

FREE MUSEUM DAY

Residents of Orangevale and surrounding areas are in for a treat this coming Saturday. March 1st as the Orangevale History Museum opens its doors for a special Free Museum Day. The museum is always free on Tuesdays, Thursdays and Saturdays. The event, which aims to bring history to life and offer engaging activities for all ages, will take place from 12:00 PM to 4:00 PM at the museum located at 6920 Hazel Ave.

Visitors can look forward to an array of activities designed to make the day both educational and entertaining. Some of the highlights include a special story time sessions at 1 pm, 2pm and 3pms where children and adults alike can immerse themselves in tales from the past. Additionally, the museum will feature a unique historical photo area, allowing guests to step back in time and capture memorable moments. For the younger attendees, there is a surprise activity that promises to spark interest and curiosity. The popular "I Spy" game will challenge children to explore the museum exhibits with a keen eye, searching for hidden items and learning along the way.

The day includes a drawing for a special gift. One lucky adult and child will walk away with a prize, capping off a day of fun and exploration.

Free Museum Day at the Orangevale History Museum is not just an opportunity to delve into the rich history of the area, but also a chance to create lasting memories with family and friends. Mark your calendars and don't miss out on this fantastic community event!

The Orangevale History Museum welcomes everyone to join in the festivities and discover the vibrant history of the region. For more information, visit their website at Orangevale History.org.

CASA ROBLE CHEER TEAM MAKES HISTORY AT NATIONAL COMPETITION

By Camden Mattos, Senior Cheer Team Captain

The 2024-2025 Casa Roble Cheerleading season was a history-making, unforgettable nine months. Given the ups and downs faced from each individual that binded our team together, the work and efforts we all felt our bodies push through and adapt to did not go unnoticed when we heard our name being called as National Champions.

This season, we had decided to move divisions to medium nontumbling DII, based on the amount of athletes the coaches and judges at tryouts had chosen, and it is the most difficult division Casa has ever competed in. In addition to joining a harder division, we also put together stunt sequences and pyramids that maxed out difficulty on our score sheets, which we competed to perfection at our national championship.

These stunt sequences and pyramids consisted of skills Casa Cheer has never displayed or shown on a

mat as a team before; which is something we are extremely proud of. We trained between two to five days of the week perfecting our skills which consisted of; stunting, pyramids, dance and jumps, individually, and all together in the form of fullouts.

We also had competitions and showcases throughout the fall and winter seasons, which prepared us and got us used to performing in front of a crowd while also providing us feedback from judges who were able to tell us what we needed to improve on, on the road to Florida.

We definitely felt our dedication and constant repetition over the nine months we practiced, all paying off at that award ceremony. The entire NHSCC experience once we landed in Orlando was filled with high vibes and confidence from each girl on our team, with nerves and "what-ifs" still gearing us toward that motivation to take home the gold.



Each day of the trip, we had morning and night practices leading up to day one of competition being on Sunday. After advancing to finals and making top 11 of 21, we were scored as 8th place in comparison to the other teams who advanced. We knew what we had to fix and put out on that mat for finals the next day. We felt so much confidence and support in each other, something none of us had ever felt so strongly in a team before this one, and we knew our last performance together was gonna be the best we've ever done.

We were right. As captains, Audrey and I are so thankful for our team moms and coaches who supported us and gave us their all this season, as well as each person on

the team who stayed and spent so much time, as well as physical, emotional, and mental energy on and off that mat that led us to wearing those white jackets and gold medals. We are so proud and so thankful for this season.

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IN THIS ISSUE

9 ORANGEVALE COOKS

16-17 PROFESSIONAL, BUSINESS & SERVICE DIRECTORY 20 CLASSIFIED





ABOUT THE VIEW

ABOUT THE ORANGEVALE VIEW

The "Orangevale View" – the ultimate, award-winning community newspaper – serves Orangevale and surrounding areas, including Fair Oaks, Citrus Heights, and Folsom, CA. With a present estimated readership of more than 37,000, this FREE paper grows with every issue. It is delivered twice a month to at least 15,000 residents' homes and to more than 100 high traffic locations.

The views and opinions printed within are not necessarily those of Publisher Brad Tatum or the Orangevale View staff. Rather, the views and opinions expressed are those of each individual contributor. SUBMISSION POLICIES:

Submissions from you, our readers, are always welcome, for this is YOUR newspaper. We await school, church, or sports team materials, anniversaries, births, special occasions, memorials, or other items of interest. Donations are encouraged and accepted for anniversaries, births, and other special milestones and announcements. Publication is at the discretion of the Orangevale View staff.

