING, INC. LIC #505189 "GIVE US A CALL, WE DO IT ALL"! Re-Roofing & Repairs 916-725-4429 Call Us Today For a free Estimate

YOUR AD HERE

CLASSIFIED AD 3 LINES FOR \$15. CALL BRAD FOR MORE IN-FORMATION 916.-546-2976

TRACTOR WORK

WEEDS, **BLACKBERRIES** CUT, discing, rototillling, grade,



trenching, dirt moved, backhoe, bobcat, land clearing Driveways graveled, firebreaks; Dave 916-988-3283 www.BlackberryDave.com Lic. #57163

YARD WORK

YARD WORK One time Clean-ups, Weed pulling, Weeding, Complete Shrubs removal, digging out shrubs with roots, and Rototilling. Paul (916) 470-2084

"Say You Saw It In the Orangevale View" Your Support Keeps Us Going!

WANTED

DIABETIC TEST STRIPS. CASHPAID On-The-Spot. Factory-Sealed & Unexpired Only. Call Mick or Donna: 916-729-5154 or 916-549-0576

WANTED OLD CARS AND TRUCKS 1930-1985. RUNNING OR NOT. UNFINISHED PROJECTS OR DAMAGED VEHICLES OK, TOP \$ PAID, CALL 916 247-5287

HELP WANTED

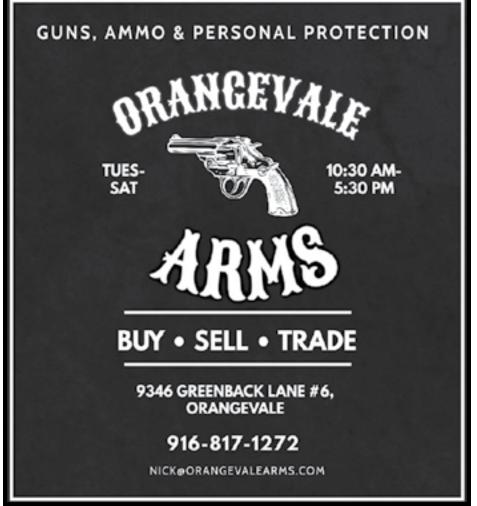
Experienced Youth Leader (Part-Time Position) Fairvale Baptist Church is looking for a new YOUTH LEADER to bring fresh energy through programs specifically designed to build up a Youth Group and train youth leaders in the make. Pay will be negotiable. Part-time position to start, possibly evolving to fulltime. Email: fairvalebaptist@outlook.com or call Administrator at 530-748-6694

FREE

Yamaha piano, which i am offering to anyone who would genuinely cherish it. If you or someone you know would be interested in receiving this instrument as a gift, please editor@ovview.com

FOR SALE

G.E. ELECTRIC STOVE All white, black glass top, 4 burners. Lg oven has 2 racks and broiler pan. Storage drawer. Good cond Must see 916-562-5664 \$75.



WE'RE HERE FOR YOU. **NEIGHBOR!**

Hi Neighbor,

My name is Alyssa, and I'm the Sales Director at Carlton Senior Living Orangevale. Here are just a few ways we can help you live your life.





Our made-from-scratch cooking is equally healthy and delicious!

Chores are thing of the past: we take care of everything from cleaning to laundry.





From live music to engaging art workshops, endless social opportunities await you.

We make transportation easy. Bring your own car or sit back and let us do the driving.



We'd love to meet you! Visit our beautiful 7-acre campus today and see why our community is such a special place to call home.



8773 Oak Avenue Orangevale, CA 95662 RCFE License #: 345002805

Independent Living | Assisted Living | Memory Care (916) 988-2200 | CarltonSeniorLiving.com



HRISTMAS NATIVITY **EXHIBIT**

Dec. 6th, 7th, & 8th, 2024 • 4:00 - 9:00 PM 7800 Santa Juanita Ave, Folsom, CA 95630

Admission is free

Come experience the wonder of Christ's birth depicted in over 600 nativities

Highlights of the Musical Performances Include

Friday, December 6 4:00 Erika Christensen Family

4:30 Ryan Bowen - Organist 5:15 Olympus Jr. High directed by Elaine

Wetsky 6:00 Deterding Elementary Choir 6:30 Avery and Isaac Smith-harp & cello 7:30 All City Children's Choir, Rocklin

Saturday, December 7 4:00 John Bratz, Luke McClintock and 4:30 Ye Merry Gentleman Barbershop