Requirements are simple:

(1) Acknowledge that either you are the author or you have permission to publish from the original author;

(2) Articles should not exceed 300 words. We like Community Calendar items of 45 words or less.

(3) Format: Microsoft Word format with photos at least 300 dpi JPEG or PDF.

Please use this format so we do not have to send your work back to you for corrections.

(4) The View does not verify the accuracy of your submissions, and in some cases, dates and information are subject to change. (5) Please email submissions, to YOUR newspaper. The email address is editor@ovview.com. It is you, our contributors, readers and advertisers who make the Orangevale View a newspaper you want to read. STAFF: Brad Tatum -Publisher/Advertising Lisa Montes -Editor VOLUNTEER CONTRIBUTORS Suzanne Feblowitz MaryAnne Povey Community of Orangevale

ORANGEVALE VIEW PO BOX 2051 Orangevale, CA 95662 For Advertising Call (916) 546-2976 editor@ovview.com www.ovview.com

DATES TO REMEMBER OUT TO PUBLIC FEBUARY 2025 MAR 5• Public Deadline MAR 14 • PUBLICATION OUT TO PUBLIC MAR 19• Public Deadline MAR 28 • PUBLICATION OUT TO PUBLIC



Please join the Orangevale Farm and Garden Club general meeting on Saturday 3/1, 9:00 am at the Orangevale Grange Hall. The speaker will be Amie Barnes from Orangevale's Barnes Flower Farm, speaking about the flower farming business and what cut flowers are great to grow at home. Come join us!

Orangevale History Project Meeting - Wed, Mar 5th, 6pm, Orangevale Library, 8820 Greenback Ln - "The Great Healer". Mark Aring to present a talk on the history of Olive Oil & Orangevale. Also, you can try samples from Folsom's More Than Olives store.

March 6 – Two Chambers Annual Giant Mixer! 5:00 PM – 7:00 PM Orangevale Fair Oaks Food Bank, 6483 Main Ave, Orangevale Network with members from both the Orangevale and Fair Oaks Chambers. Enjoy refreshments and support the food bank by bringing a donation of canned or dry food. Please RSVP with your Chamber to attend.







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OV CONNECTION



Patsy McGavock JustServe.org **NOTHING TO FEAR BUT FEAR ITSELF?** Creating Civil Voice in the Public Square How to make effective com-

ments and collaborative change

 $By\ Patsy\ McGavock,\ JustServe.org$

On February 11 I gave public comment at the San Juan Unified School District Board meeting, speaking to feelings of disconnect, disillusionment and even distrust some feel toward their district. I hoped to inspire dialogue, understanding, and an expectation of goodwill in the public square – principles needed well beyond one school district.

I write to anyone feeling disillusioned, divided, angry or afraid, offering thoughts on the fear's impact and the power of our expectations.

The public square can seem dangerous, complex or exclusionary - even in conversations with our neighbors. We often feel safe speaking openly only with those who share nearly our exact view. We speak of 'the government' as a distant entity set on argument, rather than individuals who entered public service to support their communities while navigating the same divide we feel.

How have we become this way, when locally I regularly witness government staff, district staff and community - people from various backgrounds - accomplishing tremendous good with creative solutions?

Cognitively speaking, creative collaboration thrives when we feel safe. Fear shuts it down. Fear is the mind's reactive, not proactive, self-talk—it isn't truth. It is the mind creating ideas that trigger fight or flight, anger, or anxiety, leaving only two options: us versus them. The third, and perhaps most effective, alternative never surfaces.

We are divided by the belief, the fear, that the 'other side' will take away what we value. We stand with iron fences defending our own place on the hill, seldom lifting each other to the higher, unobstructed view only seen from the top of the mountain. Solutions are at the mountain's peak, visible only because of the many perspectives we gain through the climb.

Brain scans show that learning is the direct opposite of fear. With a learning mindset, we see others not as threats, but as sources of insight and growth.

Assuming good will can help us move from fear to learning.Psychology, sociology, communication studies – all affirm that we treat our perceptions as reality and our expectations are self-fulfilling.

Which means – we have great power to change outcomes by challenging our own expectations. Yes, it is hard. It is uncomfortable. But every cycle of growth begins with discomfort.

As human beings, it takes courage to assume goodwill. It takes courage to heal any divide. Someone must be the first person to challenge the expectation of conflict. Will you accept the challenge?

Principals of collaboration (in the public square or the dinner table):

1) Begin with the end in mind. Seek solutions that uphold your values. Stay focused on the core purpose, returning as needed. What is at the heart of the matter?