Music Academy

Quartet

Saturday, December 7 5:00 Dr. Tim Johnson - violinist 6:00 Susan Merrill Group 6:30 Granite Bay 1st Ward Methodist Choir

7:00 Scott Rivers & Friends

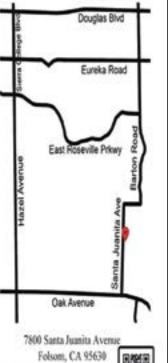
Sanday, December 8

4:00 Anna Carlson - harp 4:50 Bryan & Barbara Judd

5:00 Citrus Heights Stake Choir 5:30 John Adums Double Sextet

6:00 First Presidency Message

7:00 Cherie Shoemaker, Scott Rivers, and Granite Bay Chime Choir











Repairing with Intergrity every car every time

Are you looking for a Second Opinion on a Repair Quote?

Let us do it for

**Additional charges may apply should further Testing/Inspection be required.

Some restrictions may apply. With written Estimate only.

Must present Ad at time of Check-in.

Valid thru Dec. 31,2024

Book your appointment today! Call or visit our new website to make an appointment www.jimmooresgarage.com

OUR SERVICES

- ✓ REPAIRS
- ✓ MAINTENANCE
- DIGITAL INSPECTION

Instagram: @mooresgarage

https://www.facebook.com/mooresgarage

✓ DOMESTIC & ASIAN





CALL TODAY! 916-314-3236

www.jimmooresgarage.com

6326 Main Ave, Orangevale







CASA ATHLETE SHINES AT STATE CROSS COUNTRY MEET

Casa Roble sophomore Brooklyn Rozumowicz represented her school and community with pride as the only Casa athlete to qualify for the State Cross Country meet this year. Competing in Fresno, Brooklyn raced against California's top athletes in the Division 4 Girls 5K

With a strong performance, she finished 51st out of 201 runners with an impressive time of 19:23. This accomplishment reflects her hard work, dedication, and determination throughout the season.

Congratulations to Brooklyn on an outstanding achievement—your Casa Roble family is proud of you! Go Rams!

Submitted by Mary Anne Povey. Photo by Andre Ayala







PRACTICE RANDOM ACTS OF KINDNESS AND SENSELESS ACTS OF BEAUTY Anne Herbert



<u>LIBRARY NEWS & PROGRAMS</u>

ORANGEVALE LIBRARY 8820 Greenback Ln L, Orangevale, CA 95662

HOURS

Sunday Closed Monday Closed 10AM-6PM Tuesday Wednesday 10AM-6PM Thursday 10AM-6PM 10AM-6PM Friday Saturday 10AM-6PM Heirloom Seeds Available at the Orangevale Library The Orangevale Library has heirloom seeds to start your own garden and our cool weather seeds are available now! Grow a variety of herbs, ornamentals, and edible plants. Save money and reduce your carbon footprint by growing nutritious food at home. The seed library is completely free of charge and available to anyone. The seed library is available daily.

KIDS

Family Storytime Every Thursday, 10:30 a.m. - 11:30 a.m. Jane Wise Community Room Families with young children (0-5) are invited to join us for songs, rhymes, and stories designed to build early literacy skills. Older siblings are welcome to attend. After the storytime we will put out toys and activities for a stay and play session where children can play and communicate with each other

Read to a Dog Friday, Dec 13, 3:30 p.m. - 4:30 p.m. Jane Wise Community Room Come read to some PAW-some pooches! School-age readers are invited to read to furry and friendly canine volunteers and their trainers. This is a great program for struggling and reluctant readers or for those who enjoy practice. The dogs are wonderful listeners. Woof!

Family Art Lab Saturday, Dec 28, 3:00 p.m. - 5:00 p.m. Jane Wise Community Room We bring the art supplies, you bring the creativity! Families, kids and teens are welcome to join us as the library puts out a variety of art supplies and let everyone make whatever art they want! Paints, modelling clay, markers, air brushing, and more are available for us to make pictures, sculptures, and mixed media projects!

Minecraft Gaming Thursday, Jan

2, 2:00 p.m. - 4:00 p.m. Jane Wise Community Room Enjoy this computer game filled with mining, crafting and exploring! Play with new friends on our own library server at the Orangevale Library! We will do two 45-minute shifts if there are more participant than PC laptops. This program is for students aged 6-17; registration is encouraged at www.saclibrary.org/events

Lego Robotics Saturday, Jan 18, 10:30 a.m. – 12:00 p.m. Family Art Lab Led by a team of student instructors, kids ages 9 to 14 will work in groups to create and program a robot and learn STEAM skills with this fun, hands-on project.