2) Assume goodwill. Expect collaboration - even if your prior experience tells you not to. Fear perpetuates fear; be the

ANNOUNCEMENTS

NOTHING TO FEAR BUT FEAR ITSELF? CONTINUED

one who brings goodwill.

3) Listen to understand, then speak to be understood. Listen first, slow down, and respond as you would to a friend. Revisit the purpose often to stay on track.

4) Bring actionable suggestions. A concern without a suggestion sounds like a complaint. Offering solutions shows commitment to collaboration.

5) Seek the third alternative. The best, most workable solutions often haven't been thought of yet. You're creating something new, not just debating limited existing options.

6) Remember: Disagreement is not conflict. It's a vital part of dialogue and problem-solving.. It is a good thing. Embrace it as an opportunity to learn from one another.

7) There are no perfect words only honest, respectful ones. Speak from the heart.

We can heal our divide - one person, one community, maybe even one school district, city or county at a time.

To understand these principles and tools better, I recommend the following books:

The Fearless Mind by Craig Manning

The Anatomy of Peace by The Arbinger Institute

The 3rd Alternative by Steven R. Covey

Patsy McGavock is a volunteer writer and community advocate "informing, empowering and engaging readers with their community." and can be reached at PatsyMcGavock.JustServe@ gmail.com or on Facebook at CommunityConnection. Dear Editor,

I received my OV View this morning and was enjoying it as usual when I read the Editorial on page 23. I was surprised and wondered why our OV View would take this position. I then read your Disclaimer.

I was a bit confused as I believed that an Editorial promoted the position of the newspaper, so I looked it up in a dictionary; "An article in a newspaper...published as the periodical's official expression of opinion on some issue."

Dear Dana Anderson,

Thank you for sharing your thoughts and feedback regarding the editorial on page 23 of the OV View. I'm glad to hear that you generally enjoy reading our publication.

We appreciate your diligence in clarifying the definition of an editorial. It's important for us to provide accurate and transparent content to our readers. Your observation about the labeling of Mark Dempsey's article is is correct, and we will review I also checked on the internet in case the definition had changed. This is what I found. "Definitions from Oxford Languages · ed i to ri al/edtôrēl/noun a newspaper article written by or on behalf of an editor that gives an opinion on a topical issue."

I don't see that Mark Dempsey is on the OV View staff and believe that his article should have been labeled Letter to the Editor.

Thank you Dana Anderson

our editorial practices to ensure clarity for our readers in the future.

We value your readership and the time you took to bring this to our attention. If you have any other concerns or suggestions, please do not hesitate to reach out.

Thank you once again for your engagement and support.

Best regards,

Lisa Montes OV View

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HAPPENINGS AT THE "Y"

Dive Into Spring Fitness

Swimming \mathbf{is} а workout full-body that's easy on your joints while building strength and endurance. Take your skills to the next level with our Swim Clinics, designed to refine technique and boost confidence. Plus, our Rollingwood Rockets Swim Team provides a fun and supportive environment for young swimmers to grow and develop.

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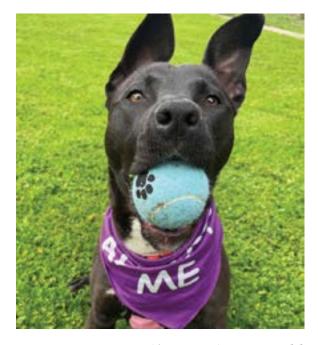
Pickleball is a fun, social sport that's perfect for all skill levels.Join us for a variety of programs:Open Play – Rotating doubles play for

all skill levels • Pickleball 101 Learn the basics of the game ·Game Play for Beginners - Practice oncourt skills •Cardio Pickleball – A fun, high-energy workout •Skills & Drills - Improve technique and strategy Why not mix things up this spring? Swim a few laps, then grab a paddle and enjoy some friendly pickleball competition.

Don't miss out on all the exciting things happening at Rollingwood YMCA! Call 916-988-1727 or visit ymcasuperiorcal.org/ Rollingwood-YMCA to get started today.



PETACULAR



Maria Francesca (A877856), 1 year old – A female Pit Bull Terrier mix. This petite pittie is full of love! She's great on leash, adores belly rubs, and has excellent manners. She even rocked a field trip, showing off her playful yet gentle side. Her adoption fee is waived!

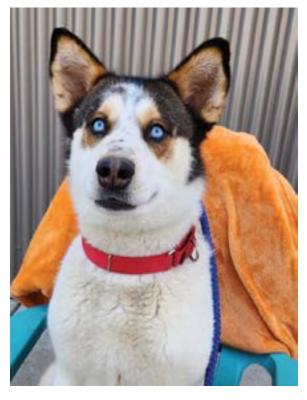


Lionel (A847134), 3 years old – A neutered male Labrador/Pit Bull mix. This lovable goofball is learning the ropes of home life. He's crate-trained, leashtrained, and loves kids (but no cats, please). His adoption fee is waived!

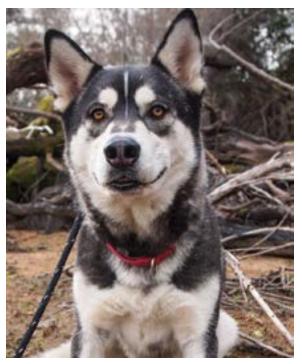


BRADSHAW ANIMAL SHELTER

Visit BradshawShelter.net to see all available dogs and see who you fall in love with or visit the shelter at 3839 Bradshaw Rd.!



Keanu (A877213), 5 years old – A male Husky/Akita mix. Keanu is friendly, playful, and eager to learn! He knows "sit" and responds well to treats. He enjoys playgroups and may do well with another dog. His adoption fee is waived!



Chris Stapleton (A850863), 6 years old – A neutered male Husky/Shepherd mix. Chris is a social butterfly with other dogs and was house-trained in his foster home. He needs a patient adopter to help him continue building confidence. His adoption fee is waived!



BIG DAY OF SERVICE MAY 17

One day. One day where we seek to unite. Where we work together to make our community beautiful. Everyone can play a part. Join us in this annual gathering of unity and service. Grab a friend, bring your family, and let's beautify Fair Oaks, Citrus Heights, and Orangevale together on Saturday, May 17, 2025. For all the details visit https://www. bigdayofservice.us

Saturday, May 17th 2025

JOIN THE CORE TEAM

Be part of the team to help us play and put together the Big Day of Service. Our Care Team playing meetings are open to everyone - we'll find a spot for yea! We meet the 2nd Twesday of each meth, February to May.

LEAD A PROJECT

We've looking for 60 community volutieers to take as one project each in Orangevals and Fair Oals. We have project ideas, volutieers, and a 5500 spotser for each project's applies. We just need friendly looders to coordinate the details for a project.

SUGGEST A PROJECT

White looking for project ideas all over the community, Whether its pointing a fence, spreading back, crafting with sectors, making military core packages - we're looking for ways to beautify our community.

BIG DAY OF SERVICE



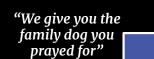


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The Prosper Tomich Family Children Interviewed in 1978 By Granddaughter Margaret Tomich McAllister

Dreamers and Schemers

A man with a great idea (and the power, money and ambition to realize it) is called a visionary. A man with just the idea is called a dreamer. We didn't have any of the former in Orangevale, but we did have a few of the latter, like the Landis Brothers. They were horse importers by trade and rather successful at it. They frequently left their sister Ella behind to tend house while they sailed to Europe, usually Belgium, to buy horses. They were quite young when they started and the old European horse traders would try to hoodwink them into buying bum ones. But they were too smart for that. Instead, they came back with wonderful stories and lots of beautiful, well-bred horsesbig black Belgians, carriage horses and riding horses. You could sit out under a tree in the summertime and watch them for hours. They were spectacular.

The Landis Brothers were an inseparable duo. They even milked the cow together, one on each side. We called them the Gold Dust Twins because they were always looking for ways to get rich. One of their schemes was to gather up all the objects from the Gold Rush days that they could get their hands on, like old dirty bottles, spittoons, wash basins, picks and other prospecting tools, and then sell them someday. They'd scrounge around to find old pieces and parts of things, catalog them and stash them away. Everybody thought they were crazy. Who in the world, people say, was ever going to buy old junk like that?

Perhaps their most ambitious scheme was to dam up the American River to keep it from flooding downstream in the winter and to provide a supply of water during droughts. They figured that it would not only serve its civic purpose, but would make them rich, since they planned it as a private family project. They even went as far as to take an option on a site they determined was the correct place for the dam. People thought they were crazy on this one too. Even Charlie Landis, being an engineer, thought this one was a bit too ambitious of his brothers. Perhaps he convinced them because they gave up the option and never dug one spade of dirt. Decades later, the government decided that damming the American River was a clever idea and built Folsom Dam on the very same land optioned by the Landis boys.

It was easier back then for you men of little means to achieve greatness if their dream was based on their individual talents and resources. At least that was true of Paul Stover who used to be our paperboy and grew up to become an admiral in the U.S. Navy. Paul was determined and strong-willed-arrogant really—which was probably why kids didn't like him much. We thought he bragged too much. But looking back, it was probably his arrogance that pushed him ahead of most classmates. He wasn't very big, but he wasn't afraid of anything either. He was strong and tough and fast. In high school, he

played a good game of football, but it was his lightning speed that was amazing—100 yards in 10 seconds, making him the fastest boy in Orangevale. He sure could run. Maybe he had to a few times.