TEENS

Teen Space Thursday Dec 12, 3:00 p.m. - 5:00 p.m. Meet other teens, and hang out in a space dedicated to you

ADULTS

Genealogy: Getting To Know You Saturday, Dec 7, 1:30 p.m. - 3:00 p.m. Jane Wise Community Room Do you need help researching your family history? Learn the basics, try new resources, and share discoveries with a group of Time Detectives. There's always something new to learn on a genealogy adventure! This program is for adults.

Genealogy: Book a Genealogist Saturday, Dec 7, 3:00 p.m. - 4:00 p.m. Jane Wise Community Room
Need help with your family history?
Not sure how to begin? Want to know where to look next? Root Cellar volunteers are ready to help you discover your roots! Free individual 30 minute help sessions are available at the Orangevale Library. Reserve your session online at www. saclibrary.org/events

Mixed Media Art Journaling Saturday, Dec 14, 10:00 a.m. - 1:00 p.m. Jane Wise Community Room Use your imagination and all kinds of mixed media to create a free-style art journal. Both inexperienced and lack of talent are welcome! The Friends of the Orangevale Library have graciously provided art journals and supplies to create a place for creativity to unfold. Please note, supplies are limited so feel free to bring your own too.

Orangevale Adult Book Group — Hello Beautiful Saturday, Dec 21, 2:00 p.m. - 3:00 p.m. Jane Wise Community Room Join us in-person for a lively and engaging discussion and make new friends! This month we will be reading Hello Beautiful by Ann Napolitano. Starting one month before the meeting you can pick up a copy of the book from the front desk of the Orangevale Library or check our library catalog for available copies of the books and ebooks

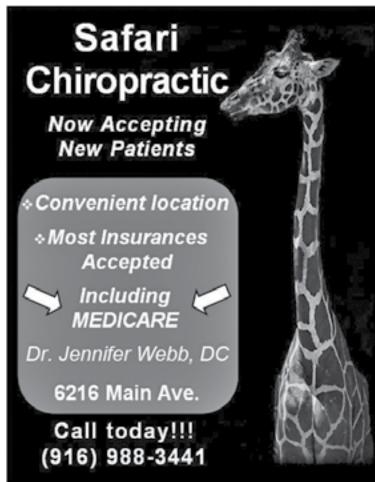
FOR THE LOVE OF DAKS

In many cultures the mighty oak is widely considered to be the 'Tree of Life' due to its long lifespan, strength and its value as habitat for so many species. Oaks have existed here for 65 million years and have survived extreme heat, droughts, floods and glacial periods. They have adapted to all these conditions in order to survive. The oak has a strong presence in Orangevale. The mighty Blue Oak, the grand Valley Oak, the Live Oak and the Scrub Oak all live in our community. These amazing trees are not only beautiful but they serve a major role in the value they add to the ecosystems that surround them. Oaks are a keystone species (think keystone of a stone arch) and support over 300 species of animals including invertebrates, mammals, birds, reptiles and amphibians who rely on them for survival. If they die or are cut down the ecosystem they support will likely collapse.

One example is the relationship between the Oak and the birds it supports. Many moths and butterflies rely on the oak to support their larvae. The larvae or caterpillars rely on the Oak for food for a short period of time before they form their chrysalis. Nearly all land-based birds rely on caterpillars to feed their young during the fledging stage. One study of the Carolina Chickadee, counted between 5000 and 9000 caterpillars to fledge one clutch of baby birds. If you see caterpillars on your oak congratulations, you probably have a healthy ecosystem. They won't damage the tree so don't spray. They are bird food! We are lucky to have so many oaks in Orangevale, let's care for them as the truly amazing species they are. Better yet, if you can, plant a new one!

Colene Rauh CNPS volunteer Naturalist -U C Master Gardener of Sacramento County





Medicare Health and Drug Plans Covered CA Health Plans

ELDER INSURANCE SERVICES Serving Greater Sacramento since 2006

MAKE YOUR PROBLEMS MINE

Call 916-801-2191 Monday thru Saturday

I DO NOT CHARGE FOR MY SERVICES

Bob Elder CA LIC 0F07254 relder@mindspring.com

CA LIC# 423363 SENIOR DISCOUNTS



www.goldenaire.net Email: info@goldenaire.net