James Peru was another story. Nobody knew for sure if he had a vision, but he definitely had a scheme. He wasn't a bad person. In fact, he was rather amiable and quite an accomplished musician. Perhaps he dreamed of becoming a rich and famous musician because he definitely enjoyed the flashier things in life. The problem was that he preferred playing the trumpet to working and that choice was destined to keep him poor. That didn't stop James though. Every once in awhile, he bought a new car, not the low-end model but one of those fancy jobs with the squirrel tail and the lights and horns. He'd fold his tall, lanky frame in behind the steering wheel and then sport around Orangevale, blowing the horn and enjoying himself. Then about a month later, you'd see him walking again. That's about all the pleasure he got out of a car before the finance company caught up to him. Later on, you'd see him behind the wheel of another car and it was a sure bet the finance company wasn't far behind.

The Orangevale History Project meets on the first Wednesday each month at 6pm at the Orangevale Library at 8820 Greenback Lane. Subscribe to their YouTube channel Orangevale History Project for past presentations and community resident interviews.

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CASA ROBLE VAR-SITY BOYS BAS-**KETBALL BEGINS PLAYOFFS**

by Katy Day

Placing second in the Golden Empire League, the Casa Roble varsity boys basketball team has moved on to the playoffs. The Rams had a highly successful season with an overall record of 11-1.

Hawks placed first in their league, but the Rams were

"We went over a lot of their "We're ready. We've got a replays, and we're ready for

confident regardless.

ally good team. We've put a

lot of work into this team,"

The Rams were set to play

the Calaveras Red Hawks in

their highly anticipated first

game on February 19 at their

home court. This was a close

match-up being that the Red

said Coach Jason Taylor.

them. I don't think they're ready for us," said Head Coach Nathan Gilbert. "We put a lot of time into it. We know exactly who they are. We watched every film we could get on them, so we're ready to go and we should win by a lot," Taylor added.

The game started with a stronger first quarter from the Red Hawks, with a score of 15-12.

However, the Rams picked up the pace and dominated

the following three quarters. The game concluded with a winning score for the Rams of 77-52. Junior Mason Pearcy was the highest scoring shooter of the night, securing 24 points for the team.

On Friday night, the Rams kept up their momentum with another win, against the Ripon Indians. The Rams dominated the scoreboard consistently through all four quarters and finished the night with a winning score of

82-56. Senior Benny Ambriz was a standout player that night, being the highest scoring shooter with 27 points.

"I'm so proud of this team for how hard we have worked to get to this point in the season. But we have to stay focused and keep pushing through and get that section ring. That would be a great way to end off our senior year, especially with the seniors who are my childhood friends," said Ambriz.

Looking ahead, the Rams are set to face off against the Ripon Christian Knights on February 25, at 7 p.m. at Casa Roble. The Knights placed first in their league. Coaches Gilbert and Taylor stated that their goal this season is to win the section and state championship. Go Rams!

Photos by Jayden Velasquez

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Everyone has a favorite meatloaf recipe, and I would like to share my family's favorite meatloaf recipe. This recipe is from my mom's old Fannie Farmer cookbook, and we have been using it for over 40 years! Leftovers make a great meatloaf sandwich!

If you would like to share a favorite winter recipe, please send a copy to Suzanne Feblowitz at the Orangevale View (editor@ ovview.com). Be sure to include your phone number or email with your recipe in case we need to contact you. If you wish to remain anonymous, just let us know and we will omit your name. MOM'S MEATLOAF 1 egg, slightly beaten

1 tsp salt ¾ cup milk

1 cup soft bread crumbs, do not pack down (you can use a hotdog bun or hamburger bun torn into small pieces)

¹/₂ cup onion, minced 2 lbs ground beef (mix 1 lb chuck with 1 lb leaner

ground beef) 3-4 slices uncooked bacon Pepper

Heat oven to 350 degrees. Spray a loaf pan with baking spray. In a large bowl, mix egg, salt, milk, breadcrumbs and onion.

Add the ground beef and mix using your hand or spoon. After everything is combined, then pat mixture into the prepared loaf pan. Lay the bacon over the top. Make sure all is tucked into the pan. As an extra precaution, place the loaf pan on a cookie sheet covered with foil. This will prevent any spills that may occur from the juices/ fat in the loaf pan.

Bake for 1 hour and 20 minutes. Check after 1 hour and see if the juices are clear. It usually takes longer. After removing from the oven, drain some of the juices/fat and then cover loaf with foil for about 10 minutes to finish cooking.

Remove from pan and put on a plate, then cut into slices. Serve with catsup. To make a complete meal, serve with potatoes and a veggie. Enjoy!

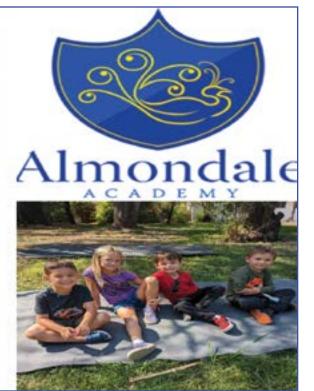


COMMUNITY BREAKFAST ORANGEVALE GRANGE #354 MARCH 9, 2025

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Brangevale Woman's Club

MENSTRUAL PRODUCT DRIVE MARCH 1 - 31

It is time for the 5th annu- Food Bank al Menstrual Product drive hosted by the Orangevale Woman's Club. Over the past four years, the community helped us collect over 41,000 bras and menstrual items to distribute to many of the local organizations and schools that help the women in our community. This year we are focusing on menstrual products, period pads and tampons, as they are in higher demand from Orangevale Teen Council (supporting our local high and middle schools), Orangevale-Fair Oaks Food Bank, HART of Orangevale-Fair Oaks and several programs of San Juan Unified School District.

Please bring menstrual products (even opened packages) and drop them off at these businesses from March 1st -31st:

The Last Tangle Salon Grocery Outlet (Orangevale) Orangevale Copy Rollingwood YMCA The Orangevale-Fair Oaks

Food Bank The Petal Connection (Roseville) Badfish Coffee & Tea (Oran-

Badfish Coffee & Tea (Orangevale and Fair Oaks)

Another option is to add to your next Amazon order with items from our Amazon Wishlist at https://tinyurl.com/5yw6fv9p (or scan the QR code) to have items shipped to us. If you are attending our Bunco Night on Friday, April 4th, be sure to bring a package to earn two raffle tickets for an apron covered with \$100 worth of CA Lottery Scratchers. Limit two raffle tickets per attendee.

Thank you for voting Orangevale Woman's Club #1 Best Community Organization or Service Club! We truly appreciate your support as we give back to our wonderful community! For more information about our drive or about Bunco or our Club, scan the QR code or visit us at www. orangevalewomansclub.org.

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Anagram for Valor

An anagram for valor? lover. The a turned upside down is an e (if you wondered). Valor and lover share worked up courage. With purpose, they relate to what urges while involving risk in doing a service. They both got strong emotion (or devotion) and feel potent. Both feel also open to make a memorable moment.

> Deeper than color, they resonate (like thunder). Valor and a lover can inspire each other. They're both caring, daring, ardent, confident (like a sergeant), spirited (like a Spartan), worthy of being hearkened, cherished, and more than charged. They're personal (like scars). Sparked and sharing heart, valor and lover leave a mark...

> > -Z.F. Thrimej

Reading Anagram for Valor

A reading of a poem (that's connected to cupid) was recently recorded. Here I'll introduce it: Anagram for Valor is my poem's name (or title). This poem is about heart and its ways of being vital. If you'd like to hear my reading and/or how this work sounds,

https://zfthrimej.wordpress.com has link to where it's found...

-Z.F. Thrimej







about falling?



AGENCY ON AGING AREA 4

Many older adults experience concerns about falling and restrict their activities. A Matter of Balance is an award-winning program designed to manage falls and increase activity levels.

This program emphasizes practical strategies to manage falls.

YOU WILL LEARN TO:

- view falls as controllable
- set goals for increasing activity
 make changes to reduce fall
- risks at home

 exercise to increase strength and balance

WHO SHOULD ATTEND?

- anyone concerned about fails
 anyone interested in improving
- balance, flexibility, and strength
 anyone who has fallen in the
- past
 anyone who has restricted
- activities because of falling concerns

Join us on Wednesday, March 12th at 1:00PM at Orangevale Public Library

Classes are held in-person for 2 hours each week for 8 weeks.

- Session 1 3/12
- Session 2 3/19 Session 3 3/26
- Session 4 4/2
- Session 5 4/9
- Session 6 4/16 Session 7 4/23
- Session 8 4/30

Class is free of charge.

Register for Matter of Balance at engage.sacibrary.org/events or call Sacramento Public Library at 916-254-2920.

A Mattier of Balance: Managing Generaria Abret Falls Velantizer Lay Leader Model 02906 This program is based on Fear of Falling. A Matter of Balance. Copylight 01995 Tradees of Boeter University. Al rights reserved. Use and adapted by permission of Boeter University.

Pecognized for Innovation and Quality in Healthcare and Aging, 2008, American Society on Aging, A Matter of Balance Lay Leader Middel was developed by a grant from the Administration on Aging (#IOAM2780).

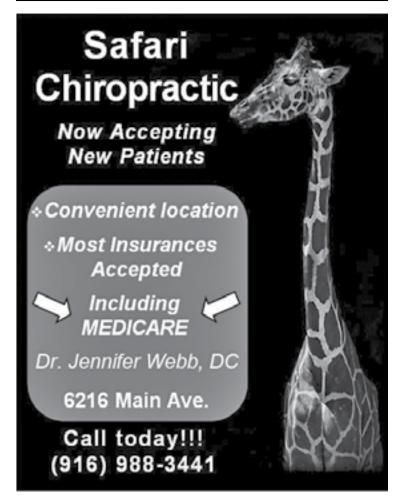
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Orangevale, CA 95662

HOURS

Sunday Closed Monday Closed Tuesday 10AM–6PM Wednesday 10AM–6PM Thursday 10AM–6PM Friday 10AM–6PM Saturday 10AM–6PM

Heirloom Seeds Available at the Orangevale Library

The Orangevale Library has heirloom seeds to start your own garden and our warm weather seeds are available now! Grow a variety of herbs, ornamentals, and edible plants. Save money and reduce your carbon footprint by growing nutritious food at home. The seed library is completely free of charge and available to anyone. The seed library is available daily.

KIDS

Family Storytime Every Thursday, 10:30 a.m. - 11:30 a.m. Jane Wise Community Room Families with young children (0-5) are invited to join us for songs, rhymes, and stories designed to build early literacy skills. Older siblings are welcome to attend. After the storytime we will put out toys and activities for a stay and play session where children can play and communicate with each other.

Minecraft Gaming Thursday, March 6, 2:00 p.m. - 4:00 p.m. Jane Wise Community Room Enjoy this computer game filled with mining, crafting and exploring! Play with new friends on our own library server at the Orangevale Library! We will do two 45-minute shifts if there are more participant than PC laptops. This program is for students aged 6 - 17; registration is encouraged at www.saclibrary.org/events

Read to a Dog Friday, March 14, 3:30 p.m. - 4:30 p.m. Jane Wise Community Room Kids are invited to practice their skills by reading aloud to a certified therapy dog (and their handler). Attendees may bring a book to read or choose one at the Library.

Lego Robotics Saturday, March 15, 10:30 a.m. - 12:00 p.m. Family Art Lab Led by a team of student instructors, kids ages 9 to 14 will work in groups to create and program a robot and learn STEAM skills with this fun, hands-on project.

Family Art Lab Saturday, March 29, 3:00 p.m. - 5:00 p.m. Jane Wise Community Room We bring the art supplies, you bring the creativity! Families, kids and teens are welcome to join us as the library puts out a variety of art supplies and let everyone make whatever art they want! Paints, modelling clay, markers, air brushing, and more are available for us to make pictures, sculptures, and mixed media projects!

TEENS

Teen Space Thursday, March 13, 3:00 p.m. - 5:00 p.m. Thursday, March 20, 3:00 p.m. - 5:00 p.m. Thursday, March 27, 3:00 p.m. -5:00 p.m. Meet other teens, and hang out in a space dedicated to you.

Prom Drive Giveaway Saturday, March 22, 2:00 p.m. - 4:00 p.m. Jane Wise Community Room Prom can be pricey. Teens ages 13 - 19 can shop our gently used prom collection for free during giveaway events at select locations this Spring. Check our website for details and additional giveaway locations.

ADULTS

Genealogy: Getting To Know You Saturday, March 1, 1:30 p.m. - 3:00 p.m. Jane Wise Community Room Do you need help researching your family history? Learn the basics, try new resources, and share discoveries with a group of Time Detectives. There's always something new to learn on a genealogy adventure! This program is for adults.

Genealogy: Book a Genealogist Saturday, March 1, 3:00 p.m. -4:00 p.m. Jane Wise Community Room Need help with your family history? Not sure how to begin? Want to know where to look next? Root Cellar volunteers are ready to help you discover your roots! Free individual 30 minute help sessions are available at the Orangevale Library. Reserve your session online at www.saclibrary. org/events

Mixed Media Art Journaling Saturday, March 8, 10:00 a.m. - 1:00 p.m. Jane Wise Community Room Use your imagination and all kinds of mixed media to create a free-style art journal. Both inexperienced and lack of talent are welcome! The Friends of the Orangevale Library have graciously provided art journals and supplies to create a place for creativity to unfold. Please note, supplies are limited so feel free to bring your own too.

A Matter of Balance Wednesdays starting March 12th going through April 30th 1:00 p.m. - 3:00 p.m. Jane Wise Community Room Agency on Aging Area 4 is offering this fun, socially engaging educational workshop for older adults at the Orangevale Library for FREE! Register is open www.saclibrary. org/events

Orangevale Adult Book Group – True Biz Saturday, March 15, 2:00 p.m. - 3:00 p.m. Jane Wise Community Room Join us in-person for a lively and engaging discussion and make new friends! This month we will be reading True Biz by Sara Novic. Starting one month before the meeting you can pick up a copy of the book from the front desk of the Orangevale Library or check our library catalog for available copies of the books and ebooks.

MISSING PARROTS

PLEASE HELP US FIND MEEP & KROSHKA



PLEASE HELP FIND MEEP AND KIROSHKA! They have been missing from their home at Elm and Chestrut in Orangevale since December 15th. They are friendly birds and so we are hoping a kind person heighed them and may have them in their home. We are offering a large reward for their safe return. Please call or test Tracy with any information: 408-385-7833.





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ADDRESSING HOMELESSNESS HOLISTICALLY:



Addressing Homelessness Holistically: The Watt Avenue Safe Stay Community By Supervisor Rosario Rodriguez

On January 26th, Sacramento County celebrated the groundbreaking of the Watt Avenue Safe Stay Community Campus, an innovative project designed to address homelessness by tackling its root causes—not just the symptoms. This comprehensive approach represents a meaningful step toward long-term solutions for our community, including areas like Orangevale, where residents have long expressed concerns about homelessness and its impact on local neighborhoods.

For too long, efforts to combat homelessness have focused almost exclusively on providing housing, often without addressing the underlying issues that lead people to become homeless in the first place. Simply spending taxpayer dollars on housing alone won't solve homelessness—it will only result in wasted resources. Without access to mental health care, addiction treatment, job training, and life skills support, many individuals remain trapped in cycles of homelessness, unable to achieve long-term stability.

That's why the Watt Avenue Safe Stay Community is so promising. This campus doesn't just provide shelter—it offers a pathway to stability. Residents will have access to on-site case management, mental health services, substance use treatment, job readiness programs, and even pet services for those with animal companions. These wraparound services are the cornerstone of success for communities across the nation that have made real progress in reducing homelessness.

I also appreciate that this campus has been carefully planned to respect the surrounding community. It will include robust security measures, clear rules for residents to ensure a safe and orderly environment, and regular engagement with neighbors to address concerns. This thoughtful approach balances compassion for the unhoused with accountability to the community.

As someone who was initially uncertain about this project, I now see it as a model for how we should approach homelessness countywide. The Watt Avenue campus is a tangible example of what we can achieve when we prioritize solutions that address the full spectrum of needs for individuals and families.

Homelessness is a complex issue, and there are no quick fixes. But if we continue to invest in comprehensive programs like this one rooted in accountability, opportunity, and care—I believe we can make meaningful progress.

I want to thank the many individuals and organizations who made this project possible. It's a testament to what we can achieve when we work together to solve our most pressing challenges.

If you'd like to share your thoughts or learn more about this project, I encourage you to reach out to my office at 916-874-5491 or email me at supervisorrodriguez@saccounty.gov.

JANUARY HOME SALES

The below information is based on data obtained at Metrolist Services Inc.				
ADDRESS	BED	BATH	SQ. FT.	Closed Price
5939 Deary Way	2	1	936	\$415,000
8706 Baxter Way	3	1	1430	\$420,000
6930 Pecan Ave	3	2	1481	\$504,000
6209 E Dark Star Way	4	3	1545	\$510,000
5818 Oak Garden Ct	3	2	1665	\$542,900
5749 Almond Ave	3	2	2200	\$555,000
6424 Almond Ave	3	2	1740	\$555,000
8924 Amerigo Ave	4	2	1442	\$560,000
6425 Trajan Dr	3	2	1312	\$569,000
5801 Husker St	4	2	1414	\$574,900
8432 Old Ranch Rd	4	3	2289	\$575,000
8304 Applewood Ct	3	2	1419	\$578,000
6012 Rich Hill Dr	4	2	1398	\$583,000
9350 Rock Canyon Wy.	3	3	2075	\$660,000
8178 Sundance Dr	4	3	2040	\$664,000
7424 Wachtel Way	4	3	2330	\$782,500
9027 Golden Gate Ave	3	3	1633	\$835,000
7334 Hickory Ave	3	2	2427	\$905,000



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